

# M A D R O N A

N E W S  
W W W . M A D R O N A . U S

Summer 2005  
Issue No. 176

## All Hail Mayfair Fun and Festivities

*By Ann Hollar, 33<sup>rd</sup> Avenue*

It didn't rain! Mayfair this year was as festive as ever with Dee Dee Rainbow and Deano leading the parade of kids, parents, bikes and Maypoles down 34<sup>th</sup> Avenue from Al Larkins park to the Madrona Playfield, all accompanied by Monad's wonderful drumming.

At the playfield Deano led a terrific show and the inflatable bouncy toy, courtesy of Izilla Toys, was a raucous place to be. Many little cheeks went home with artwork by a superb group of face painters, and those with extra energy had a great time throwing Frisbees and playing games with Deano on the sport field.



*(continued on page 17)*

## MCC President's Corner

### Monthly Neighborhood Update

*by Bill Hansen, 32<sup>nd</sup> Avenue*

Our annual Mayfair celebration for the neighborhood children was a rousing success. All had a great time. A great big thank you to Ann Hollar for organizing this great event, to all those who volunteered their assistance, and to Madrona icons Monad, Dee Dee Rainbow, and Deano the Clown.

I'm sorry to hear that long time neighbor and past Madrona Community Council (MCC) president of MCC, John Capps and his wife Emily are leaving Madrona for Philadelphia to care for John's aging mother. Words cannot describe all the great things John has done for this community and the Mt. Zion church and choir over the years. He has a fabulous singing voice and led many of our annual Christmas Ship sing along. He was also

instrumental in the Madrona Beach Restoration, and the host of several fabulous Neighbor Appreciation Day celebrations. John is a mentor of mine and will be missed.

Caring for aging parents is something many of us must do. Over the past eight years I have made monthly trips to Montana to care for my father, who passed away last month at 88. He had a great life and stayed active until his last three weeks. Luckily, he had Social Security with cost of living adjustments that just covered his monthly living expenses. I guess the moral of the story is: if you plan on living a long time, have an inflation-protected pension—or a lot of money.

*(continued on page 2)*

## Farwell to Madrona Neighbors and Friends

*By John Capps, 31<sup>st</sup> Avenue*

I just wanted to take the time to tell all of my dear Madrona neighbors goodbye. My Mother back east is not doing well and so my wife Emily and I are leaving Madrona to go and take care of her. But I couldn't leave without thanking you for having made this part of my life extremely enjoyable and meaningful.

As I reflect on our many experiences together I am humbled at what we have accomplished. I wish to thank Olga Stewart, Anne Knight, Jerry Arbes, and Bill Hanson for their support during my tenure as Madrona Community Council president and vice-president, and throughout the years.

When I packed up my desk I came across pictures of Jim Diers and Holly Miller of the Parks Department at the celebration of the completion of our \$100,000 Madrona Beach Enhancement. That project was chaired by Kathleen Roark and in this picture a jazz band plays in the background while many Madrona residents dance the night away. I also found pictures of the

*(continued on page 2)*

### In this Issue

- 3 ..... Budgets, Butterflies and Bordeaux
- 4 ..... Summer Fun in Madrona
- 5 ..... Communicate With Your Pet
- 6 ..... Welcome Apples and Grace
- 7 ..... New Friday Farmers Market
- 8 ..... Madrona History: Paradise Lost
- 9 & 10 ..... Community Calendar
- 11 ..... MLK & Union Update
- 12 ..... Neighborhood School News
- 13 ..... Madrona BBQ Planning
- 14 ..... New Crosswalk on Madison
- 15 ..... Mt. Baker Garden Tour
- 16 ..... Central Cinema Opens
- 17 ..... Mayfair Photos

## President's Corner (cont'd from page 1)

You've probably noticed the colorful new hanging baskets in our business district. Many thanks to Suzanne Sheppard and Kim Harnish for making this improvement possible. Also, thanks to Paige Smith and everyone who participated in Neighborhood Clean Up Day on June 18. The sidewalks of Madrona and the flower beds of the Madrona Playfield have never looked better.

On July 16, our 7<sup>th</sup> annual summer BBQ is from 1:00pm to 5:00pm in Madrona Playfield. Contact John Healy at [john.healy@mindspring.com](mailto:john.healy@mindspring.com) if you would like to help out. That same month Parks will resurface the tennis courts in Madrona Playfield. Many thanks to Steve Orser for leading this much needed project.

This will be my last column for awhile as the *Madrona News* doesn't publish in July or August. I know the neighborhood will miss our fine community newsletter but editor Kim Herber, production editor Christine Bender, and advertising manager Steve Orser certainly deserve some time off. One way we can stay connected while the newsletter is on hiatus is through the great new on-line community calendar maintained by Erika Shaffer. Check it out at [www.madrona.us](http://www.madrona.us) and be sure to send Erika at [Erika@sutherlandgold.com](mailto:Erika@sutherlandgold.com) all your summer events.

Neighbors Curt Firestone and Mark Melroy are organizing a local candidate's forum September 8. Seattle's mayor, city attorney, city council members, and school board members are up for election this year. The Madrona, Leschi and Mt. Baker Community Associations have agreed to participate. If you can help, contact Mark [mmelroy@yahoo.com](mailto:mmelroy@yahoo.com) or Curt [cjf@w-link.net](mailto:cjf@w-link.net)

Since the MCC takes the summer off, our next meeting is September 6 at 7:15pm in the Madrona Playfield shelterhouse at 34<sup>th</sup> and East Spring. We are very interested in getting additional projects started in our neighborhood and do have seed money to get them underway. If you have a favorite idea or pet project, please share them with us in September.

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## Farewell... (cont'd from page 1)

1994 Madrona Bike Race. The racers came right through the center of Madrona and event chair Terry Spacoratelli did a fantastic job. There are newspaper clippings about our former neighbor Howard Schultz of Starbucks Coffee, and the controversy over his attempt to keep the public out of Viretta Park. The work Marty Liebowitz and others did around that issue helped the city develop a plan to protect parks like Viretta Park. Our Neighbor Appreciation Day celebration, which was one of the first in the city, is now an annual event and for that I thank Anne Knight and Jerry Arbes.



*John Capps, MCC President, in 1995 at the first Madrona Neighborhood Appreciation Day, with Mayor Norm Rice and Shirley Solomon, Madrona event co-chair.*

*Photo courtesy of Jerry & Anne—NOT John's desk drawer.*

My house of 25 years at 1419 31<sup>st</sup> Avenue may have a For Sale by Owner sign in front of it but I'm not gone yet. I would love to see you all before we go so stop by! And remember: As you walk run and play in Madrona say, "Good Day" to your neighbor.



*Dentist  
Paste-up*

## Dreaming Images of Flowing Water

*By Judith Starbuck, Grand Avenue*

Although they are now on summer break, the St. Therese 6th Graders left us with eight thriving new plots of healthy native plants. We thank them for all their help this past year.

For those of us working to make it a reality, the exciting possibilities of the Madrona Park Creek Daylighting are much on our minds. The wheels of progress seem to grind slowly when there are permits to get and money to raise, but we're still hoping construction of Phase 1 will happen this summer. That will bring the stream to the surface from the top of the Madrona Ravine, under 38<sup>th</sup> Avenue in a culvert, through the Spring Street Ravine in Madrona Woods, and into a pool at the western edge of Lake Washington Boulevard.

The Parks Department will soon be installing signs in Madrona Park describing Phase 2 and asking for public comment. Here's a sample of what the signs will probably say:

**Proposed Project:** This project will construct a new creek channel and wetland to connect existing Madrona Park Creek from Madrona Woods to Lake Washington. Proposed design would:

- Daylight approximately 325 ft of new creek channel.
- Create new Lake Washington shoreline habitat including a 4800 sq ft wetland cove.
- Install a new fish-passable creek culvert under Lake Washington Blvd.
- Provide 420 ft of crushed rock pedestrian access trail along the lakeshore and around the wetland cove, with one new bridge over the creek.
- Revegetate 0.76 acre of existing park with native plants, including emergent wetland vegetation within the new lakeshore wetland. Approximately 0.68 acre of native planting will occur east of Lake Washington Blvd, removing existing lawn and blackberries.

**Anticipated Impacts:** The proposed creek daylighting will remove 0.68 acre of existing lawn. This area receives a variety of unscheduled passive and active recreation uses. The creek daylighting will enhance primarily passive recreation uses, including walking and wildlife watching. Views along and to the lake will be changed in the area of the new creek and wetland. Views to the lake will be maintained.

**Project Budget:** This creek daylighting project will cost \$250,000 - \$300,000 and is being funded by grants and private donations. If you are interested in making a tax-deductible donation, contact Joan Scott, Treasurer, Friends of Madrona Woods, 3700 East Marion Street, Seattle, WA 98122.

Work parties will continue throughout the summer the third Saturday of the month from 10:00 until about 1:30, when a delicious lunch will reward the participants. Let Deirdre McCrary at [jaymccrary@gbonline.com](mailto:jaymccrary@gbonline.com) know if you'd like to be on our email list. Watch the kiosks for announcements and more information on any of our activities, or contact me at 322-2640, [judithstarbuck@msn.com](mailto:judithstarbuck@msn.com), or Ann Bucher at 323-8325.

## ...And the Painted Ladies Flew...

*By Linda Hanson, Madrona Drive*

Butterflies that is...Despite a May day that mixed rain showers with a bit of sun and a real downpour, twenty-seven hardy 2nd Graders, and eight parents and teachers from The Bush School enthusiastically pulled invasive weeds and put in native plants to make the Madrona Ravine a better home for their Painted Lady butterflies. The sun peaked tentatively through the clouds as the classroom-raised butterflies were released to fly up and away.

Our May work party made excellent progress and we had some fun clearing invasives near the Pine Street Pedestrian Bridge. EarthCorps crews will assist us in the ravine this month, working on the steep slopes. We need you to join our summer work parties on June 25 and July 30 from 9:00am to 12 noon. We will meet at the bus stop next to the Pine Street Pedestrian Bridge on Madrona Drive. Bring your favorite tools and gloves—we always have a good time.

## Dining & Sipping at St. Clouds

The Madrona Dining & Sipping Society will meet at St. Cloud's at 6:30 on Thursday, June 30. Owner John Platt is arranging a special \$25 meal with delicious choices in each of 3 courses, and will offer two glasses of well matched wines for an additional \$10 per person. Everyone in the neighborhood is welcome but there are only 20 spaces. Please RSVP by June 27 by contacting Geoff Ruskin at [grruskin@yahoo.com](mailto:grruskin@yahoo.com) or 323-6410.

This wonderful neighborhood event will begin again on September 29, and continue on the fourth Thursday of every month after that. We have had such delightful evenings all year and hope that you will join us soon and consider inviting another neighbor.

*Kismet spa paste-up*

*New Broom  
paste up*

## Summer Fun In Madrona

### Coyote Class for Kids

Coyote Central is revving up for a sizzling summer session and bringing several of their fun and challenging workshops for kids 10-14 years old right to Madrona. Who could resist such a great opportunity when it's right in our own backyard?

Classes at Madrona Auto: Welding, Beginning Soapbox Derby Cars, Advanced Soapbox Derby Cars, Furniture Design & Build.

Classes at the Madrona Playfield Shelterhouse: Locomotion: Model Cars, Boats, Plans, & Rocket Cars, Jewelry: Beaded and Free-form Wire, Sing!, Writing Fiction.

Classes at Epiphany School Art Studio: Drawing, Painting, & Print Making.

Classes beyond Madrona include cooking, photography, ceramics, magic, radio broadcasting & music recording, hip hop, cartooning, and glass blowing! Go to [www.coyotecentral.org](http://www.coyotecentral.org) for details and register now!



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*YMCA paste-up*

## Library Reading Program & Events

*By Lynn Lorenz, Children's Librarian*

The Seattle Public Library summer reading program called *Reading is Natural!* is underway and looking for eager readers of any age to participate. Come over to your very own Madrona-Sally Goldmark Library and sign up today!

Our Wednesday 10:30am story hour will continue over the summer along with several special Wednesday events. Everyone in the neighborhood is more than welcome to attend these extra fun activities. For more info, drop by or call the library at 684-4705.

**6/22—Hooray for Washington!** Join popular children's musician Nancy Stewart for this fun and educational concert about Washington state plants and animals. Meet Sadie the Slug, see a "live" state map, and visit a tide pool! Appropriate for all ages.

**7/27—Road to Butterfly Mountain.** Step past a giant's bathtub to the Komodo dragons tied to the coconut tree and discover what lies in the heart of the baobab tree. Acclaimed Sri Lankan-born storyteller Debbie Guneratne will tell traditional tales from around the world while Barbara Snow shares songs and world rhythms. Appropriate for all ages.

**8/24—Insect Safari.** Entomologist Don Ehlen displays his extensive and beautiful collection of over 2,300 preserved insects from around the world including giant beetles, colorful butterflies, and creepy spiders. There will also be a live insect zoo with giant tropical insects, millipedes, and scorpions that participants can touch—if they DARE! Appropriate for ages 5 and up.

## Art Classes for Everyone

Again this summer, Madrona artist Jacqui Beck is offering two sessions of art classes for students ages 10 to adult interested in art. There will be instruction in how to draw, art theory (including drawing from life, values, color theory, light/ shade/ shadow), and how to set up and paint with acrylics. Students will create at least one acrylic painting.

- Session 1: July 11-15, 10:00am to 12:30pm.
- Session 2: July 18-22, 10:00am to 12:30pm.

Join this class for a week of artistic learning, experimentation, and fun! To see paintings from previous classes, visit [www.jacquibeck.com](http://www.jacquibeck.com). Tuition of \$175 includes materials and supplies. For more info or to register, contact Jacqui at 325-2005 or [jbeck@blarg.net](mailto:jbeck@blarg.net).

## Medgar Evers Pool

500 23<sup>rd</sup> Ave / 684-4766

### Summer Swim League

We provide a positive team experience for novice swimmers, as well as teach the skills in a fun, low-pressure atmosphere.

Registration begins Monday, 4/4

Program runs 6/27-8/6.

Age: 7 to 18 years Fee: \$80



## Learning to Speak “Dog”

By David Wiley, 32<sup>nd</sup> Avenue

How many people talk about doing what they love for a living but never actually get there? I was one of those individuals. After many years working in the world of Fortune 500 companies and



coming home to a beloved canine friend, I finally figured it out! I love dogs, so when I heard about Bark Busters, I was immediately interested. Now that I am a Bark Busters trainer and behavioral therapist, I know I am doing exactly what I was meant to do.

Clear communication between dogs and people is the primary means to a happier relationship. Most owners talk “at” their dogs, not “with” them, and there really is a difference. Most people who get bitten either misread a dog’s intentions or react the wrong way when a dog approaches them. If a dog begins to bark and growl at you, understand that it is trying to instilling fear in its foe—and sometimes that means you. Also, know that dogs have poor eyesight for detail and so must get very close to assess people by scent, and this is usually when people get bitten. As a dog approaches, instead of stopping and allowing it to sniff them, many people react because they think the dog is trying to bite them.

If a dog runs at you, there are several things you can do to make the best of what might be a bad situation.

- Stand totally still. Never scream or run from a dog.
- Do not try to pet the dog. Even dogs that appear friendly might not like being touched.
- Be calm. Wait for the dog to lose interest in you.
- Keep your eye on the dog but do not stare. Dogs view staring as threatening.
- If you have any food, drop it and remain still.

If you are knocked down by a dog, do not attempt to get up. Lie totally still or roll yourself into a ball and wait until the dog loses interest.

If you and your dog need help connecting, consider Bark Busters. I can customize a training plan to address your personal situation and circumstances. I use all natural and non-physical methods to help you and your dog communicate more effectively. For more info, call me at 713-9565.



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## Play Madrona Mutt Match-up

By Hannah Ditty, 35<sup>th</sup> Avenue

Sometimes it seems like everyone in Madrona has a dog and some people have two! All of these dogs lives in my neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 15.



**Duncan**

Favorite treat: Hotdogs  
Age: 6 months



**Steve**

Favorite color: Green  
Lived in Madrona: 7 years



**Emma**

Favorite treat: Carrots  
Age: 2.5 years



**Rhoda**

Favorite color: Blue  
Lived in Madrona: 20 years



**Lulu**

Favorite treat: Tennis Balls  
Age: 8 years



**Peter**

Favorite color: Blue  
Lived in Madrona: 2 years

Sapphire  
paste-up

## Madrona Playfield Sandbox SOS

*By Beth Purcell, 35<sup>th</sup> Avenue*

The Madrona Playfield is a very well used and loved park and one of its most popular elements, the sandbox, is showing signs of hard use. Sandbox sand has migrated into the wood chips, compromising the safety and accessibility of the play area. These woodchips are specially designed to cushion a fall and compact just enough to allow a wheelchair to traverse them. When mixed with sand, the woodchips do neither.

Although their first response was to remove the sandbox, the Department of Parks and Recreation (DPR) has agreed to instead replace and replenish the contaminated woodchips. Within the next month or so, when the new chips go in, signs explaining the importance of keeping the sand in the sand box will also go up. It will then be our responsibility to help our children take care of the play area. Replacing the woodchips is expensive and, while DPR supports our neighborhood's approach of appealing to good sandbox citizenship, if it does not work, they will consider removing the sandbox entirely. So please, help spread the word and not the sand and Save Our Sandbox!!!

### ...and Tennis Courts Renovation

Thanks again to all those who donated for the renovation of the Playfield tennis courts. As this work has to be done when it's warm, the resurfacing is now scheduled for mid-July. The courts will be closed for two weeks while the contractor, under supervision of the DPR, also installs new posts, nets, and benches. Detailed closure information will be posted at the park and you can contact Steve Orser at 423-1412 or [steveorser@yahoo.com](mailto:steveorser@yahoo.com) if you have any questions. Also, stay tuned for discussions about what to do with the playfield mound. In the fall we will gather ideas on how to improve the use of this grassy area near the tots play area.

## Apples and Grace: Women Helping Women

Founded in the fall of 2004 by Madrona residents Kim Armstrong and Megan Atkinson, Apples and Grace is a socially responsible business that supports female artisans who design and create handmade items. Our company is proud to be the exclusive U.S. distributor for brag bags, a woman-owned Australian company. brag bags works with female Vietnamese artisans who use 700 year old skills from their culture and the influence of French tailors to create beautiful, limited edition handbags and other accessories. In these cottage industries women make the items at home, allowing them to be available to their kids and family. It is an "anti-sweatshop" cooperative system offering women a chance to use their time-honored skills, run their own businesses, and provide for their families.

Apples and Grace is also honored to support the work of young Chicago jewelry designer, Sara Lenart. Her limited edition jewelry is hand-crafted from the finest semi-precious gems, artfully combined and placed in unique silver and gold settings.

Apples and Grace employs three sales consultants and sells its products in trunk shows, on the web at [www.applesandgrace.com](http://www.applesandgrace.com), and in the Greenlake store, Shoe-fly. We recently co-hosted a trunk show with Jody Hall at Verite Coffee and had a great neighborhood response. We hope to become a presence in the community and have happily donated bags to several local school auctions, as well as the Madrona Mayfair raffle.

Quite unexpectedly, Apples and Grace has also broken in to Hollywood! Brooke Shields carries one of our handbags on a fall 20<sup>th</sup> Century Fox Studios television pilot entitled "New Car Smell" directed by David Schwimmer.

Apples and Grace's mission is: Women helping women. If you are interested in hosting a trunk show, being invited to a trunk show, becoming a sales consultant, or finding out more about our company, email us at [sales@applesandgrace.com](mailto:sales@applesandgrace.com).

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Barbara Bannon  
paste-up

## New Neighborhood Farmers Market

Although it's called the Madison/Capitol Hill Farmers Market, folks from nearby Madrona are more than welcome too! Every Friday from 3:00 to 7:00 the city's newest urban farmers market is now open at Madison & 20<sup>th</sup>, by Mt. Zion Baptist Church. It offers fresh farm produce, eggs, natural meats, poultry, fresh fish, shellfish, cheeses, honeys, bakery goods, and Washington state wines. There is also a colorful selection of jewelry, handmade clothing, and other crafts produced by local artists.

This market is really a new and improved version of the Capitol Hill Farmers Market. It is now bigger and better than ever, with twice as much space and easy free parking. Its organizers, veteran community activist Jon Hegeman and Market master Judy Kirkhuff, have been involved with the Fremont's Sunday Market and Ballard's Farmers Market for years. Their vision is that the Madison/Capitol Hill Farmers Market will evolve into a European-style market place with original crafts and local produce.

We in Madrona have front row seats to watch this new venture grow and mature while we enjoy the fruits of its labors. The Madison/Capitol Hill Farmers Market will operate year round on Fridays, making it easy for us to enjoy fresh fruits and veggies each and every weekend. For more info call 781-6776.

Ben Chotsen pasteup

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## Baker Language Teaches Confidence

*By Amy Williamson*

It all started out when I tried to enroll my then two-year-old in a neighborhood preschool and found nothing but inflexible scheduling and waiting lists in programs from Seward Park to Madrona to Madison Park. Since my background was in writing and communication, and I'd worked with children as the Director of Education at Epiphany Church and as a private tutor, I decided to take the plunge and open my own preschool.

Today, three years later, Baker Language & Learning Center (BLLC) is located in the bright red house at 28<sup>th</sup> & Jackson in Leschi, right next to Flo Ware Park. We now offer a dizzying of classes and programs from pre-school to after school care, to SAT and ISEE test prep.

**Junior Preschool** at BLLC is a half day enrichment program. Two-year olds come Tuesdays & Thursdays, threes on Mondays, Wednesdays, & Fridays, and there is a kindergarten-readiness program for fours and fives Monday through Thursday afternoons. While the day is structured with carefully planned lessons, the patient staff allows each child's learning style to emerge at its own pace.

**School-age programs** include tutoring, test prep (including ongoing SAT and ISEE classes), Academic LABs™, Homework Help, and after-school care. BLLC offers a more personal touch than corporate supplemental services centers, the kind of nurturing teaching parents would do with their own children at home. Many students walk or bike to BLCC after school from Madrona K-8, St. Therese, and Leschi Elementary.

**Summer programs** include tutoring and test prep in areas like reading, writing, math, and Spanish, and day camps for 2-12-year-olds. Some of this year's camp themes Garden Party, Telling Stories, Waterworks, CREATE (a cooking, reading, art class), and more. Attending a summer camp is a great way to get introduced to our programs and staff.

Lastly, in a world where so many of us live far away from family, we have created the **Friday Morning Coffee Klatch** from 10:00 to 11:30. It's a casual social gathering for parents, children, caregivers, grandparents who just want to get together with friends for some good conversation. In the summer the schedule can fluctuate so call 328-2275 or go to [www.bakerlearningcenter.com](http://www.bakerlearningcenter.com) for the latest information. Everyone welcome!

*Baker Language  
paste up*

## *I Remember When...*

### **Madrona, the Lost Paradise**

*By Aaron Dixon*

Looking back, growing up on Madrona Hill in the early 60s was a very special experience. We had everything that we needed on that Hill—community, family, support, guidance, and nurturing. From 34<sup>th</sup> Avenue down to Empire Way, now called Martin Luther King Way, was a neighborhood of mostly African American working-class families with a sprinkling of Chinese, Japanese, Filipino, and Jewish families. There were only a few apartments, most families were proud home owners with large families, often with 7 or 8 kids.

The business district on 34<sup>th</sup> Avenue between Union and Cherry was a reflection of the community. Black, Jewish, Chinese and white business owners knew the names of all of us kids and our parents, and we knew them on a first-name basis. At 34<sup>th</sup> & Union, Marge at the International Groceries Association (IGA) store was always so friendly, always smiling; many of us had our first jobs there. Kirk's Cleaners, the black-owned cleaners on corner cleaned our clothes as we got older. The Bavarian Bakery provided us with delicious German pastries. Joe's, the Chinese store on Union between 33<sup>rd</sup> & 34<sup>th</sup>, gave credit to anyone who needed it. Joe and his wife Ma were like our uncle and aunt – always asking about our families. On the corner of 34<sup>th</sup> & Spring was Walt's Gas Station and across the street was another black-owned gas station Walt eventually bought. All in all, there were three grocery stores, three gas stations, and one drug store on 34<sup>th</sup> Avenue.

On hot days we kids would go down to 34<sup>th</sup> & Cherry to Mr. Collins Soda Fountain and swirl around on the wooden stools at the counter while a graying Mr. Collins made soda drinks with syrup and carbonated water. And if we had enough money, maybe we would get a malted shake. When we finished, he would bring out a wooden box that held a dazzling variety of penny candy. If it was really hot, we would go across the street and sneak into the rented walk-in freezers where families who could not afford their own freezers could rent space to store their extra meat.

Some days we got adventurous and went down past 34<sup>th</sup> to 35<sup>th</sup> Avenue and beyond to the white upper-class neighborhoods, exploring and picking up white friends along the way. Together we made our way through Madrona Woods where we played war games, and then continued down to Madrona Beach. There we swam and dove and splashed around in the water until it was time to head back up through the woods and home to dinner.

Madrona was truly probably the most harmonious place in America in the early '60s. Jack Scott, the Garfield basketball coach and Marge, his young college assistant, who both were white, taught us how to work as teams, how to share, how to be better athletes and better human beings. Even the crabby old white lady at Lake Washington Realty, who let it be

known that she would not do business with Asians or Blacks, could not affect the richness of the neighborhood.

The Center of Our Universe, Our Spot, was the Madrona Park—simple in its design, yet complex in its offering. At the park we made friends and sometimes enemies. We often fought, we cried, we laughed, and played. We held hands and kissed. We learned to play basketball, softball, football, tennis, ping-pong, tether ball. On rainy days we would cram into the little field house and play marathon ping-pong games. Every spring, we signed up for softball teams, according to our ages. During the long season we traveled to far away places, like Ballard and Beacon Hill, and played America's favorite pastime against some tough-looking kids. Some of my most trying moments, and some of my most joyous, were at that park.

In mid-summer, we competed in track and ping-pong tournaments. In winter, the park was closed yet we still gathered for pick-up touch football, pretending to be Jim Brown or Johnny Unitas. We played after school until supper time when our parents yelled for us to come in and eat warm meals prepared with love.

We had white friends, Japanese friends, Chinese friends, and Filipino friends. It was as if we were all one big family in one great village of human beings. Madrona had to be the greatest place to grow up in America during the early '60s, despite the unrest taking place in other parts of the country and the world. It wasn't that we didn't know about Mississippi or Alabama. We did—but once we stepped out of our doors and off our porches in Madrona, none of those terrible things seemed to matter.

Until the Summer of 1967.

In 1965, the Watts Riot sparked rebellions across America. The Vietnam War was exacting a toll on the lives of young men and leaving their families in despair. Civil Rights leader Medger Evers had been gunned down in Mississippi and the next year Malcolm X fell victim to assassination. In our fair Seattle, a young man was killed by off-duty policemen in Chinatown. The peaceful Civil Rights Movement was losing steam and an emerging Black militant movement was filling the void.

My junior year of high school I worked at Swedish Hospital so I could buy my own fine clothes and music records. I was independent and free; unsure of what I wanted to do other than write and find adventure. After graduation, I floundered in my entry into adulthood. When the articulate firebrand Stokely Carmichael, chairman of the Student Nonviolent Coordinating Committee (SNCC) spoke at Garfield, I was there in the front row with my best friend and fellow Madronian Mike Dean.

Carmichael spoke about Whitey, the Honky, the Man. He spoke about Black Power, justice, and the right to self-determination. America's quiet racist practices were slowly rising to the surface and as my generation came of age, we were less tolerant than our parents were.

*(continued on page 11)*

# M A D R O N A

## Community Calendar



Neighborhood events are listed for FREE! Send your info to Erika at [Erika@sutherlandgold.com](mailto:Erika@sutherlandgold.com).

While the Madrona News takes a summer break, everyone in Madrona can still stay in touch with what's happening through our great new electronic Community Calendar. Even though the newsletter is on hiatus, events in our neighborhood don't stop and our calendar stays just as full and busy as ever. The Madrona Community Calendar, which is hosted by local company Trumba, is available through the community site at [www.madrona.us](http://www.madrona.us) or via [www.trumba.com/calendars/seattlemadronacommunitycalendar](http://www.trumba.com/calendars/seattlemadronacommunitycalendar). Get online and see what's going on in Madrona this week, next month, and into the future. Included in the calendar are lots of neighborhood business and entertainment events—and anything else people in the neighborhood have sent me to post. If you have an event, large or small, community open house or garage sale, send it to me at [Erika@sutherlandgold.com](mailto:Erika@sutherlandgold.com) and I will include it in the Madrona Community Calendar. If you want to know what's happening in Madrona, what meetings are occurring or what band is playing at St. Clouds, log on and find out. It's all right there, thanks to you, your Madrona neighbors, and to Trumba.

Trumba is a new online calendar that enables anyone to easily publish a calendar and e-mail calendar information to others. Trumba works with many electronic calendars, including Outlook, MSN Hotmail, and Apple's iCal, and allows you to easily add any Trumba event directly to your own calendar. Trumba enables you to keep separate, always updated calendars for your work, home, social, and volunteer activities so you always know who should be where and when. Read more about Trumba at [www.trumba.com](http://www.trumba.com). Send Madrona Community Calendar events to me at [Erika@sutherlandgold.com](mailto:Erika@sutherlandgold.com).

**TUESDAYS** First two shows **CRY BABY MOVIES** — Columbia City Cinema, 721-3156 or [columbiacity@foxinternet.com](mailto:columbiacity@foxinternet.com)

**WEDNESDAYS** 10:30am **PRE-SCHOOL STORY TIMES**—Madrona Sally Goldmark Library, Lynn Lorenz 684-4705

5-10:00pm **WINE SPECIAL**—Save 25% on all bottles of wine, Dulces Latin Bistro 322-5453

3-7:00pm **COLUMBIA CITY FARMER'S MARKET** - 4801 Rainier Ave S at South Edmunds, special entertainment each week, consult Madrona calendar at [www.madrona.us](http://www.madrona.us)

**THURSDAYS** 6:30 – **LIVE JAZZ** at Dulce's Latin Bistro, Dulce's (206) 322-5453

7:30pm **AA/ALANON MEETING**—Epiphany Parish Great Hall 38<sup>th</sup> & Denny, 625-0000 or [www.seattle-al-anon.org](http://www.seattle-al-anon.org)

**THURSDAYS** — **MONDAYS Evenings LIVE MUSIC**—St. Clouds 726-1522, calendar of performers at [www.stclouds.com/NewFiles/music.html](http://www.stclouds.com/NewFiles/music.html) or [www.madrona.us](http://www.madrona.us)

**FRIDAYS** 7:30 to 8:30am **MCAW PROTEST AGAINST THE WAR IN IRAQ**—corner of 23<sup>rd</sup> and Union, Kathy Barker [kbarker@systemsbiology.org](mailto:kbarker@systemsbiology.org)

3-7:00pm **MADISON/CAPITAL HILL FARMERS MARKET** – 20<sup>th</sup> and Madison

**SATURDAYS** 10-11am & 3-4pm **FAMILY SWIM**—Medgar Evers Pool 684-4766

\*\*\*\*\*

**June 24** **Madison Valley Rummage Sale Drop Off**, *Martin Luther King Elementary at 32nd Ave & Republican, Jerry 325-6308*

**June 25** **9:00 AM - 12:00 PM Friends of Madrona Ravine Work party**, *Linda Hanson, 322-5554*

**Leschi Community Rummage Sale**, *to benefit Leschi School. Leschi School at 31st & Yesler. Diane Snell, leschinews@earthlink.net*

**10:00 AM - 4:00 PM Madison Valley Community Rummage Sale**, *Playground of Martin Luther King Elementary at 32nd Ave & Republican*

**Madrona Beach open for the season, 11-7**, *Seattle Parks and Recreation [www.cityofseattle.net/parks/parkspaces/MadronaPark/beach.htm](http://www.cityofseattle.net/parks/parkspaces/MadronaPark/beach.htm) Closes August 28<sup>th</sup>*

**June 30** **6:30 PM Madrona Dining and Sipping Society** St. Clouds, *RSVP to Geoff Ruskin [guskin@yahoo.com](mailto:guskin@yahoo.com) or 323-6410.*

**July 7** **7:00 PM Free Lecture - A Practical Guide to Shamanism** by Lora Jansson, *Pharmica in Madison Park*

**Open Studio** – *Unique watercolor portraits, 2912 E cherry, Victoria Mackenzie Shelby 323-3630*

June

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# M A D R O N A

## Community Calendar

on the  
web at  
[www.madrona.us](http://www.madrona.us)

Neighborhood events are listed for FREE! Send your info to Erika at [Erika@sutherlandgold.com](mailto:Erika@sutherlandgold.com).

- July 9** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- July 10** 1:00 PM - 5:00 PM Free Jazz Concert at Seward Park from the SouthEast Effective Development, Seward Park Amphitheater (5900 Lake Washington Blvd.) 760-4285
- July 16** 10:00 AM - 4:00 PM Mt Baker Garden Tour, Tickets are \$15 at City People's on Madison; More information, Karen DeWinter 722-7193 or [karendewinter@comcast.net](mailto:karendewinter@comcast.net).  
10:00 AM - 2:00 PM Madrona Woods Work Party! Meet at 38th and Marion, Deirdre McCrary, [jaymccrary@gbronline.com](mailto:jaymccrary@gbronline.com)  
1:00 PM - 5:00 PM Madrona BBQ Festival, Madrona Playfield, John Healy [john.healy@mindspring.com](mailto:john.healy@mindspring.com)
- July 17** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- July 20** 9:00 AM - 12:00 PM Homeless Cooking - St Clouds, 1131 34th Ave, 726-1522
- July 23** 11:00 AM - 2:00 PM Grand Opening of Hawkins Gardens P-Patch, MLK & Jefferson, Sophia Olson 684-3028, [sophia.olson@seattle.gov](mailto:sophia.olson@seattle.gov)
- July 27** 10:30 AM – Road to Butterfly Mountain, Stories and music for kids, Madrona Library, Lynn Lorenz 684-4705
- July 28** 6:30 PM East Precinct Crime Prevention Coalition, 2120 S. Jackson, Seattle Vocational Institute, Mary Williams, 587-4950
- July 30** 9:00 AM - 12:00 PM Friends of Madrona Ravine Work party, Linda Hanson, 322-5554
- Aug 4** Open Studio – Unique watercolor portraits, 2912 E cherry, Victoria Mackenzie Shelby 323-3630
- Aug 13** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- Aug 17** 9:00 AM - 12:00 PM Homeless Cooking - St Clouds, 1131 34th Ave, 726-1522  
6:00 PM 9:00 PM Free World Concert from the SouthEast Effective Development, Columbia Park (4721 Rainier Ave S) 760-4285
- Aug 20** 10:00 AM - 2:00 PM Madrona Woods Work Party!, Meet at 38th and Marion, Deirdre McCrary, [jaymccrary@gbronline.com](mailto:jaymccrary@gbronline.com)
- Aug 21** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- Aug 24** 10:30 AM – Insect Safari Meet the bugs up close and personal Madrona Library, Lynn Lorenz 684-4705
- Aug 25** 6:30 PM East Precinct Crime Prevention Coalition, 2120 S. Jackson, Seattle Vocational Institute, Mary Williams, 587-4950
- Madrona Beach closed for the season, Seattle Parks and Recreation [www.cityofseattle.net/parks/parkspaces/MadronaPark/beach.htm](http://www.cityofseattle.net/parks/parkspaces/MadronaPark/beach.htm)
- Sept 1** Open Studio – Unique watercolor portraits, 2912 E cherry, Victoria Mackenzie Shelby 323-3630
- Sept 7** First Day of School – Seattle Public
- Sept 9** Deadline for Madrona News Stories for September Newsletter, Kim Herber, [kdh5027@aol.com](mailto:kdh5027@aol.com)
- Sept 8** 7:00 PM 2005 Candidates Forum for SE Seattle Neighborhoods - Mount Baker Community Club, 2811 Mount Rainier Drive South, Mark Melroy 372-5178
- Sept 10** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- Sept 17** 10:00 AM - 2:00 PM Madrona Woods Work Party!, Meet at 38th and Marion, Deirdre McCrary, [jaymccrary@gbronline.com](mailto:jaymccrary@gbronline.com)
- Sept 18** Bicycle Saturday – Lake Washington Blvd. closed to cars from Seward Park to Mt. Baker Beach. Seattle Parks 684-4075
- Sept 21** 9:00 AM - 12:00 PM Homeless Cooking - St Clouds, 1131 34th Ave, 726-1522

### August

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### September

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*Paradise (continued from page 8)*

Carmichael it a flame of rebellion in my consciousness. The tame, secure, peaceful life of Madrona slowly began to fade. The world outside of Madrona became my world of reality, a world of anger, militant thought, and action.

For me, it was a time to choose, to stand up. My view of whites, of my parents, and of America, was no longer the same. The Park became the field where we gathered for military drills. Our parents' Madrona basements became places to hold clandestine meetings and weapons classes. Young black men in Black Panther uniforms patrolled 34<sup>th</sup> Avenue with rifles and shotguns. Fear, along with pride and true justice, replaced our childhood sense of unconditional security as we lost our naiveté. We were



*Ever the activist! Aaron and family at the WTO Rally.*

growing up and it was our early experiences in nurturing, tolerant Madrona that prepared us to challenge the injustice and inequity. And America changed forever.

*Aaron Dixon participated in the Seattle Black Panther Party reunion held at the Garfield Community Center on May 14. 400 people attended and he spoke on how today's groups can learn from the Panther's organizational tactics minus the fire power. He founded Harder House, now called Central House, a Wallingford*

*transitional shelter for the homeless and currently serves as its Executive Director*

**Red Apple To Be Grocery Outlet**

*By Shelley Huestis, 31<sup>st</sup> Avenue*

The building may still be empty but there is plenty going on at the former Red Apple Market site at MLK and Union. The "word on the street" is that Associated Grocers, who held the master lease on the property, lost control of the property because it remained empty for more than 30 days. This action has allowed potential tenants to bypass Associated Grocers and negotiate with the property owners directly.

When contacted, Mark Dreisen, Vice President of Real Estate at Grocery Outlet, reported that Grocery Outlet is in serious discussions with the property owners. It is their intention to make considerable improvements to the site and open a store there soon.

Terry Halverson, owner of Metropolitan Market, told me that after receiving over 250 email messages from neighbors asking Metropolitan Market to open at MLK & Union, he is more interested than ever in doing so. Despite the in-process talks between the property owner and Grocery Outlet, he has let the property owner know that Metropolitan Market would like to discuss the site if the opportunity arises.

As neighbor Scott Wolken of 31st Avenue points out, the graffiti on the empty building is quite an eyesore. Let's hope the new tenants deal with that ASAP. If you see graffiti on public places in the neighborhood, call the city's Graffiti Hotline at 684-75687 and they will take care of it. Removal of graffiti on private property is the responsibly of the property owner.

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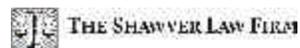
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# Neighborhood School News

## What a Year!

*By Kaaren Andrews, Madrona K-8 Principal*

We have a lot to celebrate about our 2004-05 school year! Mr. Brown and I want to thank every one for welcoming us into the Madrona family; we feel very fortunate to be here. We started the year with two very successful Back-to-School nights where we focused on math and how families can support students by playing simple math games at home. We kicked off our Extended Day program by teaming our 6th and 7th grade students with Ray Allen to celebrate math. Instead of remedial classes, we offered programs to accelerate our students into high school math and get a jump on college. Our quarterly "Algebrathon" competitions with Meany Middle School have brought pride in our middle schoolers' abilities to do high school algebra.

I want to extend a huge thank you to our student council, led by Ms. Rauch, for leading four major community service projects. The students chose to support the Red Cross Refugee Project by bringing in supplies to create kits for families new to our country. After the December tsunami, our students quickly raised money to support SE Asia and Africa children who lost their homes and parents. Madrona K-8 students also used reading logs to raise money to purchase animals for families in developing countries through the Heifer Project. Lastly, we participated in the local Common Cents fundraiser that encourages students to bring in loose change to help homeless families in Seattle. The powerful personal testimonials several Madrona K-8 students shared encouraged our school community to give passionately to this cause.

And there was so much more!

- Our Ultimate Frisbee team made it to the city playoffs for the first time.
- We became a food bank.
- We started reading intervention programs with Washington Research Institute and had a very successful year with TEAM READ.
- Our 5th Graders spent a week at Islandwood, the state-of-the-art environmental education camp on Bainbridge Island.
- We started a middle school parent group and began Academically Improve Myself or AIM, a support class for middle school students performing below standard.
- We collaborated with the other central area elementary schools to invite all 4th Graders to Madrona for spring break "WASL" camp, and all Madrona K-8 students from 3<sup>rd</sup> to 8<sup>th</sup> grade took the WASL for the first time.
- We implemented a new elementary math curriculum.
- Our 3rd Graders demonstrated how to play math "Go-Fish" on KONG-TV.
- At our African American history month assembly the editor of the Seattle P-I newspaper Ken Bunting spoke and the Rainier Beach High School African Dancers and Drummers performed.
- Our 5th Graders placed fifth in the all-city Global Reading Challenge.

- Both our boys and girls basketball teams made it to the play-offs.
- Two Madrona K-8 students have their poetry on Metro busses, two others won a regional writing competition, and another was published in a poetry journal.
- We held two successful book fairs and two Reading is Fundamental book give-aways.
- Our track team competed in the city finals.
- We are already looking forward to next year—see you then!

*NOTE: This story is an excerpt from an article by Ms Andrews from the Madrona K-8 newspaper Panther Prints. To receive the full version or get on the Panther Prints mailing list, contact Madrona K-8 PTA 2005-2006 Secretary Shelley Huestis at [shuestis@drizzle.com](mailto:shuestis@drizzle.com) or 322-8004.*

## Congratulations Class of 2005

*By Martha Russell, Class of 2005*

St. Therese School held its graduation ceremony on June 3. Here are the schools the class of 2005 will attend next year when they leave Madrona and head to high school.

**Bellevue High:** Jordan Roberts

**Blanchet:** Aunjoli Jean-Pierre, Chris Walsh

**The Center School:** Sophia Baca-Jackson

**Holy Names:** Maggie Boze, Sarah Eadon, Arantza Fahnbulleh, Lupe Hurtado, Kayla Johnson, Myra Kelly, Shawna Laughlin, Rachel McMillan, Sarah Trieweiler, Hannah Wurz

**Kennedy:** Ashlie Branch, James Tymas, Mikaela Tantico-Chapman

**Nathan Hale:** Aaron Sullivan, Jade O'Neill

**Northwest:** Elena Degel

**O'Dea:** Andre Altheimer, John Martin, Bryce Rainwater, Aaron Spellman, Otis Stevenson, David Stone, Noah Teshome-Williams, Sam Valiere

**Seattle Academy:** Marcus Pettit

**Seattle Prep:** Michelle Hicks, Langston McClarron, Martha Russell

*St. Therese paste-up  
paste-up*

By John Healy, 35th Avenue

New St. T Pre-K Program for 2005/06

By Julie Jenkins

St. Therese School, located on 35th Avenue, is now enrolling pre-Kindergarten students for the 2005/06 school year. Children must be four years old by August 31, 2005.

This brand new program will be an excellent opportunity for four and five year olds to get a jump on academic achievement, paced to match their own developmental readiness. There will be a balanced academic program including art, Spanish, computers, and library, plus other activities to stimulate their creative juices. Flexible schedules can be accommodated based on teacher and principal agreement. Interested parents should contact Louise LaDay at the school at 324-0460 for information and registration materials. St. Therese School can also be found on the worldwide web at [www.stthereseatl.org](http://www.stthereseatl.org)

Valley School Celebrates 20 Years

By Gail Mensher, Director of Admissions

In happy May 21 celebration of its 20th anniversary, the Valley School entertained current families, grads and friends, and honored founder Patricia Overy. Participants enjoyed carnival amusements and the talents of Valley parents, teachers and children as threatening clouds and balloon bouquets danced overhead. Alumni reconnected and reminisced over archival photos and toured the new Primary Building. Younger folks searched for buried and floating treasure, strolled the cakewalk

circle, dunked volunteers in a water tank, and played games of skill and strength.

Under the direction of parent Gretchen Dingman, children and parents square danced to live music. They applauded the blues harmonica expertise of teacher Grant Dermody, the



Lena Farr-Morrissey gets ready to perform. Photo by Tony Swan

monologue of alumni dad and actor Matt Smith, and second grade singers and pianists Eve Le Neveu, Isabella Feinstein, Lena Farr-Morrissey and Sarah Smith. As they enjoyed a barbecue supper, the 400 celebrants gathered round the Big Top for African music by Bakrabata, featuring Valley third grader Atticus Shantz and his parents, Ceda Clemmons and Michael Shantz. Rain could not dampen the high spirits and good cheer.

Pat Overy took center stage for the grand finale. School Director Barry Wright introduced board members Jean Fukuda and David Douglas, alumna Petra Rees-Thompson and Ms. Overy's son, David Kehoe. They each spoke of her devotion to educational ideals and to each child in her care. She received flowers, a portrait, trees and much collective admiration. Also, the Patricia Overy Endowment Fund has been established as a long term commitment to financial aid and teacher salaries.

The Madrona Barbecue Festival is around the corner and this year's edition promises satisfy barbecue lovers right down to the bone! Set for July 16, from 1:00pm to 5:00pm, the fest will include a host of fun features for Madronans of all ages.

This year, the seventh for this great and growing celebration, festival goers will have a choice of great, affordable meals from two fantastic students of traditional American barbecue. Arthur Banks, whose barbecue concession at Madrona Beach is in its second year, will offer a sampler plate of ribs, chicken, and hot links with potato salad. Sam Meade, formerly of Supreme and a serious devotee of the slow cooking art, will serve pulled-pork and beef brisket sandwiches with a side of slaw. There will be no barbecue competition. Because the competition was a regular source of permitting frustration for the city and organizers, we've decided to give all the cooks the day off. Instead, they can sit back, relax, and sink their teeth into classic barbeque prepared by Sam and Arthur.

Drinks, hot dogs and corn on the cob are also in the culinary plans. Sadly, BBQ festival star and queen of the Red Velvet Cake, Jocelyn Owens, isn't up to cooking this year. We hope she feels well enough to attend so we can recognize her longtime contributions to the Festival and to the community.

In addition to all the food, there will be a wide selection activities to peak a variety of interests.—basketball contests, children's games, poetry, art, and live music—John Platt at St. Cloud's restaurant is again sponsoring the entertainment stage. The Kung Fu Kids demonstration team will perform; Verbal Rhythm Arts Collective will do poetry readings, and Coyote Central, formerly Coyote Junior High, will provide an arts presentation. We'll also have a cakewalk, a raffle of great prizes from Madrona area businesses, hair braiding, and face painting.

Of course, such an ambitious event wouldn't be possible without a solid volunteer effort. If you'd like to pitch in on the day of the event or in advance, call me at 720-1090.

Bush School Paste-up



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## Free to Good Homes: City Trees

People in Madrona loves trees—they are one of the reasons we live here. If you wish your street had a few more trees, the Department of Neighborhood's Tree Fund is your chance to get some new greenery for free—plus a little time and sweat equity! Here's how it works.

Organize your neighbors because Tree Fund applications must be from groups of at least five houses on a street; individuals are not eligible. A group can request between 10 to 40 trees, and can specify up to three different kinds of three although, due to limited quantities of each species, you may not get your first choice.

Trees can go on any planting strip that's at least five feet wide, but not in any private yards. As part of your application, you must identify any underground utilities that may be impacted by new plantings. To find out the locations of lines on your street contact the utility locator service at (800) 424-5555. During the application evaluation, a city arborist will inspect your site and must approve your planting plan and tree selection. If all goes well, you will receive an award letter from the Department of Neighborhoods by September 8.

On October 15, at least two members of your group must attend a training session on how to plant and care for the new trees. Trees will be in October or November and your group will be responsible for planting and maintaining them.

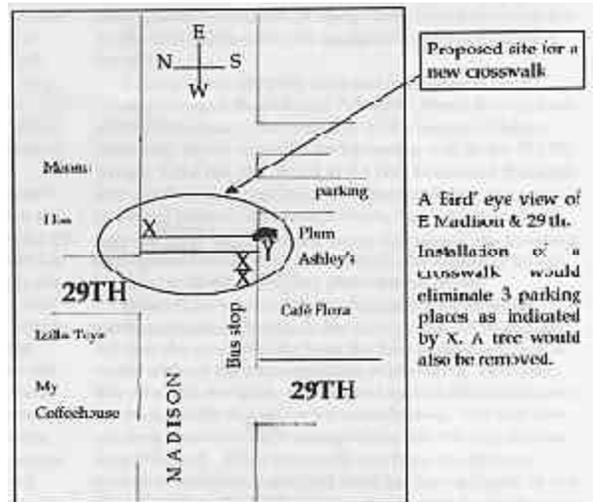
Application deadline is August 12. You can download an application at [www.seattle.gov/neighborhoods/nmftreefund.htm](http://www.seattle.gov/neighborhoods/nmftreefund.htm) or request one. Start now to give your Tree Fund project time to take root.

## New Crosswalk for Madison St.

*By Cathy Nunneley, 33<sup>rd</sup> Avenue E*

Traffic in and around Madrona is a growing problem recognized by many. At their June meeting, the Madison Valley Merchant Association approved the proposal to create a new cross-walk in the Madison & MLK junction area. The business community has long been concerned about the safety of customers crossing the street, especially with the influx of several shops catering to children.

After studying the impacts, Megan Hoyt, the City's crosswalk guru, recommends the crosswalk be placed at 29th and Madison. The site is somewhat difficult because 29th Avenue does not line up with itself as it crosses Madison. The crosswalk should be installed by summer's end and even with that little jog, it's sure to be a great addition to neighborhood safety.



*Rath Law  
Paste-up*

Denali Fitness  
paste-up

## Mt. Baker Tour of Exceptional Gardens

By Karen DeWinter

Take off those muddy garden gloves and mark your calendar for the July 16 Mt. Baker Neighborhood Garden Tour. Each of the six gardens on the guided tour has unique, innovative design features in a beautiful setting with much to offer visually. Four of the gardens have never been open to the public before and tour proceeds benefit the construction of the Mt. Baker Ridge Viewpoint Park being built in the 1400 block of 31<sup>st</sup> Avenue South. None of the gardens is handicap accessible.

**A Garden of Rooms.** This comfortable ½ acre garden overlooking Lake Washington and the Cascades has special interest because of its many garden rooms, including a secret formal rose garden with several colorful varieties. Plantings include 12 varieties of rhododendron, rose of Sharon, many varieties of hardy fuchsia, spiraea, Japanese anemone, hosta, astilbe, lavender, cannas and more. Hosts: Peggy & Bob Rinne, Cascadia Avenue

**A Bit of England.** The unique clinker brick Tudor is the perfect backdrop for this lovely informal English garden guarded by a huge Colorado blue spruce. It was designed by the owner and includes a lavender-lined path, and a colorful display of hydrangeas, Japanese anemones, roses, hostas, large rhododendrons and lots of lovely plants in pots. Hosts: Betsy and George Erving, Mt St Helens Place S.

**A Collectors Garden.** This little gem is a small display garden of rare plants, many of which were grown from seeds collected from all around the world. Host: Jordan Jackson, Cascadia Avenue S.

**Shady City Retreat.** The garden of this beautiful 1920's Tudor home is relatively low maintenance yet remains interesting and beautiful year round. It has a large terraced back yard, an outdoor eating area with a built in barbeque, a free form pond, children's play house, and several apple trees espaliered filigree. Hosts: Janet and Stan McCammon, Cascadia Avenue S.

**Many Years of Love.** The owners have worked on this magnificent garden, with its huge variety of trees, shrubs, perennials, grasses, for 30 years. Along with its extraordinary plants, the garden also includes paths made of old Seattle street brick and a stone arch from Little & Lewis. Hosts: Eleanor and Paul Thienes, 34<sup>th</sup> Avenue S.

**Step Down Garden.** This terraced garden surrounds a large Elsworth Storey Craftsman home that enjoys an expansive view of Lake Washington and the Cascade Mountains. Hosts: Sue Leavitt and Bill Block, Cascadia Avenue S.

If the gardens aren't enough, afterwards you can enjoy a Botanical Art Exhibit at Artemis Gallery, 3107 South Day Street. This gallery is very near the site of the proposed ViewPoint Park. Tickets are \$15 and available at City People's Garden Store on Madison. For more information contact me at 722-7193 or [karendewinter@comcast.net](mailto:karendewinter@comcast.net).

**Mutt Match-up answers:** Rhoda & Duncan; Peter & Emma, Steve & Lulu

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## Good Medicine: Summer Is The Time Of The Heart

*By Lora Jansson, 35<sup>th</sup> Avenue*

In the past few months, I have discovered that Madrona is not only lush with friendly folks and natural wonders, it is also rich with good-medicine practitioners.

Our family has sampled the services of Dr. Lisa Reising, a superb veterinarian who makes *house calls*. My 10-year-old bearded collie Star Gazer, who is also my shamanic animal partner, suffered badly from arthritis. Thanks to Dr. Reising's skill with acupuncture and other medicines, Star Gazer is like a bouncy two-year old again. Call her at 709-4668 to book a home visit, or at 425-885-5400 to see her at her clinic at the Animal Healing Center in Redmond.

While we have not used her services as yet, I was intrigued by my conversation with Leann Rayfuse. Leann works from *your* home to help you harmonize all aspects of your life—health, home, work, relationships. Through evolving conversations, she helps you to determine what you really want and need to do to have a happier life. She then supports you as you reach your goals. Call her at 861-1813 for an appointment.

I had a wonderful time talking with Jane Faulkner of “Co-Active Coaching,” a talented and deeply empathic life coach. She can help you navigate your life with greater ease and joy, and I would not hesitate to recommend her. You can reach Jane at 300-7717.

Finally, I have not yet had the pleasure of meeting Judy Herring, but she facilitates a First Moms support group. This group helps brand-new mothers find their way through those first few weeks and months of motherhood. It sounds like a most valuable resource so if you are a new or expectant parent call 324-2869 for more information.

I'll continue to take requests over the summer from local practitioners who wish to be profiled in *Good Medicine*. We just found out we have to move (yikes!), but have been very lucky to find a place only six minutes from our current home. My shamanic practice is thriving, and I'd love to answer any questions you have. Many thanks to all of you who have taken the time to call or write and say you like the column.

*Lora Jansson is a shamanic practitioner and teacher. She can be reached at 322-4885 or by e-mail at [loraatvitalaessence@yahoo.com](mailto:loraatvitalaessence@yahoo.com). On July 7 at 6:00pm, she will be speaking about shamanism at Pharmica in Madison Park.*

Madrona Computer pasteup

## You Can Help End Hunger

If you find that you and your kids have time on your hands now that school is out, summer might be just the right time for you to get involved with the preparing meals for the homeless.

The third Wednesday of each month from 9:00am to 1:00pm, St. Cloud's restaurant is the focal point for this selfless Madrona tradition. Volunteers bring raw materials like fresh produce, cheese, or staples, plus a cutting board, knife, peeler, apron, and a can-do attitude. From that odd assortment of ingredients, the chefs from St. Clouds, The Hi-Spot, and Dulce's Latin Bistro use your hands and hearts to whip up something magical.

Madrona now feeds over 200 people, bringing an hour of dignity and good food to many people who find too little of both in their lives. For more info or to RSVP, send an email to [john@stclouds.com](mailto:john@stclouds.com).

## Catch Dinner AT The Movies

*By Kevin Spitzer, 21<sup>st</sup> Avenue*

At the Central Cinema, which recently opened at 21st & Union, you can see a fine film and enjoy some fine fare all in one cozy spot. The Central Cinema is a new neighborhood spot that's part indie movie house and part restaurant and its proximity to Madrona makes it the perfect place to kick back at the end of the day or meet for a date night!

The theater seats 120 people, with plenty of sofa style seating. While you enjoy the movie, full dinner and beverage service is brought to you at your table by a quiet but attentive wait staff. Kids are welcome and there are special kids movie matinees and kids specials on the menu every weekend. A few of our recent offerings are: “Iron Monkey”, “Babe”, “The Black Stallion”, “Priscilla Queen of the Desert”, “Bread and Tulips”, and “The Secret Garden”.

The movie schedule changes weekly so there is always something new and interesting on the bill. The Central Cinema is also developing several monthly theme programs such as Manly Action Films, Film Noir, Musicals, and GLAMN!—GayLesbianAlternative Movie Night.

Even if you are not in the mood for a show, you can still stop in for a bite. The lobby restaurant is open any time the theater is with a menu based around handmade pizzas, panini sandwiches, and fabulous dinner salads. After the movie a number of yummy desserts from fresh Rhubarb pie and Espresso Walnut cake to a Crème Brulee that would make Amelie happy are also available in the Bistro. All desserts are baked in house and are even more delicious with a cup of Victrola coffee or a nip of Tawny Port.

The Central Cinema is located at 1411 21st Avenue at the corner of 21st & Union. Hours are 6:00pm to 11:00pm Wednesdays through Fridays, and 12 noon to 11:00pm Saturdays and Sundays. For the schedule information, check [www.central-cinema.com](http://www.central-cinema.com) where you can sign up for the Central Cinema newsletter. Movie dates and times are also posted on the Madrona Community Calendar at [www.madrona.us](http://www.madrona.us)

**Mayfair... (cont'd from page 1)**

Buck-A-Roo Bob and several neighborhood volunteers led many a gleeful child around the tennis courts on adorable ponies. Parents were busy taking pictures of their little buckaroos in front of a sweet backdrop painted by neighborhood mom Corky Bohlen. Epiphany School sponsored Tim the Balloon twister whose wonderful creations kept the kids happy as they waited for the ponies.

All during Mayfair, the generosity of spirit Madrona shone through. From the dad and daughter playing tennis who came over to help set up the canopies, to the sixty volunteers, to everyone who donated plates and plates of delicious baked goods. The generosity of local businesses—St. Clouds, Hi-Spot, Madrona Ale House, Verite, Kismet, Moose, Bizzy Bodies, Flava, Sally Goldmark Library, Apples & Grace, décor on 34<sup>th</sup>, and Izilla Toys—created an exciting raffle with lots of goodies and gift certificates. Thanks to one and all for making Mayfair such a fun, wonderful community event!



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**Mailing List Additions:** Contact Kim Herber (see above).

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