

# M A D R O N A

# N E W S W W W . M A D R O N A . U S

October 2005  
Issue No. 178

## Disaster Preparedness: Are You Ready, Madrona?

By Virginia Sly, 38th Avenue

Most of us can't imagine an event as devastating as the hurricanes in the Gulf Coast happening here in Seattle. But before we saw the Houston traffic jams on TV, who would have thought that a major American city would be evacuated? Knowing that we live with the real possibility that a natural or terrorist disaster could affect us any day, it's time to consider what you need to do to mitigate the impact of such an event on your family.

**Personal Preparation.** On October 4, a group of concerned neighbors met to learn about Disaster Preparedness from Sonja Richter, the East Precinct Police Department Crime Coordinator. Sonja spoke to us about the range of things that we can do, depending on our level of concern and acceptable level of preparation. She shared a list of three MUST DO's recommended by the City of Seattle, and a longer list of things that any or all of us could do to make preparations for our homes and families. Before disaster hits, everyone absolutely must:

1. Train yourself to **NOT** run outside during an earthquake. It is much safer to DROP, COVER and HOLD under or beside something sturdy. Standing in a doorway is no longer recommended.
2. Identify an out-of-state phone contact that you and your scattered family members can all call even if local lines are down. This person can relay messages so you know where everyone is and whether they are ok or not.
3. Plan where your family is to meet. In case of a house fire, go to one neighbor's home; for a regional disaster set a meeting place that will be accessible in case everyone can't get home.

*(continued on page 2)*

## MCC President's Corner

### Monthly Neighborhood Update

by Bill Hansen, 32<sup>nd</sup> Avenue

The Madrona Community Council (MCC) would like to thank John Bucher for all his work on exploring possible parking changes in our neighborhood. At the October MCC meeting it was decided that no changes would be made because of city regulations and residents' opposition. Still, even though his plan did not go through, we appreciate John's efforts. If you have a favorite idea or pet project, this is the time for you to follow John's example and give it a go. The MCC is very interested in sponsoring neighborhood projects and does have seed money to get them underway.

It looks like we will have a double dose of Halloween fun in Madrona this year. Burke Shethars, proprietor of the Madrona Ale House & Eatery, is planning a block party with live entertainment to benefit

the Red Cross Disaster Relief Fund on October 29. Then on the 31<sup>st</sup>, volunteer Didi Burpee will host our annual Halloween Party at the Madrona Playfield shelterhouse starting at 5:00pm. Contact Didi at [d2burpee@yahoo.com](mailto:d2burpee@yahoo.com) or 328-4739 if you would like to help with the party.

Wade Morlock, the new owner of the property at 1120 34<sup>th</sup> Avenue, came to the October meeting looking for ideas and suggestions on the best usage for the property. Currently there is a residence on the site but the lot is zoned for commercial use, NC130. Ideas that would maintain the existing structure included leaving it as a residence, creating a bed and breakfast, and renovating it as office space for small businesses such as

*(continued on page 2)*

## Katrina Family in Madrona

Many people sent donations to help the residents of Louisiana cope with life after hurricane Katrina. Madrona's Audrey Seale of 36th Avenue looked for a Katrina evacuee to help and met Betty Harris.

Audrey heard about Betty through St Marks on Capitol Hill.

Betty had relocated to Seattle and needed everything. Betty, a single mom and



Betty and Audrey

homeowner from Algiers, Louisiana, had already secured a job working as a medical assistant at Harborview. The hospital in New Orleans where Betty worked was destroyed and it is not certain when or if it will be rebuilt.

Before Katrina, all three of Betty's children attended Xavier University in New Orleans. The school was destroyed so her daughters, not wanting to miss their education, transferred to a college in Oakland. Betty's 22-year old son Jasper has deferred his senior year of college to be with his Mom and help her in these times.

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## President's Corner (cont'd from page 1)

therapists. Wade is also considering replacing the existing structure with a 3-story mixed-use building. If you have any comments or ideas, give Wade a call at 985-9761. Although we recognize that the final decision is Wade's to make, we greatly appreciate his seeking community input.

Speaking of new business neighbors, Eric Hoff and Suzan Hettinger of Amara Parenting & Adoption Services came to the meeting to introduce themselves and their company, now located at 34<sup>th</sup> and Union. Amara is an independent, community-based nonprofit agency with an 84-year history of helping children of all ages and needs grow up in permanent, nurturing families. Stop by any time for a tour of the remodeled facility.

And speaking of even more new business neighbors, Grocery Outlet is now open for business every day from 8:00am to 9:00pm. Stop by and say hi to owners Steve and Debbie Mullen and check out all their great bargains. You may have heard about a City Council proposal to allow existing small neighborhood grocery stores to expand if they so desire. Currently, the Madrona Market on Union has no plans for an expansion and so we foresee no impacts to Madrona from this proposal.

Despite the new surface, the Madrona Playfield tennis courts have a few dead spots. Steve Orser is working with the installer and manufacture to correct these issues. If you have any concerns, contact him at 423-1412 or [steveorser@yahoo.com](mailto:steveorser@yahoo.com).

The MCC meets next on November 1 in the shelterhouse in Madrona Playfield at 34<sup>th</sup> and East Spring Street starting at 7:15pm. We would love to see you there.

## Betty (cont'd from page 1)

Although she doesn't know when or if her home in Algiers can be repaired, Betty must continue to make her mortgage payments. While she would like to return home, for now she and her son have an **immediate need for a two-bedroom apartment** here in Seattle, preferably in Madrona since it is convenient to her work. A furnished place would be best but is not essential as Audrey and others continue to help Betty and her family reestablish life here. Betty can stay in her Capital Hill studio for another few weeks and Jasper can bunk with a cousin in Renton for awhile. Still, they are eager to be together and regain their independence. If you know of a reasonably priced rental for Betty and Jasper or would like to be notified by email of upcoming family needs, please contact Audrey at 329-8775 or [audreyseale@qwest.net](mailto:audreyseale@qwest.net).

*New Broom  
paste up*

## Disaster Preparedness (cont'd from page 1)

Even if you are not that worried about the possibility of a disaster, Sonja Richter highly recommends doing at least three of the following. She promises that if the need arises, you will be glad you did at least something to make your home and your family safer.

1. Strap your water heater to the wall. Fallen water heaters cause fires and spill many gallons of potable water.
2. Keep shoes and a flash light under everyone's bed.
3. Store water; plan on one gallon per person for three days.
4. Keep three days worth of food and essentials such as diapers, prescriptions, and back up glasses, packed in a backpack for each family member.
5. Keep your car's gas tank at least half full.
6. Store important papers such birth certificates, SSN cards, passports, insurance policies, bank account numbers, prescriptions, in a fireproof/waterproof container. Consider storing copies with someone who lives outside the Seattle area.
7. Micro-chip your pets for easy identification. Also, store food and extra water for pets.

**Community Preparation.** Once your family is prepared, consider planning with your neighbors to help each other and assist the elderly. An existing Block Watch group could organize an informal cooperative. Email me at [vsly@msn.com](mailto:vsly@msn.com) if you would like to set up a Block Watch; I can organize a meeting if there is sufficient interest. For a more formal approach, the City sponsors a program called SDART—Seattle Disaster Aid & Response Teams—to help neighbors prepare. I know that a group of Madrona neighbors who live on 37<sup>th</sup> Avenue between Union and Pine have scheduled a SDART meeting. Contact Sonja Richter at 684-7717 for more information.

**More Is Better.** There is much more you can do to plan for a disaster. On October 21 and 22, King County is sponsoring a Comprehensive Emergency Preparedness Event ([www.preparedness-areyouready.com/](http://www.preparedness-areyouready.com/)) at the Seattle Center Exhibition Hall from 10:00am to 6:00pm. You can also visit [www.emd.wa.gov/](http://www.emd.wa.gov/) and get the state's 38-page Disaster Preparedness Handbook for yourself, and the Natural Disasters Puzzle Book for your kids. The Church of Jesus Christ of Latter Day Saints has excellent (non-religious) materials on food storage and preparedness posted at [www.providentliving.org/](http://www.providentliving.org/).

**Surviving Everyday Crime.** While it doesn't constitute a disaster—unless it happens to you—Madrona continues to suffer with car prowls and thefts. To help, the City of Seattle and Safeco Insurance are selling the vehicle anti-theft device known as The Club at reduced prices. The standard model that fits most vehicles is \$20, and the SUV model is \$25, including tax and shipping. Contact the Seattle Neighborhood Group at 323-9666 or [www.sngi.org/theclub.html](http://www.sngi.org/theclub.html) to order.

As always, remember to keep the windows and doors of your car and your home securely locked. Keep a watch and report suspicious individuals promptly by calling 911. If a crime does occur, please also let me know at [vsly@msn.com](mailto:vsly@msn.com) so I can follow up at the monthly East Precinct Crime Prevention meeting.

## Halloween at the Shelterhouse

*By Didi Burpee, 34th Avenue*

Once again, the annual Madrona Halloween party is on for October 31 from 5:00pm to 7:00pm at the Madrona Playfield shelterhouse. This event is sponsored by the Madrona Community Council (MCC) and admission is free. Please bring a healthy snack or baked good to share.

There will be a small art activity as well as a costume contest with prizes for the most original, scariest, silliest, and best homemade costumes. For a \$1 donation to the MCC, we will take a photo of your child in his/her costume. We want to see all of our friends and neighbors on Halloween... although we hope not to recognize you!

We are in need of volunteers, contact me at [d2burpee@yahoo.com](mailto:d2burpee@yahoo.com) or 328-4739 to help.

## Dining & Sipping for Fun & Friendship

No, you didn't miss the season's inaugural dinner of the Madrona Dining & Sipping Society. Word about the September dinner didn't reach people in time and so our first gathering of the season was postponed until October 27, the fourth Thursday in October.

We will meet at Dulce's on 34th & Pike at 6:30pm to enjoy a \$25 prix fixe French menu inspired by Carlos' & Julie's summer vacation in Paris. As usual, we will have choices in each of the three courses and if you enjoy wine with your dinner, the price is still only \$35. It is certainly one dinner you won't want to miss so be sure to make your reservation with Audrey Seale at 329-8775 or [audreyseale@qwest.net](mailto:audreyseale@qwest.net) no later than October 24. Hope we will see you there.

*Shawver  
Paste-up*

## Keep Madrona in Bloom: Support a Flower Basket



What a delight to see Madrona in blossom this spring and summer! The new hanging flower baskets gave our neighborhood terrific vibrancy and color—thanks to the generous contributions of Madrona business owners, realtor Judy Honican, the Madrona Community Council, and your friendly *Madrona Blossoms* committee. The baskets will come down in October but we are looking ahead to putting them up again next year. You can help by pledging your support to the Keep Madrona in Bloom effort. Our goal is to keep Madrona beautiful nearly year-round with:

- Hanging flower baskets from May to October
- Holiday lights and swags from November to February

*Madrona blossoms are good for our community.* Beautifying our neighborhood has many benefits. The hanging flower baskets make visitors want to linger and explore the length of the floral corridor. They define our core business district and make our community look and feel vibrant. They give Madrona neighbors pride.

*Pledge to support an investment in our beautiful neighborhood.*

Consider how much you appreciate the colorful addition to our



*Madrona Blooms fundraiser at décor. Logo created by neighbor Grace Schlitt-Lenz.*

community and then join your neighbors and make a pledge to support the *Madrona Blossoms* project. Our goal is \$50,000, and thanks to pledges from business owners and the Madrona Community Council, we have already raised \$20,000. Those funds paid for the baskets this year and will also cover part of the expense next year. If our fund-raising exceeds expectations, we'll work with local school kids to create seasonal banners.

We have made it very easy for you to support a basket or two by including a pledge envelope in this newsletter. It costs \$250 a year to plant and maintain one basket so consider sponsoring one as a family or with a group of neighbors. Please fill out the envelope and send it back today! If the envelope is missing, call Marie at 323-6128 for more information. Thank you for your support!

**Flu Shots \$25**

**November 9**

**2-4 PM**

**1421 34th Avenue, 2nd floor**

**Pneumonia shots \$35**

**For more info, call Christine Bender - 219-1421**

# FORM Progress? Outstanding!

*By Linda Hanson, Madrona Drive*

Friends of the Ravine in Madrona (FORM) celebrated the Fall season with a second major planting event in the ravine adjacent to Madrona Drive. So far this year FORM has completed seven volunteer work parties, contributing hundreds of hours to the ravine revival.

But that's not all! Our partnership with EarthCorps has supplied lots of extra expertise and energy to tackle the ravine's steep slopes. EarthCorps is an organization dedicated building a global community through environmental service. They provide crews of international youth trained in restoration and we'll have two such crews working in the ravine on November 3, 4, and 5. When their work is done, FORM volunteers will thank the EarthCorps crews with a Congratulations Party on November 5, from 9:00am to noon.

If you'd like to help, join your friends and neighbors at the bus stop next to the Pine Street Pedestrian Bridge on Madrona Drive. Be among the first to preview the FORM plaque being prepared to commemorate this outstanding community effort. Bring your favorite tools, gloves – and rain gear if necessary. Call me at 324-5554 if you have any questions:



## Day of Caring in Madrona Woods

Twenty-four incoming freshmen from Seattle U joined regular volunteers from Friends of Madrona Woods to celebrate "Day of Caring," sponsored by United Way of King County. On a beautiful September Saturday, these energetic students pulled piles of ivy and blackberries and moved 5 cubic yards of mulch—UPHILL!

*Ben Chotsen  
paste-up*

*Leslie Lucas  
paste-up*

*Hidden Spring  
paste-up*

*Vanderspek  
paste-up*

## Madrona Artists Show Work in Edmonds

The work of Madrona artists Jacqui Beck and Eric Edgerton will be on exhibit at Gallery North at 508 Main Street in Edmonds for the entire month of November. There will be an artist's reception on November 6 from 1:00 to 4:00pm, and on November 17 during the Third Thursday Art Walk. Jacqui's exhibit, titled "Seeds Emerging," features colorful acrylic paintings of abstracted seed pod forms. Eric will be exhibiting aluminum, bronze and iron sculptures created using the lost wax and lost foam casting methods.

Jacqui has worked as an artist since 1993, focusing on watercolor, printmaking, acrylics, and mixed media. Her work is in several collections in the United States, and she also teaches art to adults and children. Each of Jacqui's painting in this exhibit involves adding and removing layer upon layer of paint and mixed media materials to create a tactile and visual topography. The process of removing paint to reveal deeper sub-layers allows colors, forms, and textures to emerge. "I love brilliant color, and the process of adding or removing a layer can reveal unpredictable surprises. It is a wonderful interplay between me and what I am creating."

Eric has a B. A. in fine arts from Earlham College and has lived and worked in NYC, Albuquerque, Santa Cruz, and in Madrona for the last 13 years. Formalistic in nature, Eric's sculptures are evocative of garlic bulbs, fruits, bones, cacti, and other organic structures. When placed together there is an interplay of shape, mass, color, and material between the pieces.

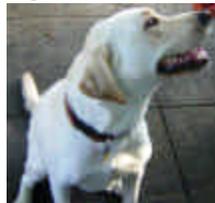
For more information about the November show, visit [www.gallery-north.com](http://www.gallery-north.com). Contact Eric at 860-9374 or [eedge@aol.com](mailto:eedge@aol.com), and Jacqui at 325-7267 or [www.jacquirebeck.com](http://www.jacquirebeck.com). The next session of her Wednesday evening acrylic painting class for adults and children 10-years old and up runs from November 2 through December 7 at the Garfield Community Center.

Sapphire  
paste-up

## Play Madrona Mutt Match-up

By Hannah Ditty, 35<sup>th</sup> Avenue

Sometimes it seems like everyone in Madrona has a dog and some people have two! All of these dogs lives in my neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 11.



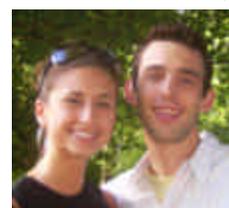
**Oliver**  
Favorite treat: Bananas  
Age: 1.5 years



**Misty**  
Favorite color: Blue  
Lived in Madrona: 10 years



**Sam**  
Favorite treat: Milk bone cookies  
Age: 3 years



**Beth & Jordan**  
Favorite color: Yellow & Blue  
Lived in Madrona: Just visiting



**Kedge & Top**  
Favorite treat: Whole raw eggs  
Age: 2.5 & 4 years



**Tim**  
Favorite color: Blue  
Lived in Madrona: 3 months

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## Wine & Cheer: Wilridge Winery



**Before and After.** Grapes arrive from eastern Washington and the juice is extracted at Madrona's Wilridge Winery the old fashioned way by eager volunteers. Then, after a year of two of careful processing, aging, blending and bottling, the grapes pop out of the other end of the Wilridge process as the delicious finished product. At their October 4 Release Party, winemaker Paul Beverage shared

his latest vintages of 2001, 2002, 2003, and 2004 pinot grigio, Semillon, merlot, cabernet sauvignon, and a beautiful red Bordeaux blend. Neighbors and enophiles from throughout the city enjoyed the fruits of the labors of this family-run Madrona winery.



## Furniture & Style: decor on 34th



decor on 34th threw a gala 2nd anniversary party on October 4. The jazz band playing outside the store was cool, and the Halloween decorations and crush of Madrona shoppers inside was hot!



## Kids' Clothes & Accessories: Madrona Moose

The Moose is loose in Madrona and prepared to greet the neighborhood with a charming selection of fine children's apparel, accessories, and toys. The shop, located in the heart of Madrona's restaurant and retail strip on 34th Avenue, is THE place to find cool stuff for your little Moose.

Founded by Seattle native Carrie Schei, who has spent her career at retailers such as Nordstrom, Pasta & Co., and The Original Children's Shop, the Moose is the culmination of Carrie's dream of bringing her own children's store to life. Carrie offers the best of children's apparel (sizes 0-10) and gear from around the world. Along with collections exclusive to the Moose, visitors will find designer labels such as Rachel Riley, Kule, IKKS, Jean Bourget, Room 7, Petit Bateau, One Kid, and Love Auntie, plus cozy sleepwear and shoes for mom.

Besides clothes, Moose carries toys including Steiff teddy bears, a veritable zoo of Schleich plastic animals, handmade felt puppets from Nepal, and classic wood alphabet blocks. The book section includes a large selection of entertaining and heirloom quality children's books and soon Moose will host readings with local authors and illustrators.



Carrie and her team also offer interior design for nurseries and children's rooms, and private shopping parties. They are also committed supporting the community and serve as a donation collection point for Treehouse for Kids, an organization dedicated to "giving foster kids a childhood...and future." Madrona residents can drop off gently used items any time during store hours, Tuesdays through Fridays from 11:00am to 6:00pm, Saturdays from 11:00am to 5:00am, and Sundays from 11:00am to 2:00pm. Get in touch with the Moose at 320-7900, [www.madronamoose.com](http://www.madronamoose.com), or just stop by.

Barbara Bannon  
paste-up

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decor  
en 34th



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# Neighborhood School News

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## Schools Begin 2006-07 Enrollments

Although it seems far away now, next September will be here before we know it. If you have a child who will be entering pre-Kindergarten or Kindergarten, or are looking for a new school in the neighborhood for an older elementary student, here's how you can get to know a couple of your options.

*Epiphany School* is beginning its admission for pre-Kindergarten through 5<sup>th</sup> grade with an Open House on November 30 at 7:00pm. We urge you to attend this event and find out about our school, and also encourage you to visit during the school day for a walk-through tour. Contact Anne Sarewitz, Director of Admission, at [annes@epiphanyschool.org](mailto:annes@epiphanyschool.org) or 720-7663 to sign up for a tour.

*St. Therese School* offers an excellent opportunity for four and five year olds to get a jump on academic achievement. Pre-K students will learn at their own pace, according to their developmental readiness, in a balanced academic program. To stimulate their creative juices, activities also include art, Spanish, computers, and library. A flexible class schedule can be accommodated upon discussion with the teacher and principal. Children must be 4 years old by August 31, 2005 and interested parents should contact Louise LaDay at 324-0460 for additional information, registration materials, or to arrange to tour our school.

Founded in 1927, St. Therese School is a Catholic elementary and middle school located on 35<sup>th</sup> Avenue in Madrona. The students and staff reflect the rich racial, ethnic, socio-economic and religious diversity of the community in which the school resides. You can also visit us at [www.StThereseSeattle.org](http://www.StThereseSeattle.org).

## Medgar Evers Pool

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our website at [www.communitydayschool.org](http://www.communitydayschool.org)

## Madrona K-8 Results 2005 WASL Results

*By Kaaren Andrews, Principal*

I'm sure that many of you have seen the overall school results in the paper. In 2005, 9.8% of our 447 students passed the Math, Reading, and Writing sections of the test. Section by section, the percentage of Madrona K-8 students who met the standard are:

- Math: 26.8%. Change from 2004 -22%
- Reading: 61%. Change from 2004: -6.4
- Writing: 19.5%. Change from 2000: -1.4
- Science: 22.2%. Change from 2004: +17.8

We have reason to celebrate growth in a couple of areas, but also an urgency to keep focused on our goals in math and literacy.

The WASL evaluates students based on designated learning requirements at each grade level. The WASL is not the only measure used to monitor student progress, but it does present a picture of how our school, as well as individual students, is performing. When the test is given this spring, all students from grades 3 to 8 will be rated on their ability to:

- Read with comprehension, write with skill, and communicate effectively
- Know and apply core concepts and principles of math and science
- Think analytically, logically, and creatively using experience and knowledge to solve problems
- Understand the importance of work and how performance, effort, and decisions affect future career and educational opportunities

In analyzing our achievement data, we decided to increase our focus on writing across the content areas. We are also committed to keeping math as our focus. This year the law requires that each 5<sup>th</sup> and 8<sup>th</sup> grade student who did not meet the standard must have an individual learning plan. Because the Madrona staff believes that all students have individual learning needs, we are developing plans for all students who are below standard, not just the 5<sup>th</sup> and 8<sup>th</sup> Graders. Next year we hope to develop individual plans for all students, including those at or above grade level.

I want to thank Panther Partners for supporting us in our quest to raise academic achievement for all students. We all gain when every student is successful.

*Note: This is an excerpt of an article that appeared in Panther Prints. WASL results were added here for clarity.*

*St. Therese paste-up  
paste-up*

### Local Schools Give to Hurricane Victims

It was scary enough to see the devastation of the water and the winds of the recent hurricanes through the eyes of an adult. From a child's point of view, the thought of losing your home, your possessions, your school, your pets, and perhaps your family is truly terrifying. All Madrona neighborhood schools helped their students cope with the pictures they saw and stories they heard. At least two schools turned their feelings into action.

*The Valley School* held a read-a-thon on September 22 that has raised \$12,365.96. Having gathered pledges based on each 15 minutes of reading, Valley's 98 students—pre-Kindergarten through 5<sup>th</sup> grade—read from two hours to four hours and 15 minutes.

The money will be used to aid St. Martin North Elementary School, a small public school in Biloxi, Mississippi. Valley and St. Martin have a special

connection: a cousin Valley teacher Daria Blom teaches 3<sup>rd</sup> grade at St. Martin. The school reopened on October 3 under very difficult circumstances, and Principal Linda Budinich was moved to tears by the unexpected donation from Seattle. "We are hoping to bring joy back to the lives of the children," she said. Valley students are proud to have played a small part in their recovery.

*St. Therese School* children heard that Hurricane Katrina left an estimated half million children homeless and knew they had to do something. Ariana and Kayla Warren, 8<sup>th</sup> and 7<sup>th</sup> grade sisters, challenged their fellow students to participate in a student-to-student mission of filling new backpacks with school supplies and a note of hope.

The backpacks will be distributed to Anniston Elementary in Gulf Port, Mississippi through local charity World Vision. Of the five schools in nearby districts, Anniston is the only one left standing and Principal Eulaine Blumenthal anticipates hundreds of children from other cities will be relocated to their school. The St. Therese class that collects the most backpacks will deliver the entire donation to the World Vision facilities, where they will take a tour and learn about World Vision's mission. Then the backpacks will be sent quickly to Mississippi and put to immediate use by Anniston Elementary students.



### Bush School Paste-up

If you like your crafts like your martinis—with a twist—you must plan now to check out Urban Craft Uprising, an exhibition and sale of one-of-a-kind hand-made indie crafts. Madrona crafter Nikola Davidson is a co-founder of Urban Craft Uprising and this event is co-sponsored by Madrona's own fine and funky shop, Flava. Three Madrona neighbors will exhibit their creations in the craft fair held on November 6 from noon to 6:00pm at the Artists' Gallery at 901 1<sup>st</sup> Avenue South. "This show brings together an amazing variety of designers and gives people a unique opportunity to see the best in indie crafts," promises Davidson.

Urban Craft Uprising is part of a national movement of unconventional crafts that offer an alternative to mass-produced goods and gifts. The November event brings together 57 vendors from as far away as California to sell novel jewelry, hip clothing, fun toys and kid gear, pet couture, body care products, cards, purses, accessories and more. Many of the designers re-make traditional crafts with an urban and funky flair.

Unlike traditional craft fairs, Urban Craft Uprising appeals to a hip, modern aesthetic. Similar events, such as the Renegade Craft Fair, Craftin' Outlaws, and Indie Craft Experience, proudly shout mottos like: "This ain't your grandma's crafts" and "No tea cozies!" without irony. The Northwest is a hotbed of indie crafters, with three—Marina Parascenzo-Brush, Laura Culberg, and Nikola Davidson—living right here in Madrona.

Marina Parascenzo-Brush's craft enterprise is called Maggie Bookart, and she specializes in photo albums, scrapbooks, dioramas and other vintage-inspired paper arts. For the past 10 years Marina has been turning vintage fabric, buttons, photographs and postcards from her "maggie-like collection" into unusual, practical art.

Laura Culberg's Bonitas features baby t-shirts and handmade flower brooches constructed with vintage wire ribbon. The baby and toddler t-shirts are 100% sweatshop-free, and each is decorated with a felt chick.

Nikola Davidson's venture, Sticky Wicket Crafts, provides original and fun craft kits for do-it-yourselfers. Nikola, who teaches classes in felt making, will also be selling handmade felt creations and trays made of recycled glass combined with retro fabrics.

Admission to Urban Craft Uprising is free and the first 50 visitors receive a free swag bag. For more information, visit [www.urbancraftuprising.com](http://www.urbancraftuprising.com).

### Holiday Art & Craft Sale

On December 3 and 4 from 10:00am to 4:00pm, local artists and craftspeople will sell incredible, beautiful creations, ideal for unique holiday gifts at a local art studio at 3109 East Union. Treasurers include jewelry, fine art paintings, candles, craft kits, fused glass, prints and much more! Look for details in the November *Madrona News*!

Editor's note: If you have a holiday event to announce, I'm happy to include it in the November newsletter. Send your info to

## Edible Bargains: Grocery Outlet

The aisles are wide, the store is bright, and there is even some organic produce! On October 8, Grocery Outlet opened for business at MLK & Union with more than 300 eager customers in line before 8:00am.

While it sells mainly groceries, Madrona's Grocery Outlet is anything but a typical grocery store. The store's emphasis is on brand name items at bargain prices with a 100% consumer satisfaction guarantee on every product sold. Items are displayed in cartons on shelves and offerings include many types of staples, canned goods, and prepared foods. In addition there are dairy products, beer and wine, frozen and refrigerated foods, health and beauty care and over-the-counter drugs. The store also carries a select group of toys, household items, fresh produce and flowers.

"It's great, a tremendous asset and a real anchor for this corner," said Bill Hanson, president of the Madrona Community Council after cutting the ribbon to open the store.

"There's been quite a response from the community and this is a big event for us." Shoppers agreed. Jano Hamm said, "Thank you to Grocery Outlet for being here – I'll be back." And Sherrie Ford said, as she looked around the store, "I got up this morning at 5:45am and it was totally worth it!"



Owners Steve and Debbie Mullen are very interested in being good neighbors and getting involved with the Madrona community. At the grand opening, they gave away 100 George



Forman grills, ran a Wheel of Fortune where everyone who played won a prize ranging from pens to candy, started a raffle for a new Ford Focus (the drawing is in several weeks so there's still time to enter), and sponsored a hot dog fundraiser for the Madrona K-8 PTSA. Plans call for involvement with community churches, children's soccer programs, the Madrona Moms, the Professional Women of Color Network, and the

Lifelong AIDS Alliance.

Whitney Mullen, Steve and Debbie's daughter, said, "From the time I was small, my Dad talked about having a grocery store. This is a dream come true for our family." We are glad they chose us because Madrona needs a community-based grocery store. The Madrona Deli does a fine job of providing snacks and emergency supplies but it's nice to have a larger store with a more extensive selection of products close by once again.

## Family Food & Music: Madrona Ale House

Every day, families of all shapes and sizes stop in at the Madrona Eatery and Alehouse for a kid-friendly meal in a warm, welcoming atmosphere. But on October 29, Madrona neighbors can come by for Madronapalooza, a benefit for hurricane victims. Owner and proprietor Burke Shethar says it's the least he can do.

"Rita and Katrina did a number on our fellow Americans in the southeast," says Burke. "I could not imagine such devastation here. What would I do; how could I feed and protect my wife and children? How would I put my life back together when everything I had and knew was destroyed? It's overwhelming to think about."

Many of us have donated to the national campaigns, but Burke would love for us to contribute as a community. Every Halloween, the Ale House hosts a party that includes music from Underdog, a band headed by former Madrona resident Mike Wilson. Staff and customers dress in costume and have some fun. This year Burke envisions a party with the whole community—a Madronapalooza fundraiser for our friends in need on the Gulf Coast.

Burke has applied for permission to close East Union Street between 34<sup>th</sup> and 35<sup>th</sup> avenues, and has arranged for the Red Cross to receive our donations. The music will start at 3:00pm and the line up includes not only Underdog, but also Not Dead Yet with Madrona's own John Healy as heard at this summer's Madrona BBQ Festival, roots rock band Toad Jam, and Forgotten Sol, a funky five-piece combo. Admission will be free but generous donations will be gladly accepted. Neighbors can come out to enjoy the block party and stroll through Madrona's many businesses. If the weather is bad, there will be tents to keep us dry and the event will be sensitive to nearby neighbors and observe the Noise Ordinance and be done by 10:00pm..

"The goal," says Burke, "is simply to get our community together to have fun and do some good for people who don't have much right now. I'd like to think that if Madrona were in the same situation, a community 3,000 miles away might do the same for us. "

*Giddens School  
paste-up*

## Floral Design: Festive Flowers

After attending floral school and extensive self-study of floral design, Madrona resident Traci Pichette left her high-tech marketing job to follow her passion for flowers. The flower shop Traci opened in the Madrona Auto building provides contemporary and stylish floral designs for residential and corporate accounts, special events, and everyday life.

Traci is very excited about her new business and eager to introduce it to the neighborhood. Everyone is invited to an open house on October 30, from 10:00am to 2:00pm. Come over for some apple cider and see the building's transformation from frame shop & gallery to floral design studio! There will be activities for kids PLUS the artists from Madrona Auto will hold a rare garage sale that very same day!

Festive Flowers is open Wednesdays to Sundays. In addition to exquisite fresh cut flowers from around the world, Festive Flowers offers local artists' greeting cards and unique vases. You can reach Festive Flowers at 860-6898 or [www.festiveflowers.com](http://www.festiveflowers.com)

## Parenting & Adoption: Amara

Amara Parenting and Adoption Services at 33<sup>rd</sup> & Union is happy to join the Madrona neighborhood and community. Formerly known as Medina Children's Services, Amara has been helping ensure that children grow up in loving, permanent homes since 1921. On November 19, from 10:00am to 1:00pm, Madrona residents can come to Amara and learn about foster care and adoption at the annual National Adoption Day Party. This child-focused party celebrates the joys of parenting and adoption, complete with food, games, and face-painting.

With programs ranging from adoption and foster care to teen parent counseling, Amara is 100% dedicated to children. At their August Open House, over sixty Madrona neighbors, adoptive families, and teen parents toured the remodeled facility, met Amara's staff of experienced social workers, and learned about the services Amara provides to children and families throughout Puget Sound. Madrona's own Elise Chayet won the door prize – a gift package of cupcakes, coffee, and a t-shirt from Cupcake Royale. Amara is grateful to Cupcake Royale for the generous donation.

Amara relies on community support and volunteerism and the agency is thrilled to be in such a supportive, family-oriented community. Amara is always on the lookout for new board members and volunteers to help with ongoing administrative tasks. Currently Amara also needs people to join their fundraising and finance/investment committees, and would also welcome the help of a space planner/interior designer to create a children's interactive space.

Most importantly, Amara is looking for loving parents for children in need of a permanent home. For more information, contact Eric Hoff at 260-1710 or [eric@amaraparenting.org](mailto:eric@amaraparenting.org).

## Hair Salon & Spa: Kismet

The "hairied" people of Madrona need look no further than Kismet in the Bowling Green building at 34<sup>th</sup> & Marion for terrific hair cuts and styles, and all the amenities of a day spa. If you've never visited, come and enjoy tea, cookies, and a variety of "sampler services" offered by the gals at Kismet during their fabulous Tea Party on October 29 from noon to 4:00pm.

At the Tea Party, you can "sample" services such as make-up consultations and tips, a short and sweet foot soak, hand massage, waxing, a relaxing eye zone wrap, and more. Prices for the services range from \$5.00-\$20.00 and you can reserve an appointment or just drop. They will also be offering complimentary hair color analysis and hourly "tricks of the trade" clinics to teach you a bit of what the pros know. Never have another bad hair day once you know how to style with style!

**12:00: Big Hair for the Holidays.** Kismet's beautiful and talented stylists will teach you how to get maximum value out of minimum amounts of hair.

**1:00: Sexy and Sleek.** Learn the art of flat ironing and how to go from frizzy and blah to straight and shiny! See how to get even the curliest hair stick straight, and hear about the products that will help keep it that way.

**2:00: Pretty Princess:** So you thought you knew how to use a curling iron? Well think again. Let the girls from Kismet show you the way to gorgeous wavy and/or curly hair using Aveda products. Their techniques will make you look so good everyone will think you won the lottery and got a personal hairstylist.

**3:00: Luscious Lashes.** Open up your eyes to the season's greatest eye makeover. Forget eyelash extensions; learn the art of applying false lashes and single lashes for a slammin' new movie star look.

Kismet is located at 3312 East Spring Street, across from the Madrona Playfield and two doors up from Verite/Cupcake Royale. Contact Kismet at 860-0323 or [www.salonkismet.com](http://www.salonkismet.com)

Kismet spa paste-up

Madrona Computer pasteup

## Madrona Ceramic Institution Heads South

Things just won't be the same on 34<sup>th</sup> Avenue now that Kathryn Allen has decided to close her studio and head to sunny southern New Mexico. But before she goes, we have one last opportunity to enjoy her work at an open house and art sale on November 5 and 6, from 10:00am to 5:00pm.

For the past 15 years, Kathryn Alley Clay Studio upstairs at 1431 34<sup>th</sup> has been both home and workspace where Kathryn has created her award-winning geometric Raku-fired vessels and wall murals. Her work has been displayed in major Northwest shows and galleries. If you have been in the neighborhood for awhile, you may remember the Mayan-inspired ceramic door surround she created for the (now closed) 34<sup>th</sup> Avenue restaurant Plenty. Her bas relief ceramics can also be enjoyed in Seward Park.

As if losing Kathryn weren't bad enough, she is taking her partner, sculptor Barry Namm, with her. Barry works in stone, metal, and clay, and this summer he was invited to show his work from Chicago to San Francisco in some of the most prestigious art shows in the country. Locally, Barry's commissions include fountains at the Alderwood Mall's Bon Macy store, a sculpture and fountains at the Richmond Beach and Newport Way libraries, as well in pieces in the downtown Bellevue Park.

"We love the Northwest and this great neighborhood, Madrona," says Kathryn. "We will miss our friends and neighbors here—and at the Hi Spot and St. Clouds. But we just couldn't resist this adventure and the opportunity to expand our studios in Silver City. Please come by the open house or give Kathryn or Barry a call at 720-1774.

## Experience Jazz Poetry on Jackson Street

*By Rahwa Habte, Central District Forum for Arts & Ideas*

Madrona jazz and poetry lovers are in luck this month. On October 26, the Central District Forum for Arts & Ideas hosts an event that will appeal to jazz junkies, poetry purists, and local historians alike. *Jazz Poetry on Jackson featuring Kamau Da'ood* celebrates and honors the rich and unique history of jazz in Seattle through music and poetry in a fresh and original way.

*Jazz Poetry on Jackson featuring Kamau Da'ood* features performance poet and community arts activist Kamau Da'ood, host Felicia Loud, local poets Paul Harding, Mercedes Nicole, and Brenda Wright, and the Goodie Bagg band. The show will be at the Theatre off Jackson at 409 7<sup>th</sup> Avenue South, starting at 8:00pm. The evening definitely promises to be something that is NOT offered in Seattle everyday, and is guaranteed to be worth the time and THEN SOME.

For the average Seattleite, our city's vast jazz history may come as a surprise. But it is rich and, as Paul de Barros highlights in his book *Jackson Street After Hours: The Roots of Jazz in Seattle*, "Seattle has never been as musically isolated as most people imagine... at every successive stage of jazz history, most major exponents of each new style found their way to the Northwest... Seattle may have been an outpost, but it certainly never lacked for jazz."

*Jazz Poetry on Jackson featuring Kamau Da'ood* is brought to you by the Central District Forum for Arts & Ideas, a local award-winning non-profit organization that advocates and promotes greater awareness of African-Americans in the arts, humanities, sciences and public affairs. The Central District Forum for Arts & Ideas was recently honored by the prestigious Kennedy Center and invited to join the Capacity Building Program for Culturally Specific Arts Organizations.

Tickets for *Jazz Poetry on Jackson featuring Kamau Da'ood* are \$10 for adults and \$7 for CD Forum members, Earshot Jazz members, students, and seniors. You can order tickets on-line at [www.brownpapertickets.com/event/2236](http://www.brownpapertickets.com/event/2236) or by calling 1-800-838-3006. For more information about this event, or the Central District Forum for Arts & Ideas, contact Denee McCloud or Rahwa Habte at 323-4032 or [info@cdforum.org](mailto:info@cdforum.org).

**Mutt Match-up answers:** Misty & Kedge, Top; Beth, Jordan & Oliver, Tim & Sam

## ***Madrona Laundromat***

**1408 34th Avenue**

*M - F 7:30am-9pm / Sat-Sun 6:30am-9pm*

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## Breast Cancer Awareness Celebration

By Meko Lawson, PWOCN

The Professional Women of Color Network (PWOCN) is dedicated to holding annual forums and events focused on improving the health of women of color. On October 29, the entire community is invited to join the PWOCN for its 2<sup>nd</sup> annual Breast Cancer Awareness celebration, “Celebrate, Commemorate & Educate.” This event seeks to raise community awareness about breast cancer and prevention for African American women. Research shows they have an alarmingly higher cancer incidence and mortality (death) rate compared to other groups of women.

The event is free and will be held at the 2100 Building located at 2100 24th Avenue S. Youth will be on hand to do arts and crafts activities with young kids. Come to celebrate survivors, commemorate loved ones lost, and educate everyone. This dynamic program will reflect a sense of community, and includes speakers, entertainment, a special pampering station, health and community vendors, door prizes, and more. There will be a “Get Your Move On” Movement and Health Workshop and a special viewing of “Taking Care of Yourselves and Each Other,” as well as a praise dance and inspirational words of courage from survivors.

The day includes a special opening reception featuring keynote speaker Dr. Patricia Dawson, an African American breast surgeon from Swedish Hospital. There is a charge of \$15 for the reception and luncheon and you can reserve a spot by calling Yolanda Geyen at (253) 859-4864.

“Celebrate, Commemorate & Educate” is a neighborhood event made possible in part by a City of Seattle Neighborhood Matching Grant. Free space is available for community health organizations interested in displaying information. For more details on participating in this event or to learn more about PWOCN, visit [www.pwocn.org](http://www.pwocn.org) or call 568-3044.

## Save on Y Memberships in October

The Meredith Matthews East Madison YMCA on 23rd Avenue has something for everyone in your family--from drop-in child care and yoga to aerobics and swim lessons. We also have a gym available for volleyball and basketball.

If that sounds good to you, this is a good time to get a Y membership. If you join by October 31, you earn \$50 good toward any of our paid programs. You belong at the Y so join today!

*Dentist  
Paste-up*

## Peppermint Toothpick: Tips for Keeping Your Teeth Healthy

By Loren A. Tarr, DDS, Madrona Family Dental

**Q:** What is a cavity? What can I do to prevent them?

**A:** The word cavity is defined as a hollow space or hole, and a cavity in your tooth is exactly that—a hole created by tooth decay. Specific bacteria found in nearly everyone’s mouth are the main culprits. The bacteria nestle into the grooves along the chewing surface of the tooth or between two teeth, usually right underneath where the teeth come together. Then, the bacteria find the sugar they need to produce the acid that breaks down the tooth structure to create the hole. Simple sugars, like those in candy and juices, are the easiest for the bacteria to convert into the destructive acid. But more complex sugars (carbohydrates) like starch form the same tooth-dissolving acid. Most of us know that sweets and sugary-beverages can cause cavities. But it’s easy to forget that starchy foods like chips, crackers, and bread break down into simple sugars once they enter our mouths and so also contribute to tooth decay.

Cavities can be prevented most effectively by daily brushing and flossing—especially after eating carbohydrate-rich foods. However, some teeth have such deep grooves that they are nearly impossible to keep clean and will almost invariably develop decay. If these teeth are identified early, cavities can be prevented with a protective “sealant” to keep out the bacteria. Research is being conducted on selectively eliminating the decay-causing bacteria from our mouths via something akin to a vaccine, but for now we must rely on the tried and true toothbrush and floss.

*YMCA paste-up*

# MADRONA Community Calendar



IT'S CALENDAR TIME AGAIN – CHECK BELOW AND ONLINE FOR EVENTS IN YOUR NEIGHBORHOOD. IF YOU HAVE EVENTS TO ADD TO THE ONLINE OR PRINTED CALENDAR – PLEASE SEND EMAIL TO [ERIKA@SUTHERLANDGOLD.COM](mailto:ERIKA@SUTHERLANDGOLD.COM). NEIGHBORHOOD EVENTS ARE LISTED FOR FREE!

MADRONA COMMUNITY CALENDAR <http://www.trumba.com/calendars/seattlemadronacommunitycalendar>

WEDNESDAYS 10:30am PRE-SCHOOL STORY TIMES—Madrona Sally Goldmark Library, Lynn Lorenz 684-4705

WEDNESDAYS and SATURDAYS, 9:30 AM, MADRONA MOMS RUNNING GROUP - Wednesdays meet at 36<sup>th</sup> and Pine, Saturdays at Madrona Beach Parking Lot, [Nikki.lundin@comcast.net](mailto:Nikki.lundin@comcast.net)

WEDNESDAYS 8-10PM, Pick up Basketball at Madrona K-8, \$3 to benefit the school, SteveOrser@yahoo.com

THURSDAYS — MONDAYS Evenings LIVE MUSIC—St. Clouds 726-1522, calendar of performers at [www.stclouds.com/NewFiles/music.html](http://www.stclouds.com/NewFiles/music.html)

TUESDAYS – THURSDAYS EVENINGS 7-9PM, LIVE MUSIC – Dulces Latin Bistro, 322-5453

FRIDAYS – Madrona/Leschi Citizens Against the War Demonstration, 7:30 AM, corner of 23<sup>rd</sup> and Union

SATURDAYS 10-11am & 3-4pm FAMILY SWIM—Medgar Evers Pool 684-4766

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- Oct 19 Homeless Cooking - St Clouds 9 – 12PM, 1131 34th Ave, 726-1522
- Oct 21 & 22 King County Emergency Preparedness Event, 10-6 PM, Seattle Center Exhibition Center Presented by the King County office of Emergency Management
- Oct 26 Jazz Poetry on Jackson featuring Kamau Daáood, 8PM, Theatre off Jackson (409 7th Avenue South), 1-800-838-3006
- Oct 27 Community MD&SS Dinner 6:30 PM, Dulces Latin Bistro, RSVP to [audreyseale@qwest.net](mailto:audreyseale@qwest.net)
- Oct 27 East Precinct Crime Prevention Coalition - 6:30 - 8:30 PM, 2120 S. Jackson, Seattle Vocational Institute, Mary Williams, 587-4950
- Oct 29 Celebrate, Commemorate & Educate - Breast Cancer Awareness Neighborhood Event, 2100 Building located at 2100 24th Avenue S [www.pwocn.org](http://www.pwocn.org)
- Oct 29 Kismet Salon Tea Party, 12 – 4PM, 3312 E Spring Street
- Oct 30 Festive Flowers Open House, 10 – 2PM, Madrona Auto, <http://www.festiveflowers.com>
- Oct 30 Madrona Automatic Garage Sale, 9-2PM, corner of 34<sup>th</sup> and E Pike
- Oct 30 MadronaPalozza to Benefit Hurricane Victims, 3-10PM, Union between 34th and 35th
- Nov 1 Madrona Community Council Meeting - 7:15 PM, Madrona Playfield shelterhouse, Bill Hanson, 322-3450
- Nov 3 Open Studio, unique watercolor portraits in a working studio/living room gallery, 3-6PM, 2912 E Cherry, Victoria Mackenzie Shelby 323-3630
- Nov 5&6 Kathryn Allen Studio Closing Sale, 10-5PM, 1431 34<sup>th</sup> 720-1774
- Nov 6 Madrona Artist Open House - North Gallery, Edmonds, 1-4PM, Jacqui Beck and Eric Edgerton - Gallery North (508 Main Street, Edmonds, WA [www.gallery-north.com](http://www.gallery-north.com)).
- Nov 6 Urban Craft Uprising (featuring several Madrona artists), 12-6PM, Artists' Gallery of Seattle (902 1st Avenue South)
- Nov 9 Flu Shots - 2-4PM, 1421 34th Avenue, 2nd flr, \$25, Pneumonia shots \$35, call Christine Bender - 219-1421
- Nov 16 Homeless Cooking - St Clouds, 9-12PM, 1131 34th Ave, 726-1522
- Nov 19 National Adoption Day Celebration, 10-1PM, Amara Adoption Services (corner of 34<sup>th</sup> and Union), (206) 260-1710 or [eric@amaraparenting.org](mailto:eric@amaraparenting.org).
- Nov 19 Madrona Woods Work Party! - 10 -2 PM, Meet at 38th and Marion, Deirdre McCrary, [jaymccrary@gbronline.com](mailto:jaymccrary@gbronline.com)

October						
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Lori Rath  
paste-up

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**November 4, Next MADRONA NEWS DEADLINE**

**Article Submission:** Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to [kdh5027@aol.com](mailto:kdh5027@aol.com) and to production editor Christine Bender at [christindb@conversation.com](mailto:christindb@conversation.com).

**Time Sensitive Material - Please Deliver Promptly**

**Advertising:** Contact Steve Orser at 423-1412 or [steveorser@yahoo.com](mailto:steveorser@yahoo.com). Rates are on-line at [www.madrona.us](http://www.madrona.us).

**Mailing List Additions:** Contact Kim Herber (see above).

### Madrona Community Council Officers

President	Bill Hanson	323-3450	<a href="mailto:hansonwilliam@msn.com">hansonwilliam@msn.com</a>
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Treasurer	Steve Orser	423-1412	<a href="mailto:steveorser@yahoo.com">steveorser@yahoo.com</a>

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*Landmark Group  
Paste-up*

*Judy Honican  
Paste-up*