

M A D R O N A

N E W S W W W . M A D R O N A . U S

May 2005
Issue No. 175

New Tenant at Adopts 34th & Union Building

By Rebecca Hertz, Amara Executive Director

Amara Parenting & Adoption Services is excited to be joining the Madrona community when we move into the old Pacific Oaks building in early July. Over the next couple of months you will see the building transform as it is remodeled to become our new home.

Amara Parenting and Adoption Services began in 1921 as the Medina Baby Home, an orphanage and home for unwed mothers. At that time, the organization was actually located in Medina. In the late 1920s the agency moved to Seattle and later became known as Medina Children's Services to reflect the fact that its services had broadened to include not only adoption, but providing assistance to at-risk youth, teen parents, and children in foster care. In the Fall of 2004, the agency finally dealt with the confusion of its name by changing it to Amara Parenting and Adoptions Services.

Today, Amara Parenting and Adoption Services continues to offer preventive, pro-active parenting and adoption services. Our focus on ensuring that all children grow up in loving, nurturing environments where they have a chance to reach their full potential in life. Our mission is grounded in the fundamental conviction that there is no substitute for strong families to ensure children grow up to be healthy, capable adults.

Our staff and board of directors look forward to settling into Madrona and meeting many of our new neighbors over the summer. In the meantime, if you interested in learning more about Amara, contact Development & Marketing Director Alyssa Farber at 260-1714 or visit www.amaraparenting.org.

MCC President's Corner

Monthly Neighborhood Update

by Bill Hansen, 32nd Avenue

The Madrona Community Council (MCC) is so glad that Mayfair will be held on May 21. The children and pet parade will leave Al Larkins Park for the Madrona Playfield at 10:30 am. Ann Hollar has many great activities planned there for the neighborhood children and they are all free. For the adults there will be a raffle with many great prizes donated by our neighborhood businesses. Volunteers are needed to help with event set up, pony rides, and to bake cookies. Contact Ann at annhollar@msn.com to help out on this wonderful event.

Our annual Madrona Garage Sale was a great success thanks to Kim Herber. Over \$750 was raised for community actives such as Mayfair and the BBQ that will be held on July 16. John Healy is busy planning this wonderful summer event. If

you are willing to help, contact John at john.healy@mindspring.com.

Virginia Sly, our new crime coordinator, has been busy due to an increase in car thefts and break ins. At Virginia's request, Seattle Community Police Officer Tyrone Davis attended our May MCC meeting and provided many valuable tips on how to protect our vehicles. He said about 75% of the vehicles incidents are caused because we leave our cars unlocked or valuables in sight. He reminded us that if you have a removable faceplate on your radio, always take it with you, and to always report car break-ins or prowls. The East Precinct has set up a car theft unit, but underreporting is still a problem. The number of 911 calls from Madrona each quarter determines the number of police officer that will be assigned to us the

(continued on page 2)

Madrona Cyclist Rides the RAAM

By Shannon Perry, Beacon Hill

It's 3,047 miles long, covers 14 states and involves riding up 110,000 feet of altitude gain – like pedaling up Mt. Everest four times. Still, Madrona business coach and 37-year old endurance athlete Urs Koenig can't wait to get started.



The Race Across America (RAAM) is arguably the

most challenging endurance event in the world. It starts in San Diego on June 19 and ends weeks later in Atlantic City via Flagstaff, AZ, Mexican Hat, UT, South Fork, CO, Ulysses, KS, Collins, MO, Greenville, IL, Putnamville, IN, Troy, OH, Parkersburg, WV, La Vale, MD, and Rouzerville, PA. Besides pitting riders against every obstacle the continental U.S. has to offer, it also pounds them with physical and mental exhaustion, sleep deprivation, saddle sores and dehydration.

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President's Corner (cont'd from page 1)

following quarter—as the old saying goes, the squeaky wheel gets the grease. Email Madrona Crime Coordinator Virginia Sly at vsly@msn.com if you have any crime related issues so she can use the information to try to obtain additional police coverage.

Kim Harnish reported the hanging baskets will be installed shortly in the Madrona business district. We have hired a service to tend, water, and keep them green all summer. This will be a great addition to our business district. Many thanks to Suzanne Sheppard for this wonderful idea and for helping make it possible.

John Bucher is still exploring the possibility of eliminating parking on selected streets in Madrona. He can be reached at 323-8325 or bucherjohn@earthlink.net. Speaking of traffic, remember to keep to the right when going around a traffic circle. If you cut to left and hit another car it will be your fault since you crossed the centerline. Also, remember not to illegally park your cars on planting strips or sidewalks; even when parking in your driveway your car cannot block the sidewalk. The police will respond to calls in these cases and issue tickets for these infractions. Be a good neighbor and keep our sidewalks clear for pedestrians.

Have you got an idea to make Madrona better? The MCC is very interested in getting projects started and does have seed money to get them underway. If you have a favorite idea or pet project, share it with us at our next MCC meeting June 7. We meet in the Madrona Playfield shelterhouse at 34th and East Spring Street starting at 7:15 pm. Since the MCC takes the summer off, the June meeting will be our last until September 6.

No May "Good Medicine"

Lora Jansson's column "Good Medicine" will appear again next month with a profile on local life-coach Jane Faulkner. To be considered for a profile in "Good Medicine" or to ask author Lora Jansson about her shamanic services, contact her at 322-4885 or loraatvitalessence@yahoo.com.

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Letter to the Editor: Don't Eliminate Parking on Fullerton

I just read in the [April] *Madrona News* about the proposal to eliminate parking on Fullerton. We live on Fullerton. We have space to park our own cars off street, but can't imagine where our guests would park when they come to visit if they couldn't park on our street. We don't have that many guests, but regulars are a couple with a baby and lots of things to lug into the house, and house guests who come for several days with suitcases, etc. They would clog 38th south of Fullerton, which is a dead end, or have to go down to 39th, also a dead end, and pretty much at capacity with parked cars, and hike up the very steep hill. Our older friends would have trouble with that. Then there are the neighbors on Fullerton who do not have off street parking for their cars. Bad idea!

I agree with [Madrona Community Council President] Bill [Hanson]. Why do we want to increase traffic flow through the neighborhood? And if we did want to do that, let's lobby the city to fix Fullerton Avenue instead of coming in occasionally with soft patch band aid solutions. That would do a lot.

Karen Perret
perret1@msn.com

Madrona Cyclist (cont'd from page 1)

Why do it? "I really thrive on putting up a goal, an ultimate challenge, throwing everything I have at it, and seeing if I can pull it off," Koenig says. But the real incentive is Seattle-based Cancer Lifeline is a non-profit organization dedicated to giving those living with cancer control over their lives and health decisions. Koenig and his RAAM crew are working hard to raise money, knowing that every dollar will help improve the quality of someone's life.

Koenig and his wife Katherine Parker moved to 38th Avenue from Fremont in January. A champion skier in his native Switzerland, Urs is no stranger to "übergoals." He has won or placed in many ultra-endurance events, including coming in first in the Methow Pursuit in 2003 and 2004, and winning the 2003 Big Hurt.

As he prepares for the RAAM, he knows that the neck muscle problems that have plagued him in training will not be his most serious obstacle. He will wear a custom-made lightweight brace but the hardest part, says Koenig, is in the mind. "To stay on the bike as long as possible with all the pain and injuries that will inevitably show up; to know, at mile 500, that I've only done a sixth of the race but to keep going anyway, that will be the biggest test I'll face."

The RAAM is a monumental task and Koenig will meet it head-first and raring to go. Contributions to Cancer Lifeline can be made at www.cancerlifeline.org and more information about the

2 RAAM is available at www.raceacrossamerica.org/.

Metropolitan Market Update

The following is an email from Metropolitan Market President Terry Halverson that was shared on the Madrona Moms egroup.

Dear Friends:

We sincerely appreciate the enthusiastic and resounding support Metropolitan Market has received regarding the recent site opportunity at MLK & Union. It has been our desire for many years to establish a store in the greater Madrona area. Your strong support for locating a full-service supermarket focused on quality in your neighborhood is evidenced by your many emails.

At this juncture, we have yet to learn all of the pertinent details of this opportunity or determine if the site is conducive to our specific store requirements. Nevertheless, we thank you again for the generous comments and encouragement so kindly expressed in your emails; we truly appreciate it.

Sincerely,

Terry Halverson
President, Metropolitan Market

Dining & Sipping at Sapphire

By Audrey Seale, 36th Avenue

Some two dozen of the Madrona Dining & Sipping Society (MD&SS) give a communal thumbs up to Madrona's newest 34th Avenue restaurant, Sapphire. The group descended on this new hot spot and, despite being open barely a week, Team Sapphire was already a well oiled machine. The wait staff and kitchen offered us a delicious prix fixe menu with a choice of three appetizers, main courses, and desserts. All that, and two glasses of wine per person, was well prepared and graciously served. Kudos to the restaurant because on that lovely spring evening, in addition to our group of 20+, there were many other happy diners. Congratulations to Sapphire and welcome to the neighborhood. They aim to please and we were duly impressed.

The MD&SS is a casual group of Madrona neighbors. Everyone is welcome to join us and meet more of the fascinating people who live in our neighborhood. The next dinner is May 20 at 6:30. Contact Geoff Ruskin at 323-6410 or grruskin@yahoo.com for the location.

Seeking Young African-American Writers

From May 31 to July 1, the Central District Forum for Arts & Ideas will accept submissions from high school aged students for the second issue of *BEYOND magazine*. *BEYOND magazine* is an online publication that focuses on science-fiction written by African-American students or with African-American content. No one is excluded based on race. Science fiction, fantasy, and horror stories or poems of up to 7,000 words can be submitted via email to Nisi Shawl at nisis@aol.com. Electronic submissions only—send submissions in the body of your email message, and include “*BEYOND magazine*” in the message topic. E-mails with attachments will be deleted unread.

During 2004, in conjunction with its groundbreaking Black to the Future Black Science Fiction Festival, the Central District Forum for Arts & Ideas published the first issue of *BEYOND magazine* of speculative fiction by high school age writers. The second issue will actively seek material from high school students from across the country while focusing primarily on local authors. Selected works will be included in the online publication in October 2005. We offer a glimpse into the lives and accomplishments of African-Americans contributing to the vibrancy of contemporary American thought and culture. For more information contact Rahwa Habte at 323-4032 or info@cdforum.org.



The MD&SS enjoy an April dinner at Sapphire. This photo was taken by Matt Johnson, formerly of 37 & Union. Decades ago he was “famously” known as one of the Two Matt’s of 37th. He no longer lives in Madrona but coincidentally was having dinner at Sapphire the evening of the monthly MD&SS get together.

*Overnight Printing
paste up*

*New Broom
paste up*

Madrona Garage Sale Cleans Up

By Kim Herber, 35th Avenue

April 23 was a bright and sunny day and the Madrona Plaza parking garage was stuffed to the bursting point with great junk! It was the 2005 Madrona Community garage sale and nine lucky Madrona families scored the most sought after real estate in the neighborhood—12 spots in the garage to display and sell their odds and ends.. When it was all said and done, the Madrona Community Council (MCC), which sponsors such events as Mayfair and this monthly newsletter, made \$764.25—just about the cost of one issue of the. *Madrona News*. At the end of the sale, the Northwest Center sent a truck and carted off all the leftovers.

Thanks to sellers Tim Hanstad, Bill Hanson, Sue Doderlein, Melissa Miller, Marina Parascenzo-Brush, Reshenna Andrews, Deidre McCrary, Robert Yanas, and Sam & Hannah Ditty. Thanks to volunteers Paula Rothkopf, Frank Rowe, Berta Beverage, and April Rachelle who helped set up the garage and price the donations on Friday night, and sell them for the MCC on Saturday. Thanks to everyone who gave donations, especially the family who gave a very nice antique table and chairs—we got \$200 for it! Thanks to everyone who listed our sale on the Web, and put up signs; traffic was pretty consistent throughout the day. Thanks to Suzanne Sheppard for allowing us to hold the sale in the Madrona Plaza garage, and to all the Madrona Plaza tenants who gave up their parking spaces Friday afternoon and all day Saturday.

I was totally overwhelmed by the number of people who wanted to rent a space inside the garage. and apologize for having to turn so many would-be sellers away. Believe me, I'm already thinking about where we can hold the sale next year and will be in touch with the managers of Safeco Field shortly :-).

Denali Fitness
paste-up

Neighborhood Congrats!

Wow, I am constantly amazed by the things our neighbors do. Kudos and thanks to:

The **anonymous Madrona neighbor** who found **Skitzo the cat**, took him to the shelter, and posted signs so that his family could find and reclaim him.

Madrona investment representative **Barbara Banon** and her company **Edward Jones** being ranked #1 in the J.D. Powers & Associates 2005 Full-service Investor Satisfaction Study.

The volunteers who staff and promote the **Columbia City Cinema** who just may score a copy of Star Wars, Episode III on opening day May 19. A midnight show will be great with the new digital sound system! Call 721-3156 for details.

Dulces Latin Bistro that is celebrating its tenth anniversary in Madrona with a month long foray into the culinary heartland of France.

MCC President **Bill Hanson** who, when asked by the *Madison Park Times* to name his favorite neighborhood places, chose Al Larkin's park as the best place for a "respite."

Author and commentator **Eric Lui**, neighborhood activist and Madrona BBQ MC **Anthony Matlock**, and Madrona's most colorful resident **Dee Dee Rainbow** for being cited as "Community Pillars" by the *Madison Park Times*.

Madrona independent film-maker **Ksenia Oustiougova** whose 2-minute short "Walking Past" will have its world premier at the Seattle international Film Festival on June 5 at 9:00pm in the Egyptian Theatre. It plays again at 2:00 on June 8 in the Broadway Performance Hall.

Author and Madrona historian **Junius Rochester** who will speak on "Lewis and Clark: Before and After" on May 26 at 7:00pm at the Museum of History and Industry as part of the special Lewis and Clark exhibit from the Library of Congress. The exhibit runs through June 12.

St. Clouds and all the other restaurants in Seattle that supported HIV-AIDS research by donating a portion of the night's receipts on April 28 during Dine out for Life 2005.

CoRRRECTIONS
To improve neighborhood traffic flow, John Bucher suggests that three parking places be eliminated at 34th & Pike, not 34th & Union. The Friends of Madrona Playfield would also like to thank Arie Nellie for support of the tennis court resurfacing project.

St. Therese paste-up
paste-up

May 16-22 is Dog Bite Prevention Week

By David Wiley, 32nd Avenue

Recently, you may have seen a green SUV around Madrona emblazoned with “Bark Busters Home Dog Training.” In December, I opened my business and began helping dog owners throughout Central Seattle address basic training and behavioral issues. We can train any dog, any age with any problem, and our motto is: “Happy Dogs = Happy Families!” More about Bark Busters in future issues, but I’d like to talk about something very important first—dog bites.

To raise awareness that the key to preventing dog bite injuries is responsible pet ownership, the Humane Society, the American Veterinary Association and the U.S. Postal Service are promoting May 16-22 as National Dog Bite Prevention Week. More than 3,400 letter carriers were attacked by dogs last year!

Annually, nearly 4.7 million Americans, half of them children, suffer dog bites. Injury rates are highest among children ages 5 and 9, with boys bitten more often than girls. Dog bite injuries increase during April through September, and peak in July. As many as 800,000 people require medical attention for dog bites annually. Of those, 368,245 are treated in hospital emergency departments. Here are some dog bite facts:

- Dogs bite nearly 2% of the U.S. population each year.
- 70% of dog bite victims are children under 12.
- About 20 people each year die from dog attacks.
- Every 40 seconds someone seeks medical care for a dog bite.
- In 43% of the cases kids were bitten by the family dog.
- The average dog bite insurance claim costs \$12,000.
- Reported dog attacks increase 2% annually.

While the statistics are staggering, many dog bites can be avoided. Bark Busters has compiled the following information to help you and your children avoid dog bites:

1. **Do not allow your child to discipline your dog.** Dogs see human children as “puppies” and below them in the pack structure and so may snap when scolded by a child.
2. **Never leave a young child or baby alone with your dog.** It is a myth that only unfamiliar dogs are dangerous; most bites come from the family dog.
3. **Do not allow your child to feed a dog unsupervised.** The fact that your dog has shown no food aggression in the past is not a guarantee it won’t in the future.
4. **Do not allow your child to pull on the dog’s collar.** Dogs resent being pulled on by someone “lower in the pack” and so will resist and may bite.
5. **Children should not walk a dog without adult supervision.** Dog fights and bites can result if a child cannot control a dog.
6. **Do not allow your child to play aggressive games with your dog.** Wrestling, tug of war, or other rambunctious games may lead to your child getting scratched or bitten.
7. **Teach your dog to be submissive, and to respond to verbal commands.** All dogs can be trained to respond to their owner’s voice.

Play Madrona Mutt Match-up

By Hannah Ditty, 35th Avenue

Sometimes it seems like everyone in Madrona has a dog and some people have two! All of these dogs lives in my neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 12.



Hunny

Favorite treat: Wet cat food
Age: 11 years



Thom

Favorite color: Green
Lived in Madrona: 11 years



Hoover

Favorite treat: Chicken strips
Age: 4 years



John

Favorite color: Blue
Lived in Madrona: Just visiting!



Rocky

Favorite treat: Food stolen from table
Age: 3 years



Halley

Favorite color: Blue
Lived in Madrona: 17 years

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Reading is Natural...For Everyone!

By Lynn Lorenz, Children's Librarian

For some, summer means vacation. For the Madrona-Sally Goldmark Library summer is prime time for encouraging readers of all ages to get busy with books.

The Library's summer reading program for children and teens is designed to be fun and serve a very important purpose—keeping reading skills sharp. According to educational experts, “summer setback” is a big problem, especially among children from low-income families who may not have access to books at home.

Reading is Natural! is the theme of this year's summer reading program for children. Participants can sign up at the Madrona-Sally Goldmark Library or the Central Library beginning June 1. Over the summer, kids who read 10 books win a free book and are eligible to enter a drawing for the Breakfast of Champions. To encourage children and families to visit the Library throughout the summer, a full line-up of free programs featuring storytellers, musicians, and puppeteers is planned.

Teens who are looking for a place to hang out, cool books to read, or something fun to do can find it at the Library this summer. *Summer Liberation for Teens* encourages young people to read and review books, learn new skills at Arts Corps workshops, enjoy Library “donut drop-in” time, and jump onto the Internet. Programs for teens begin in June and continue through August.

Adults aren't left out either. This summer they'll be encouraged to *Dive In To Reading*. By reading and reviewing three books over the summer, adults can earn a “Literary Latte” card, worth \$3 at Starbucks, plus be entered to win a “Booklover's Basket” of goodies.

With programs for children, teens, and adults, The Seattle Public Library wants to make summer reading truly a family affair. Look for more details on special summer events at the Madrona-Sally Goldmark Library in the June *Madrona News*.

Free Summer Concerts at Seward Park

On Sunday, June 5 at 1:00 the SouthEast Effective Development (SEED) opens its 29th season of free outdoor jazz and world music concerts at the Seward Park Amphitheatre. Continuing the longstanding tradition of opening the season with a celebration of jazz and showcasing the talents of area youth, SEED welcomes three local nationally/internationally recognized jazz performance groups, the Washington Middle School Senior Jazz Band, the Franklin Jazz Lab, and headliner Garfield Jazz Ensemble. In case of rain, the concert will move to the Rainier Valley Cultural Center, at Rainier Ave. S. & S. Alaska St. in Columbia City.

The Washington Middle School Senior Jazz Band has had an impressive year, taking first place for middle schools at the Lionel Hampton, Bellevue Community College, and Reno Jazz festivals. Director Robert E. Knatt, has been awarded many music & academic related honors over the years, and was inducted into the Earshot Jazz Hall of Fame last winter. They will kick off the show at 1:00.

The Franklin Jazz Lab, led by Bob Pitzer, is well known regionally and has won many competitions. This contemporary jazz band has given many concerts for home town crowds, performed at Disney Land, in Asia, and with world famous saxophonist Bobby Watson, vocalist Ernestine Anderson and French horn player and composer Mark Taylor. They hit the stage at 2:15.

Under the leadership of Clarence Acox, the Garfield High School Jazz Ensemble has achieved an international reputation. In 2004, the group received eight first place awards including the Essentially Ellington competition in New York City where they won first place for an unprecedented second year in a row! They rock the house starting at 3:30.

The free concert series continues July 10 at 5:00pm with Jovino Santos Neto Quinteto, Frank Clayton Jazz Quartet & Roxy Coss & Friends. The final concert of the season is at 6:00pm August 17 at Columbia Park, 4721 Rainier Ave. S., featuring cultural performances from African American, Pacific Islander, and Jewish musical groups.

This year, the three SEED-sponsored outdoor concerts are part of a season of *Cultural Celebrations* highlighting African American, Pacific Islander, and Jewish cultures held at the Rainier Valley Cultural Center. Details on other Cultural Celebrations will be included in the June *Madrona News*, and event information is available via SEED's Arts & Events line at 760-4285. All dates and times are posted on the Community Calendar at www.madrona.us

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Barbara Bannon

paste-up

Tower Stalled but not Stopped

By Knoll Lowney, 29th Avenue

Based upon the comments of "Stop the Tower" and other Madrona community members, the City's Department of Planning and Development (DPD) has sent Verizon back to the drawing board on its proposal to build a cell tower at the MLK & Union, the site of the former Union Street Red Apple Market. The community opposes the tower because it would undermine our goal to have this critical site redeveloped into a vibrant and attractive "Madrona Gateway."

While DPD Planner Bruce Rips' correction notice called upon Verizon to explore creative solutions, Rips seems to accept that a new tower can be built on this site. We must say no! Every other cellular provider makes due without a tower in Madrona and so can Verizon! Contact Bruce Rips at 615-1392 or bruce.rips@seattle.gov and urge the DPD to say NO to ANY tower on the site! To get involved with Stop the Tower, contact me at 860-2976 or knoll@igc.org



Ben Chotsen pasteup

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Dear Friends of Town Hall

By David Brewster, 35th Avenue

Next fall, I will be stepping down as the leader of the Town Hall band. An excellent search committee, on which I serve, is already at work looking for my successor, and I hope to stay involved in some smaller ways with this lovely institution.

When Town Hall got started, in 1998, I expected to devote five years to the effort, and then return to writing. It took a little longer, but now the place is thriving and it is a good time to pass the baton. The board has known my decision for several months, and there is plenty of time for finding an excellent new leader.

Town Hall has filled, and will continue to fill, an important niche in the city—being a home base for scores of arts and civic nonprofits, as well as a stimulator of new programs, new artists, and new organizations. The board and staff are determined to stick with this mission.

You can read more about this transition including a formal press release, the job description and application process, and a story about Town Hall that appeared in the *Seattle Times* at www.townhallseattle.org/messageBrewster.cfm and www.seattletimes.nwsource.com/html/localnews/2002193046_townhall01m.html

Source: www.townhallseattle.org

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Baker Language pasteup

Kismet spa paste-up

Valley School Celebrates 20 Years

By Gail Mensher, Director of Admissions

The Valley School, located at 30th Avenue S. and Valley St. in Madison Valley, celebrates its 20th anniversary on May 21 with a gala on-campus party from 2:00pm to 6:00pm for current families, alumni, and friends. The campus will be transformed into a carnival with an afternoon of art happenings and old-fashioned amusements under tents and the open sky. A barbecue dinner and cakewalk will help fuel the energy level.

As part of the celebration, founding director Patricia Overy will be honored for her 20 years of service to this beloved educational institution for children ages four through eleven. An endowment fund is being established in her name to mark this milestone.

Special performers include actor and alumni dad Matt Smith, currently starring in *My Boat to Bainbridge* at the Market Theater; teacher and blues harmonica virtuoso Grant Dermody; the world music ensemble, Bakra Bata, featuring parents Michael Shantz and Ceda Clemmons with their third grader, Atticus. Valley parent Gretchen Dingman will call two square dance sessions accompanied by the Turtle Valley String Band, and second graders Lena Farr-Morrissey and Madrona's own Eve Le Neveu will present a special carnival song. Everyone is welcome! For more information call 328-4475 or visit www.thevalleyschool.org/

MLK Montessori Settled, Not Set

It has been a tug-of-war between good news and bad at Madison Valley's MLK Elementary these past few weeks. The good news is that the Seattle School Board agreed to offer a free, public school Montessori program at the school next year. The bad news is that the school is now one of 10 slated to be closed in 2006 to save money. Principal Barry Dorsey, however, wants everyone to know he's not giving up. "We're trying to get the word out there," Dorsey said at recent community meeting. "This is not over."

The school received conditional approval for the Montessori program, which would bring 150 new students into the school over the next three years. Originally the school had to have 25 students registered by May 1 to make the deal stick. Now that deadline has been extended to June 15 to give parents more time to connect with the school.

"If your community is successful in recruiting an adequate number of students to participate in a Montessori program, we will reconsider the recommendation to close MLK," stated district chief academic officer Steve Wilson in a memo sent to Principal Dorsey recently. However, the memo also indicated that even if the school attracts enough students for the new program, it could still be closed for other reasons. If that happens, MLK students will move to Madrona K-8.

Interested parents are urged not to delay and register students into the new program as soon as possible. The June 1 deadline looms large as the school closure plan will be finalized by the School Board in July. For more information, contact Principal Dorsey at 252-2900.

Letter to the Editor

YES, Epiphany School is a GOOD Neighbor

I am a Madrona resident of nearly a decade who has a child attending Epiphany School. Naturally, I was dismayed when I read Bart Smith's [April *Madrona News*] Letter to the Editor entitled "Is Epiphany a Good Madrona Neighbor?" I was especially troubled since the families at our school have been instructed to follow strict traffic procedures to maximize safety and minimize traffic concerns.

I immediately called the Neighbors of Epiphany to apologize for the encounter Bart had with one of our parents and to convey that we do take traffic concerns seriously. Next, I met with George Edwards, the Head Master, to discuss what the school has done to minimize its impact on its neighbors, and to explore how it can be even more responsive to the community. Here are just some of what has been done in response to comments from the Madrona Community Council meetings last spring:

1. Developed and implemented the "Campus Transportation Plan" in September of 2004. As Bart mentioned in his letter, this plan was based on an extensive traffic and parking study done by a traffic engineering firm at a cost about \$10,000. This significant expenditure was made to develop a plan to improve traffic flow and parking, and to allow neighbors to express concerns. The plan is posted at www.epiphanyschool.org.
2. Implemented a new pick-up and drop-off system to reduce parking in the neighborhood.
3. Assigned five administrators to monitor traffic and talk to parents who deviate from the school's traffic procedures.
4. Instituted a "walk to school" program and about 60% of Epiphany students have participated. Most students do come from the two surrounding zip codes, 98122 and 98112.
5. Installed bike racks on campus.
6. Talked with the city about painting curbs and better designating No Parking areas and drop-off points. Because the city will not allow the school to paint curbs, and in response to Bart's letter, the school is now looking at other possible ways to mark curbs and No Parking areas.
7. Established a "Traffic Hot Line" that has gotten only three calls since September. The school followed up on all of them and tried to address the issue with the complainant.

Epiphany School consists of a community of families, many from Madrona. All Epiphany families, even those who don't live here, consider Madrona a very special place. Our school does want to be held accountable for its presence and behavior in the neighborhood. If you have comments, concerns, or would like to learn more about Epiphany School, call the school at 323-9011. I hope that one day Madrona neighbors will agree that Epiphany School is a GOOD neighbor.

Sheri Pewitt, 34th Avenue

smoosh Rocks for Arthur

By Diane Bowe, Friends of Arthur

As Arthur says, it's time to feel "gooder" again!

Arthur is 5-year old Madrona resident Arthur Conroy, who was diagnosed with autism in 2001. The group Friends of Arthur was formed by friends of Arthur's parents, Ned Conroy and Katrina Davis, to help defray the cost of Arthur's early intervention and in-home therapy. Suggested therapy and care costs more than \$25,000 a year and is the responsibility of his parents. We do what we can to ease their burden and this month that means inviting you all to come on down to the Showbox on May 19 for the Friends of Arthur Silent Auction and Raffle.

Aside from kickin' food, cool auction and raffle items like Mexican Getaways, iPods, MacMinis, beautiful wines, and priceless art, we'll have food beer, wine, and incredible entertainment. We are so excited to hear and see smoosh, Seattle's own teen sister indy rock sensation. Doors open at 6:30pm, smoosh plays at 9:00pm and all ages are welcome. Tickets are \$25 for adults and \$10 for kids 12 under. For more information go to www.friends-arthur.org. If you don't know smoosh, check them out at www.smoosh.com.

Madrona Computer pasteup

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Conrow Porcelain Summer Open Studio

Ginny Conrow, Madrona's own nationally recognized ceramic artist, will open her studio and garden for a show and sale on two June weekends. June 11 & 12 and June 18 & 19 Ginny's studio and garden will be open from 10:00am to 5:00pm and she invites the neighborhood to visit. She hopes everyone will enjoy her small backyard container garden, which was part of the Seattle Art Museum's Artists Garden Tour in 2001, and her newest ceramics pieces. Visitors can also get a glimpse of her working artist's studio in all its summer, clay-covered glory. If you've visited in December for the Holiday show when the studio is cleaned up and turned into a festive gallery it will be a whole different experience!

Soon after the open house, Ginny will set off for two California Arts festivals in August. She has also been invited to participate in "Lattice Structures," an international show for Crystalline potters in Kansas City in September. Her work has been featured in a number of new ceramics books, including John Britt's "The Complete Guide to High-Fired Glazes" and Robin Hopper's "Making Marks."

Ginny spent May and June of 2004 in Australia and Thailand, teaching workshops, visiting potters, and attending a conference in Australia. In June/July of 2006 she'll return to New Zealand and Australia to teach, and to Thailand and Cambodia to trek, travel, and visit village potteries.

Conrow Porcelain is in the Madrona business district, at 1429 34th Avenue. For more info, contact Ginny at 324-0734 or www.conrowporcelain.com

YMCA paste-up

Madrona Writer Captures “Lighthouse” History

“I don’t live very far from the Lighthouse,” says Madrona’s Junius Rochester, author of the new book *Seattle’s Best-Kept Secret: A History of the Lighthouse for the Blind, Inc.* “I’ve been passing it all my life. I knew there was some kind of organization in Rainier Valley available to people who are blind, Deaf-Blind, and partially sighted. Because of my research, it gave me an opportunity to get closer to the Lighthouse and learn about a new world.”

The Lighthouse for the Blind’s mission is to create and enhance opportunities for independence and self-sufficiency of people who are blind, Deaf-Blind, and blind with other disabilities. The Lighthouse provides an array of employment opportunities, training programs, and support services for people with visual disabilities. As the Lighthouse neared its ninetieth anniversary, the organization’s leaders decided to commission a book on Lighthouse history. Junius, the author of six books including the Madrona history *The Last Electric Trolley*, and regional historian commentator on KUOW FM, was a natural choice.

The book traces the evolution of this important organization from the early days of broom-making and chair-caning to the thriving manufacturing operation it is today. “We thought that we’d better get at it and put these things down while the material is still available and the people who remember the old days are still around,” Junius explains. “I had to educate myself about physical and mental disabilities. I found out not only the history of organizations like the Lighthouse, I also found that people with disabilities can do anything anyone else can so long as they have the right support systems and technology.”

To order *Seattle’s Best-Kept Secret*, call 1-800-799-0402 or visit www.lighthousestore.com.

Mutt Match-up answers: Thom & Rocky;
John & Hoover; Halley & Hunny

Celebrating Madrona Mayfair

By Ann Hollar, 33rd Avenue

Mark your calendars for May 21 for our annual Madrona Mayfair Celebration! Mayfair is a wonderful Madrona tradition where children parade down 34th on their decorated bicycles, tricycles, scooters, strollers, and wagons—it’s an event not to be missed! Other than the raffle, all Mayfair activities are free, thanks to the sponsorship of the Madrona Community Council.

Here are the details: at 10:00am kids and their parents meet at Al Larkins Park (34th & Pike) to decorate their wheeled transportation of choice, crepe paper will be provided along with other colorful decorating items donated by SoundWinds/Air Arts. At 10:30, Deano the Clown, Dee Dee Rainbow, Monad, and a Seattle firetruck will lead the parade down 34th Avenue to the Madrona Playfield. At the playfield, Deano the Clown will provide a wonderful show followed by games, pony rides, face painting, a bouncy toy enthusiastically sponsored by Izilla Toys, a balloon twister graciously sponsored by Epiphany School, and homemade goodies generously donated by your friends and neighbors. Mayfair goes on rain or shine but hope for sun, bring a picnic lunch to the playfield, and enjoy a fun-filled day with your Madrona neighbors.

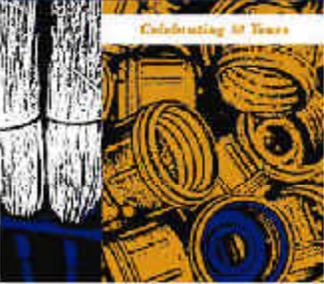
A raffle of incredible local delicacies will be held at 1:00pm, thanks to our generous Madrona merchants. What better breakfast, lunch, dinner, late night offerings can you get??? One buck buys you a chance at breakfast for two at the Hi-Spot, lunch for two at the Hi-Spot, dinner and drinks for two at the Madrona Ale House, dinner for two at the new Montlake Ale House, and cocktails and appetizers at St. Clouds! For other than your dining pleasure, we also have two Mariners tickets donated by Raul and Christine Mustellier, a very cool Frisbee from Izilla Toys, six free classes at BizzyBodies Yoga, and a photo shoot courtesy of Madrona photographer extraordinaire Megan Shethar. If aesthetics are more you, how about a chance to win a beautiful hand-embroidered purse donated by Apples and Grace,

something lovely for your home from décor on 34th, or a unique treasure from Flava. For just a leisurely day in the neighborhood, you could win a book of latte coupons or a t-shirt from Verite, a bundle of new books donated by our dear neighborhood Sally Goldmark Library, or an adorable suitcase filled with lots of adorable little animals from Madrona Moose. And if you’re still not enticed—how could you not be??)—how about the possibility of a 1-hour Nature Facial from Kismet Spa or, Kismet’s “Mom’s Time Out Package” that includes Aveda Herbal Tea, a leg and eyebrow wax, and a soothing leg and hand massage – ahhh! What an amazing group of local businesses!!

Now that you are for sure coming to Mayfair for the parade, the games, the goodies and the raffle, feel free to jump in and help where you see a need or bring some goodies for the baked goods table. For details, contact me at annhollar@msn.com.

See you at Mayfair!

FIND OUT SEATTLE'S BEST-KEPT SECRET TODAY!



The most remarkable story you've never heard!

For ninety years, Seattle has been home to a host of talented blind and Deaf-Blind people employed at the Lighthouse for the Blind, Inc.

Now, you can read about their journey in *Seattle's Best-Kept Secret* by local historian Junius Rochester.

Just \$18 for soft-cover and \$28 for hard-cover copies.

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Call 1-800-799-0402
Email sales@seattlelh.org
Visit www.lighthousestore.org

SEATTLE'S Best Kept SECRET
A History of The Lighthouse for the Blind, Inc.
Junius Rochester

Seattle Lighthouse
The Lighthouse for the Blind, Inc.

Pulling for Madison Park Barista

By Inga Scholz, West Seattle

I've always thought of myself as someone who had seen and experienced a lot after moving to the U.S. all by myself after high school graduation in Germany at the age of 19. I went to work as an au-pair for a Madrona family and six years later I'm still here...going for my master's degree in Business Administration. Even though I live in West Seattle now, I still come to Madrona & Madison Park almost daily to check up on "my kids". I just love this area!

Like most people, as I've grown up I have learned that everyone has to overcome bumps in his or her life but little did I realize how totally somebody's life can change completely in a heartbeat. And I don't mean a temporary change but something that will impact one's life forever!

On April 14, I learned of a most devastating accident. Nick Ensley, a barista at the Madison Park Starbucks, was critically injured in a drunk driving accident just a couple of minutes away from his own home. He crushed his C4 and C5 vertebrae, bruised his spinal cord, and is now (I hope temporarily) paralyzed from the chest down.

I'm not one of Nick's best friends, I only knew him from chatting with him at Starbucks. If you've ever grabbed a coffee there, you've probably noticed Nick too. When I heard about his



accident the first thing I thought about was trying to figure out how to help a person who truly needs it. I immediately went to see him at Harborview and when I entered the room, I barely recognized Nick because he just looked so exhausted. It broke my heart to see him in his hospital wheel chair. All I wanted to do was take his hand and go for a walk with him or tell him to get up and go make me a hot chocolate, like he used to! It just seems surreal that a young man who was about to graduate from the UW in Geology is now in the hospital, dealing with one of the most tragic injuries possible.

Nick spent about a month in the Neuro ICU and was finally transferred to rehab, where he undergoes unbelievably extensive treatment to learn how to use his body to his fullest abilities. Nick is an amazing guy! Despite his situation, he listed his favorite food on the hospital patient info chart as "Marlboros." He has run with the bulls in Spain, speaks German and Italian, has bungee jumped from the world's longest drop, and looks forward to finishing his geology field study.

Ever since the accident, my six-year old friend and former au-pair charge Evan and I have been asking for donations for Nick, mostly from friends and family. What we have collected so far will only cover a tiny fraction of his needs and so I am asking all of you to please help! Even small amounts add up. Donations can be made either at the Bank of America to the "Friends of Nick Ensley" account, or through his website www.NickEnsley.com, which also provides updates about his condition.

Also, Nick and his girlfriend Emily will soon need a new place to live as his current Madison Park apartment is not wheelchair accessible. They will need a reasonably priced 2-bedroom place that is wheelchair accessible and not too far from Harborview. Please contact Emily at e_lubinski@hotmail.com if you know of such a place. Thank you.

Trombold Law Office
paste-up

Madrona Nursery
paste-up

Madrona Neighborhood Cleanup Day

By Paige Smith, MLK Way

When I attended a recent Madrona Community Council meeting, I heard neighborhood residents expressing ideas to help clean up Madrona. Since it is the time of year when the sun is finally out and people are itching to get outside, I would like to invite everyone to join me in Madrona Cleanup Day! Let's get our parks and streets ready to enjoy for the summer. Come meet your neighbors and help give Madrona a good clean up!

We'll meet at 9:00 on June 18 at the Madrona Playfield shelterhouse and work in the playfield itself. Projects include:

- Sprucing up the playfield by pulling weeds, trimming greens, and cleaning the play equipment
- General trash pickup on the neighborhood streets
- Cleaning up the traffic circles

Refreshments and breakfast goodies—and all other supplies such as garbage bags, gloves, and lawn equipment, will be provided. We'll work until noon, or longer if we get in the groove. Come take pride in Madrona and help us keep the neighborhood clean for all to enjoy! If you have any questions or ideas, call me at 329-3368 or 617-821-4482. See you on then!

FORM Welcomes Rain & Sun

By Linda Hanson, Madrona Drive

Mix together an energetic combination of seasoned volunteers with a few new neighbors, dampen all with an April shower, and sweeten with a few rays of sunshine — and you have the great concoction created at FORM's (Friends of the Ravine in Madrona) first 2005 Ravine Revival work party.

Watch for the vivid flash of butterfly wings as you cross the Pedestrian Bridge. The Second Grades from The Bush School have been improving the ravine habitat for butterflies, and will then return towards the end of the month to release their colorful classroom-raised Painted Lady butterflies.

Please join our next Saturday work parties on May 21 and June 25. Both events will be held from 9:00 to noon, and we'll meet at the bus stop on Madrona Drive next to the Pine Street Pedestrian Bridge. Invite your friends and neighbors, and bring your favorite tools and gloves – we always have a good time. For more information, call me at 324-5554.



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Tips for Keeping Kids' Teeth Healthy

By Dr. Loren Tarr, Madrona Family Dental

Q: My 6-year old son grinds his teeth at night. We can hear him from the next room and you can see that his teeth are being worn down flat. Is there anything we can do to help him stop?

A: Tooth grinding, also known as bruxism, typically occurs during deep sleep. Nearly half of all children grind their teeth, and in most cases the grinding stops as more of the permanent teeth come in around age of 8 or 9. I have seen children who have ground their teeth down to nearly half size and stop the habit shortly after several permanent teeth have erupted. It is so prevalent that it is considered a natural part of development and very rarely requires action. But the sound, which has the uncanny ability to travel through walls and floors disturbing everybody except the bruxer, can be very disconcerting!

In adults, grinding or clenching of teeth is usually associated with stress. The same may be true for children so it may help to find an activity your child finds relaxing, like listening to quiet music, taking a warm bath, or reading, and make time for it before going to bed. It's hard to know for sure why the child is grinding. Experts speculate that some children grind because their top and bottom teeth are slightly out of alignment. By grinding, the child can smooth out the high spots and restore "even" contact. In some cases children with chronic ear infections grind their teeth to cope with the discomfort. If you feel any of these less common explanations may play a part in your son's bruxism, ask your dentist or physician to evaluate him. In very rare cases the dentist may fabricate a "night-guard," an acrylic appliance that looks like an athletic mouth-guard, to protect the teeth during sleep. We make these routinely for adults but it is very uncommon for a child to need one. If you have any further questions about this please feel free to email me at drtarr@w-link.net.

*Dentist
Paste-up*

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M A D R O N A

Community Bulletin Board



Neighborhood events are listed for FREE! Send your info to Kim & Christine (see back page).

- TUESDAYS** Cry Baby Movies, Columbia City Cinema, 721-3156, columbiacity@foxiinternet.com. Kids welcomed at first two shows.
- MONDAYS** St Clouds, Tom Bennett and the Rolling Blackouts, 20:30-23:00, Buegrassy Honky Tonk Hi-Jinks.
- WEDNESDAYS** Columbia City Farmer's Market, 15:00-19:00, 4801 Rainier Ave at S Edmunds
Piano Jazz at Dulces Latin Bistro, 18:30-21:00, Lisa Lanza plays
Adult Pick up Basketball, 20:00-22:00, Madrona K-8 gym, Steve Orser, steveorser@yahoo.com. Cover charge of \$3 goes to PTSA.
- THURSDAYS** Lisa Lanza Plays Jazz Piano, Dulces Latin Bistro, 18:30-21:00
AA/ALANON Meeting, 19:30, Epiphany Paris Great Hall, 38th & Denny, www.seattle-al-non.org
- FRIDAYS** Madrona/Leschi Citizens Against the War (MCAW) Vigil, 7:30-8:30, 23rd & Union, Kathy Barker, Kbarker@systemsbiology.org

- May 18** Homeless Cooking, 9:00-13:00, St. Clouds Restaurant, John Platt 726-1522
- May 19** Madrona Dining & Sipping Society Dinner, 18:30-21:30, contact Geoff Ruskin, 323-6410 or guskin@yahoo.com for location
Friends of Arthur Silent Auction, 18:30- 21:00, Showbox, Tickets \$25 for adults \$10 for kids 12. www.friends-arthur.org
- May 21** MayFair!!! 10:00-13:00, Parade from Al Larkin's Park to Madrona Playfield, Ann Hollar, annhollar@msn.com
Friends of Madrona Ravine Work party, 9:00-12:00, Linda Hanson, 322-5554. Meet at the bus stop at Madrona Drive & Pine St.
Madrona Woods Work Party! 10:00-14:00, 38th & Marion, Deirdre McCrary, jaymccrary@gbronline.com. Lunch provided.
Valley School Celebrates 20th Anniversary, 14:00-18:00, 30th Ave. S. & Valley St., 328-4475,
Girls Night Out for Preteen & Teen Girls, Bizzy Bodies Yoga, 19:00-20:00:00. \$14; preregistration required.
- May 26** Madrona's Own Junius Rochester Speaks at MOHAI. 19:00-20:00,"Lewis & Clark, Before and After"
East Precinct Crime Prevention Coalition. 18:30-20:30, Seattle Vocational Institute 2120 S. Jackson, Mary Williams 587-4950
- May 30** MEMORIAL DAY—Thank a vet!
- June 1** Seattle Public Library Summer Reading Program Starts, Sally Goldmark Library and other SPL branches
- June 2** Open Studio, Victoria Mackenzie Shelby, 15:00-18:00, 2912 E Cherry, 323-3630. Unique watercolor portraits in a working studio/living room gallery.
- June 3** St. Therese School Graduation, 10:00 Baccalaureate Mass, 11:00 Graduation Brunch, 19:00 Graduation ceremony.
- June 5** Free Jazz Concert at Seward Park, 12:00-13:00, featuring Washington Middle School Senior Jazz Band, Franklin Jazz Lab, & Garfield Jazz Ensemble. Rain venue: Rainier Valley Cultural Center, 3515 S Alaska St.
Art & Yoga Collide for 4-7 year olds), 15:00-16:15, Bizzy Bodies Yoga. \$15.00; preregistration required.
Madrona's own Ksenia Oustiugova's short film "Walking Past" at SIFF, 21:00-22:00, Egyptian Theater
- June 7** Madrona Community Council Meeting, 19:15-21:15, Madrona Playfield shelterhouse, Bill Hanson, 322-3450
- June 8** Madrona's own Ksenia Oustiugova's short film "Walking Past" at SIFF, 14:00-15:00, Broadway Performance Hall
Madrona K-8 PTSA Meeting, 18:30-20:30, Madrona K-8 Library, 252-3100
- June 10** St. Therese School Last Day!
- June 11** Conrow Porcelain Open House, 10:00-17:00, 1429 34th Ave., 324-0734 or www.conrowporcelain.com
- June 12** Conrow Porcelain Open House, 10:00-17:00, 1429 34th Ave., 324-0734 or www.conrowporcelain.com
Sports Yoga for Kids 8+, 15:00-16:00, Bizzy Bodies Yoga. \$14; preregistration required.
- June 13** 37th District Democrats membership meeting, 19:30-21:30, Central Area Senior Center, 500 30th Ave S, 722-4268
- June 15** Homeless Cooking, 9:00-13:00, St. Clouds Restaurant, John Platt 726-1522
- June 17** Epiphany School Last Day! 9:00 5th Grade Graduation
- June 18** Madrona Park and Neighborhood Clean Up, 9:00-12:00, Paige Smith, 329-3368 or paige_eg_smith@hotmail.com Meet at the Shelterhouse.
Madrona Woods Work Party! 10:00-14:00, Deirdre McCrary, jaymccrary@gbronline.com Meet at 38th and Marion; lunch provided.
Conrow Porcelain Open House, 10:00-17:00, 1429 34th Ave., 324-0734 or www.conrowporcelain.com
- June 19** Conrow Porcelain Open House, 10:00-17:00, 1429 34th Ave., 324-0734 or www.conrowporcelain.com
- June 21** Seattle Public Schools Last Day!

May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28	29	30		

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June 10, Next MADRONA NEWS DEADLINE

Article Submission: Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to kdh5027@aol.com and to production editor Christine Bender at christindb@conversation.com.

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Advertising: Contact Steve Orser at 423-1412 or steveorser@yahoo.com. Rates are on-line at www.madrona.us.

Mailing List Additions: Contact Kim Herber (see above).

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