

January/February 1995

Madrona NEWS

Newsletter Of The Madrona Community Council

Member of Seattle Community Council Federation

Notes from the President *by John Capps*

Happy New Year! I hope your holiday was peaceful and joyous.

As part of the Martin Luther King holiday, a wonderful event took place in Madrona and I had chance to share in it. Everyone first gathered at Madrona Presbyterian Church where we had soup and salad. We then lit candles and walked to St. Therese Church, singing "We Shall Overcome" and other spirituals. At St. Therese, dinner was served. After everyone was full, we again lit our candles and marched to Epiphany Parish for dessert. My spirit was uplifted by the warmth of the march, the fellowship expressed by the participants and the feeling of neighborhood. I don't know how many people took part, but the gym at St. Therese was packed. It was great event to experience. Martin Luther King, Jr. would have been proud of you all. What an excellent way to start the new year.

Explore Madrona Elementary Your Neighborhood School

by Susan Stocking, Site Council Representative

February 11, 1995 10:30 Am - 12:00 Noon

Madrona Community Council and Madrona Elementary PTSA invite you to **Explore Madrona School**. On February 11, 1995 we will host an informative and entertaining open house at Madrona school. All Madrona neighbors are encouraged to come and have a look at what is happening at Madrona School. We will present a student dramatic performance, student art show and a professional clown show for elementary and preschool children. We encourage you to take this opportunity to meet informally with the parents, teachers, and principal of Madrona School. We are fortunate to have resources such as parks, businesses, library and school in the heart of Madrona. Come and be part of your urban village. A representative from Seattle Public Schools Parent Information Center (PIC) we be available to answer questions and enroll students for the 1995-1996 school year. Be sure to bring an immunization record, birth certificate and verification of address if you would like to enroll your child.

Take A Look at Madrona Elementary Our Neighborhood School

by Jill Hearne, Principal

Our school program can provide your child with many rich opportunities not available in smaller schools.

Our school visitation hours will be every **Wednesday in January and February from 9:30-11:30 a.m.** For more information, call us at 281-6590.

For parents in Seattle it is time to think about the 1995-96 school year and where their children should go to school. We have made Madrona our first choice in our professional lives

Continued on page two



Come Join The Party

Celebrate Neighbor Appreciation Day

In celebration of community and in recognition of the profound value of good neighbors, Mayor Norm Rice has proclaimed **Saturday, February 11, to be NEIGHBOR APPRECIATION DAY**. So mark that Saturday as an explore-your-neighborhood-day, a special day to spend in the neighborhood, renewing old acquaintances and reaching out to new faces. At noon on February 11, immediately following the Madrona School Open House, your Madrona Community Council will host a Neighbor Appreciation Party at Madrona School as a way to mark the day and honor the spirit of neighborliness. **Mayor Rice will be joining us at noon** for the fun and special festivities. Share with others stories about your particular street and those wonderful people who live alongside you. Mix and mingle and meet some new friends. Learn about all the things that are happening in the community and find out how you can contribute. Bring canned or dried food for Northwest Harvest. Visit the Library, sit on the new bench and check out our neighborhood scene. Stroll the business district and visit the stores to see what "specials" there are to mark the day. So plan to attend the Madrona School Open House, followed by this celebration of our wonderful, diverse, delightful neighbors.

We invite you to use the special "Good Neighbor" insert in this newsletter to reach out to a new neighbor, to acknowledge a special person your block or to invite a neighbor to accompany you to the Neighbor Appreciation Day Party.

For more information call Shirley Solomon, 323-1524 or John Capps, 324-6847. (See additional articles on page 3 & 4)

Madrona's Street Tree Project

Madrona Community Council General Meeting

January 31, 1995, 7:30pm, Shelter House



The agenda for this meeting will include a general overview of the **Street Tree Project** currently being developed by the Madrona Community Council and will focus on a specific tree planting effort being undertaken in cooperation with Seattle City Light on 29th, 30th and 31st Avenues. A tree planting work party is planned for this Spring, and this is an opportunity to learn about the project and how you can help. We need neighborhood involvement and volunteers to make this a successful project.

Community Calendar



- Jan 31 Madrona Community Council**
7:30pm **Program Meeting** - Presentation and discussion of Tree Planting Project in west Madrona. Shelter House, 34th&Spring. Everyone Welcome!
- Feb 7 Madrona Community Council**
7:30pm **Working Meeting - Board and Committees**
Shelter House, 34th&Spring. Everyone Welcome!
- Feb 11 Explore Madrona School**
10:30a **Madrona School Open House** with performances, entertainment and other festivities. (See articles) Madrona School, 1121 33rd. Everyone Welcome!
- Feb 11 Neighbor Appreciation Day with Mayor Rice**
Noon **Join Mayor Rice and your neighbors** in celebrating Neighbor Appreciation Day, sponsored by your Madrona Community Council. (See articles) Madrona School, 33rd&Spring. Please join us!
- Mar 18- Spring Clean**
Apr 2 Volunteer clean up of public spaces. (See article)
- Apr 22 25th Anniversary of Earth Day**
Help Earth Work Seattle, a volunteer work party sponsored by Student Conservation Association, working in parks through the city. (See article)
- Jun 11 Fresca National Cycling Championship and Microsoft Grand Prix.** Planning for this event is starting now. Call Terri Spaccarotelli (329-3556) for more information or to volunteer. (See article)

Madrona School *Continued from page one*

and hope you will make Madrona your child's first choice. We believe we have a lot to be proud of at Madrona and we want to share our pride.

Our Top Notch Teaching Staff

This is recognized by our universities who regularly place student teachers with us. In addition, our staff members work with staff at other schools as "teachers of teachers."

Our Student Body

Our two programs, Accelerated Progress Program and Early Childhood Model, share resources and special activities such as art, field trips, overnights, physical education, music and computers.

Our Parents

We have a strong Parent-Teacher-Student Association and an active Site Council. Parents care about our school, volunteer regularly, and fund raise to supplement district resources.

Our Community

We are located in the heart of one of the oldest communities in Seattle. New buildings and businesses have created a renaissance in our Madrona area. We have the talent and diversity within our community to continue the renaissance with our school as well.

Madrona School Motto
One Community, One World
Learning and Growing Together

Spring Clean '95

From Seattle Neighborhood News

Spring Clean, when volunteers from all over Seattle organize to clean up public spaces, begins a month earlier this year. This year's event is planned for **Saturday, March 18 through Sunday, April 2**. The start of the event has been moved up to begin region-wide activities surrounding the twenty-fifth anniversary of EARTHDAY, the Next Generation. Make your commitment to the earth by making our city shine. Groups all over Seattle will be cleaning up litter and debris and painting out graffiti. It's easy to join the groups of volunteers working together to spruce up their neighborhoods' public areas. Here's how you can get involved:

Organize your team.

Team up with family, neighbors, friends, co-workers, or a community group.

Decide on a project.

Pick up litter in parks or vacant lots, on sidewalks or roadways; plant flowers or trees, paint out graffiti; collect reusable items and pass them along to those who can use them; or come up with your own idea for beautifying the public spaces in our neighborhood.

Register.

Call the Seattle Solid Waste Utility at 233-7187 and leave your name and address. The Utility will provide you with additional information and support, including bags and a Recycling and Disposal Station free pass.

Want more information?

For more information about Spring Clean '95, call David Hunter at the Solid Waste Utility at 684-4163. If you would like to help organize a team in Madrona, please call Jerry Arbes at 329-9329.



Earth Work Seattle April 22, 1995

Celebrate the 25th Anniversary of Earth Day by volunteering a day of labor to help our urban environment. Sponsored by the Student Conservation Association, **Earth Work Seattle will be a day of work and fun**. Over 2000 volunteers are expected to work revitalizing trails, planting trees, collecting litter, and restoring streams at 100 greenbelts, community centers, waterways and parks in the Seattle area. Earth Work Seattle is an opportunity to have fun with friends, family, neighbors and co-workers in the spirit of neighborhood/urban restoration and conservation. To register, as a team or as an individual, or to suggest a project site in your neighborhood, call Jaime Greene at 324-4649.

Minor Home Repair Services

Beginning January 3, 1995, Senior Services of Seattle/King County will coordinate minor home repair services for eligible low-income homeowners of any age, and people with disabilities living in Seattle. The new, centralized telephone number for the Seattle Consolidated Minor Home Repair Service is 448-5751.

How Neighbor Appreciation Day

Started by Judith Wood (From Seattle Neighborhood News)

The best thing about our Phinney Ridge home is the neighbors. When we began looking for a house in this neighborhood, our wish list included things like four bedrooms, view, yard, garage, etc. Surrogate grandparents and a community of friends were not on the list. This unexpected bonus is the single most important thing that makes us happy about where we live. Better than the zoo, nearby shops, or proximity to downtown.

The day we moved in, our next-door neighbor came over to discuss the use of our adjacent driveways. We had visions of a cantankerous old man who would drive us crazy. Instead, we have found him and his wife to be people with such generous hearts that they inspired Neighbor Appreciation Day. The friendship and help they have given us simply cannot be measured. Even a list of all they do would probably seem boring on paper. They care for our children, they give us food, they look after our house when we're gone, they help us with our garden, they loan us tools and other things. But this doesn't begin to describe it. Most importantly, they offer these things—freely, with no expectation of repayment. "Come over after supper and pick some cherries" . . . "Want me to wrap your pipes before it freezes tonight?" . . . "I went clam digging. Want to make some chowder?" . . . "Why don't I come over and sit with the babies while you take William to school?" . . . "Where should I plant these tomatoes I have for you?" . . . "Have you finished that jam yet? Do you need some more?"

Neighbors like these are very special and I can't pretend that there are thousands more like them. But they aren't our only good neighbors. There are the people who call to say they have a cake too big to eat by themselves(!). The gardeners who put out "extra" plants, free for the taking. The sympathetic person, years ahead of us in remodeling, who offered a whole day of help and spent it installing horrible insulation in a small, sloping closet; The mother of four who came in the middle of the night to care for our son when his little sisters were born. The woman who lived in our house for 20 years before moving across the street and shares old stories of the house and the neighborhood. The single mom who likes to take our girls out strolling when her own boys are with their dad. Even the neighborhood restaurant where they remember you every time, and might even hold a baby while you eat. And this list doesn't begin to cover it all.

When our twins were born six weeks early, people cooked for us, stayed with our son while we went for hospital visits, and offered lots of support and encouragement. The family that had planned to hold a neighborhood baby shower decided that they would also put together a work party to help us finish the new, much-needed, bedrooms. The neighborhood babysitting co-op members pooled their resources and donated enough points to us for over 30 hours of child care. Needless to say, we have learned to graciously accept all offers of help and to appreciate them to the fullest.

These are all the things I thought of when I proposed Neighbor Appreciation Day. I also thought that I must not be alone in having neighbors that sustain each other through good times and bad, with big and small expressions of support. I was frustrated that I never read about these people. Instead, the newspaper ran articles about "neighbors from hell" and told the stories of feuds, lawsuits, calls to the police, and other unfriendly acts. I decided that a special day would be a good

way to get people thinking about the goodness in their own neighbors, and maybe inspire us all to be better neighbors ourselves. So I wrote a letter to Mayor Rice and, as a result, he has proclaimed February 11 to be Neighbor Appreciation Day.

As I have talked to people about my idea, I've learned that I'm not the only one with great neighbors. One person even got into a bit of a competition about whether my neighbors could really be better than hers! The idea has reminded several people of childhood May Day traditions. People have told stories of neighbors who introduced themselves with plates of holiday cookies, saying "I know you haven't had any time to bake," neighbors who hosted an open house so everyone could meet the new person on the block, and of course, there are always the "borrowed" eggs.

I'm fortunate also to have the Phinney Neighborhood Association, a group that makes a small town of a big-city neighborhood. It is wonderful to have a place to go for all sorts of events designed to bring neighbors together and enhance our quality of life in the city. This and other groups like Block Watch, the babysitting co-op, and even the annual block party create a web of networks among us that foster a special sense of belonging. We are here, living together, and that is what makes us neighbors.

I've already begun planning what I could do to celebrate Neighbor Appreciation Day. Maybe a party, maybe cards, maybe cookies, maybe special awards of some kind. Whatever I do, it will mean a huge "thank you!" to all the people that make me glad to be where I am, among caring, giving neighbors. I hope it will also be a rededication to reach out and become the kind of neighbor for which I feel so appreciative.

Editor's Note: While this heartwarming story is about neighbors on Phinney Ridge, it could be told time and again about our neighbors here in Madrona. Come celebrate Neighbor Appreciation Day on February 11 at noon at Madrona School, and then greet you neighbors, thank your neighbors that afternoon, or invite them to dinner that evening.

City of Seattle • Office of the Mayor

PROCLAMATION

WHEREAS, Seattle is proud to be a city composed of distinct and unique neighborhoods; and

WHEREAS, it is caring neighbors who make the city work, making Seattle a model community for the rest of the nation and one of the most livable cities in the world; and

WHEREAS, caring neighbors provide the friendship, security, and the occasional cup of sugar that sustain a sense of community; and

WHEREAS, good neighbors should be recognized where they are known and sought out where they are not;

NOW, THEREFORE, I, NORMAN B. RICE, Mayor of the City of Seattle, do hereby proclaim Saturday, February 11, 1995, to be

NEIGHBOR APPRECIATION DAY

as a time to reach out to our neighbors — to create new bonds and to express our thanks for our neighbors' place in our lives; and I encourage all neighbors, including businesses and institutions, to make special efforts on that day to become better acquainted and support one another; and further,

I direct City departments to do extra outreach for programs such as Recreation Advisory Councils, Adopt-a-Park, Adopt-a-Street, Graffiti Busters, Tree Stewards, Block Watch, Neighborhood Planning, the Neighborhood Matching Fund, and other opportunities for neighborhoods to be of assistance; and

I challenge neighborhood organizations and the media to find ways to celebrate the day, recognize special neighbors, and provide opportunities for interaction.



Norman B. Rice
Mayor



Our Community Bulletin Board

Come check out Everybody's Fitness Center, just west of Martin Luther King Way on Jackson Street...it's friendly, affordable and fun...and it's in our neighborhood. Turn that winter flab into muscle in 1995! Call 324-6062 for more information

Thanks to Jim Corcoran, Madrona School parent, for coordinating the replacement of the plastic cover on the reader board at Madrona School that was damaged by graffiti. Your Madrona Community Council donated the cost of the replacement to Madrona School.

Thank you to Carol Houston at Carol's Essentials for displaying and selling the Madrona Mug and T-shirts during the holiday season. All proceeds from the sales benefit the projects of the Madrona Community Council...and remember with Valentine's Day just around the corner, a Madrona mug may be the perfect gift for your sweetheart...and check out all the other gift ideas at Carol's Essentials.

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Opening doors in the Madrona neighborhood...

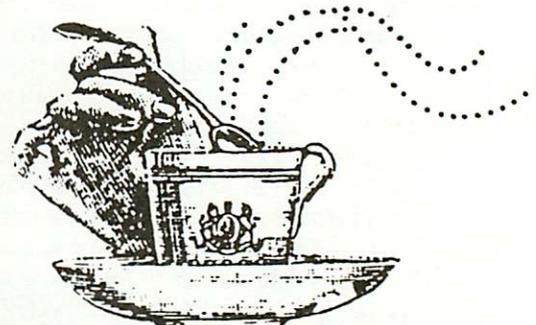
Christina Lorenz
Susan Stocking
324-0000

Windermere
Windermere Real Estate/Northwest, Inc.
Madison Park Office

Creative Students Wanted At Coyote Jr. High

Do you know a curious, bright, active and/or creative 10-14 year old that would be stimulated working directly with an artist in his/her studio? Or one who can't get enough of science experimenting and fiddling with the "mysteries" of everyday life; who would like the answers to how water can hang upside down or travel up a glass? Or the kid who would like to work with an architect to build a piece of furniture from their own design? How about a kid who wants to work side-by-side with "heavies" in the 5th largest software company in America learning and experimenting with the latest in desktop publishing? Or the kids who like to sing, dance, debate, design model cars, or write the great American novel?

Coyote Jr. High, a "school without walls" is looking for those kids. As a non-profit, After School Program, Coyote is designed to supplement and enrich the academic work of students in 5th to 9th grades. Courses are held weekdays and weekends in the Capitol Hill, Madrona, Madison Park, Central Area, and Pioneer Square neighborhoods. Winter quarter begins January 23rd. For further information about winter courses or to be put on the mailing list, please call 323-7276.



you woke up and
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DINNER!

tue-sat 5:30-9:30

Hi-Spot Cafe
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Neighbor Appreciation Day

Hi, I'm _____

Your neighbor at _____

Thank You for being a Good Madrona Neighbor
Thank you for:



Your work to make this a better community



Your care of your yard and home



Your thoughtfulness and help



Please come with me to
the Neighbor Appreciation
Day Celebration on

February 11, Noon
at Madrona
School

February 11 . . . and Everyday

You can use this card to introduce yourself to a new neighbor, to thank a long term neighbor or invite your neighbor to come with you to the Neighbor Appreciation Day Celebration . You can present it in person, hang it on their door, or attach it to a plate of homemade cookies or a bunch of spring flowers.



MADRONA COMMUNITY COUNCIL



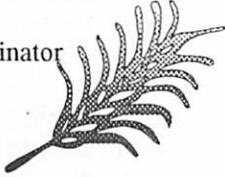
Some Ways to Be a Good Neighbor

If you live in Seattle you'll find plenty of opportunities to volunteer to improve your neighborhood. Following are some of the programs offered by the City.

Adopt-a-Park

Dept. of Parks and Recreation

Christine Gallegos,
Adopt-a-Park Coordinator
100 Dexter Ave. N
Seattle WA 98119
684-4557



Adopt-a-Park can help your group do a maintenance or an improvement project in a Seattle park, such as litter control, beautification, vandalism monitoring, trail and playground rehabilitation, bench and tree donations, or beach cleanups.

Adopt-a-Street

Solid Waste Utility, Engineering Dept.

Conrad Lee, Manager
710 2nd Ave.,
505 Dexter Horton Bldg.
Seattle WA 98104
684-7647



Through Adopt-a-Street, your group can adopt a one-mile stretch of street, on which you will pick up litter at least four times a year, plus do special projects like graffiti paint-outs as you choose.

Block Watch

Police Dept.

610 3rd Ave.
Seattle WA 98104
684-7555



Contact to get in touch with or to organize your neighborhood's Block Watch for crime prevention.

Graffiti Program

Solid Waste Utility, Engineering Dept.

Denise Andrews,
Graffiti Coordinator
710 2nd Ave.,
505 Dexter Horton Bldg.
Seattle WA 98104
233-7246



The Graffiti Coordinator can help your organization organize a paint-out or find funding for anti-graffiti projects. To report graffiti or illegal dumping, leave a message with the City's Graffiti Hotline at 684-PKUP.

Neighborhood Matching Fund

Dept. of Neighborhoods

Bernie Matsuno, Coordinator
700 3rd Ave.,
400 Arctic Bldg.
Seattle WA 98104
684-0464



Pick up or call for information about how to apply to the Neighborhood Matching Fund for cash awards for neighborhood-based self-help projects.

Neighborhood Planning Office

Office of the Mayor

Karna Ruder, Director



At the time of publication, the newly-conceived not-yet-formed Neighborhood Planning Office does not yet have a phone number or location. For information, call the Dept. of Neighborhoods at 684-0464.

P-Patch Program

Dept. of Housing and Human Services

Barbara Donette, Program Manager
618 2nd Ave.
Seattle WA 98104
684-0264



Call for information or to get an application to participate in community gardening in your neighborhood.

Recreation Advisory Councils

Dept. of Parks and Recreation

Call your local Community Center (listed in the phone book's Blue Pages) to find out how to get involved with its Recreation Advisory Council.



Spring Clean

(Seattle's Cleanup of Public Spaces)

Solid Waste Utility, Engineering Dept.

David Hunter,
Anti-Litter Coordinator
710 2nd Ave., 505 Dexter Horton Bldg.
Seattle WA 98104
684-4163



The Anti-Litter Coordinator can give you information on how to participate in the annual Spring Clean cleanup of Seattle's public spaces.

Tree Stewards

Engineering Dept.

Liz Ellis, Program
Coordinator
600 4th Ave., 410 Municipal Bldg.
Seattle WA 98104
684-5008



The Program trains volunteers to help the City care for trees growing along streets, in parks, greenbelts, and in other public spaces; in turn, Tree Stewards work with neighbors and existing organizations to teach others about Seattle's urban forest, plan and implement tree planting and care projects, and serve as tree information resource people.

Of course there are many community-based organizations and projects through which you can contribute to your neighborhood. A good place to start is with the Madrona Community Council, Madrona School or other local schools, local churches, or other neighborhood organizations working for the arts, recreation, environment, history, etc. The Madrona Community Council has several projects that you can help with including the Beach Enhancement Project, the Tree Planing Project, the Madrona History Project, the National Bike Race, MayFair, and many more. Or you can volunteer your time tutoring at Madrona School, participate in the School Site Council, or make a special effort to visit the seniors living in our neighborhood. Your interest and involvement in being a Good Neighbor is welcome in whatever way you wish to help.

Dance Scholarships Available At Spectrum Dance Theater *by Jeanne Iannucci*

In keeping with our motto, "DANCE IS FOR EVERY-ONE!" Spectrum Dance Theater invites children 2 through 18 years old to apply for dance scholarships. Made possible by private donations, the scholarships are available to children of all backgrounds without regard to previous dance experience, and are awarded on the basis of financial need. Scholarship recipients will receive from one to two classes per week in jazz, tap, ballet, or creative dance and will be placed according to interest, age and experience level.

Spectrum Dance Theater is located right here in the neighborhood at the Madrona Dance Studio in Madrona Park. Founded on the belief that dance is not limited by age, creed, race, body type, or by steps and artistic ideas, Spectrum's professional performing company is known for presenting jazz dance of the highest quality to all ages and audiences. Spectrum believes that dance can be especially beneficial for children in today's society. Learning the discipline of dance builds their coordination, confidence and self-esteem. Dance is also an art form that gives kids a high-energy way to express their sometimes gentle, sometimes explosive, feelings.

Interested children or their parents are encouraged to call Paula Peters at Spectrum Dance Theater at 325-4161 for further information, or visit the studio at 800 Lake Washington Boulevard South.

Basket Classes In Madrona

Local basket weaver Karen Kaushansky will be teaching basket classes in the neighborhood. Karen has been weaving for the past number of years and was one of the artists at the First Madrona Crafts Fair last year. Her baskets are made from a variety of natural materials, some gathered right around the Madrona area.

Sunday, January 29th, 12-3pm: The Basic Twining class. This is a very valuable one for learning the techniques for almost any basket. The class will work with reed materials and learn more about translating that to local flora. Class fee is \$25.

Saturday, February 11th and 25th, 9:30 - Noon: A two part class in Plaiting and Twill Baskets. The first week will focus on learning this lovely pattern design and the next session will take that pattern and turn it into a useful and attractive basket. Class fee is \$35.

Class size is limited to 8 people. Registration and a \$10 deposit is requested 2 weeks prior to the class. Contact Karen Kaushansky 329-9454.

Bush School Evening Course Program

Be on the lookout later this month for a copy of *Bush School's Evening Course Program* catalog. The winter course series includes 75 unique courses open to everyone. The majority of classes will be held during a six-week period from Feb 23-Mar 31. Tuition ranges from \$20 to \$55. Most classes will be located on the Bush campus. Whether you're interested in the Internet, gardening, knitting, home remodeling or salsa dancing, there is always a course for you!. For a catalog or more information, call coordinator Katesy Townsend at 326-7775, e-mail <info@helen.bush.edu>, or check Bush's site on the World Wide Web for an electronic mail version. Proceeds benefit the Bush School Scholarship Fund.

Neighbors Helping Neighbors An Intergenerational Approach

Remember when neighbors helped each other? Mutual Partnerships Coalition (MPC) is working to make that happen again in our neighborhoods.

In every neighborhood there are people who are involved in the life of the community and people who are isolated from it. Frail elderly are often among those who are most isolated, yet they have so much to give: wisdom, stories, a smile, a supportive word, a love of sewing, reading, music, sports and many other interests and skills.

Many youth in our communities feel isolated too. Today, few young people experience regular visits with caring older adults. Youth can bring energy and hope to the elderly and can help with household tasks. Elders, in turn, can provide a friendly ear, a fresh perspective and shared interests. As a result, many supportive relationships can emerge.

Mutual Partnerships Coalition brings together isolated people of all generations so they can share their natural gifts and capacities. Coalition staff are matching seniors and youth, and seniors with other seniors.

In order to build more connections between people in this neighborhood, four MPC staff will be going door to door from mid-February through the end of April 1995. Staff members will be telling residents about the activities of MPC, and getting to know people and their interests and skills in order to assist people in making connections with their neighbors, and with their local community.

Another MPC goal is working with health and social service agencies to promote a focus on people's abilities, rather than on their deficits, to see people as active participants in their care rather than as clients. MPC staff members are available to make presentations to interested groups.

The project is funded in part by a grant from the W.K. Kellogg Foundation and is working in Central Seattle, Southeast Seattle, Capitol Hill and First Hill.

Partners in the Coalition include Seattle Housing Authority, Senior Services of Seattle/King County, United in Outreach, Central Area Motivation Program/Rites of Passage Experience, Group Health Cooperative, and seniors and youth from the communities.

For more information on how to become involved, please call Karen Hulbert, Community Specialist at Gideon Mathews Gardens, 443-6154.

U.S. Cycling Championships Returning to Madrona

They're back! Mark Sunday, June 11 on your calendars and get ready for the 1995 Fresca National Championships.

The Microsoft Grand Prix will, for the second consecutive year, pass through Madrona 18 times over the course of the day as 300 Olympic caliber cyclists vie for the title of U.S. Cycling Federation National Champion.

Madrona festivities are now in the planning stages. If you have ideas for race-day activities or want to help with this great family event, please call Terry Spaccarotelli, 329-3556.



CAROL'S ESSENTIALS

UNIQUE ETHNIC GIFT SHOP
BOOKS, SARAH'S ATTIC, CARDS, SCENTS, AVON
AND SPECIAL VALENTINE TREATS!

MADRONA MUGS & T-SHIRTS AVAILABLE!

(Proceeds Benefit Madrona Community Council)

SAT-SUN: 11-4PM TUES-FRI: 11-6PM
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Seattle, WA 98122
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THERAPEUTIC MASSAGE IS CLOSE TO HOME

TAKE MASSAGE OFF YOUR LIST OF LUXURY ITEMS AND ADD IT TO
YOUR LIST OF PREVENTATIVE AND CURATIVE HEALTH CARE

- STRENGTHEN YOUR IMMUNE SYSTEM
- TAKE THE BURDENS OF THE WORLD OFF YOUR BACK
- AS WELL AS PROVIDE YOURSELF WITH A GENTLE AND
NUTURING YET ENERGY ENHANCING PHYSICAL THERAPY

THINK OF AN HOUR OF MASSAGE AS AN HOUR
THAT WILL LAST FOR DAYS OR WEEKS

MY OFFICE IS CONVENIENTLY LOCATED IN MADRONA
JUST MINUTES FROM ALL CORNERS OF THE NEIGHBORHOOD.

AMANDA SARGENT LMP



323-5356



Valentine's Day is Coming?

Visit our Madrona businesses for special treats for that special someone close to you...Enjoy special menus at our Madrona neighborhood restaurants, Hi-Spot, Cool Hand Lukes, or Cafe Soliel (with a wonderful Valentine set menu)...Arrange for a private catered affair from Simply Elegant...Indulge in chocolate treats from Plenty including Fran's Chocolates and Euphoria Truffles...and find the perfect Valentine gift at Carol's Essentials including your own Madrona mug (benefiting the Madrona Community Council).

Thanks For Your Support

Kudos goes to the following newsletter supporters who contributed in November and December:

S. Bell, Kevin Cottongim, Ruth Baetz, Suzanne Sheppard & James Melillo, Mary Newell, Clyde & Dolores Jones, Donald & Constance Pious, Deborah Raible & Kevin Brooks Clark, Pamela Sheets & Frank Bosl, Caroline Feiss & Gordon Davidson, Betty Evans, Jane King, Philipp Aldridge, John & Joanna Taylor, Hilda Guttmann, Maxine & Tamara Garrett, Junius Rochester, Mrs. Percy C. Burnham, Maria West, Margaret & Burt Waldo, Billie Young, Lonnie Levitt & Chuck Cowan, Constance & Arlington Carter, Ginny Larkins, Barbara & Harry Patton, Richard & Doris Carlson, Dorothy Young Sale & Roger Sale, Harriett M. Cody & Harvey Sadis, Mary Kenny, Arnold & Dorothy Grant Jr., Ann Lennartz, Deirdre & Jay McCrary III, Elizabeth W. Cressey, Lonnie Levitt & Chuck Cowan, Edith Rosencrantz, Judith R. Starbuck & Peter Greeneld, Lis Soldano & Kent Hamilton, Janet Gilmore, John & Wendy Crocker.

All of us in Madrona who benefit from and enjoy the newsletter, thank each of you for your generous donations and support.

The individuals listed above are an inspiration for us all to do something positive for our community. If you would like to assist the work of the Madrona Community Council through a donation to the newsletter fund please complete the form below and send in your donation today **THANK YOU!**

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I will support the Madrona Community Council Newsletter by:

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Please cut out the completed form and send to:
Madrona Community Council Treasurer - Newsletter Fund
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Come Join Us!

Explore Madrona School

Open House, Performances, Enrollment

Saturday, February 11, 10:30-Noon

Madrona Elementary School



Neighbor Appreciation Day

Explore Your Neighborhood

Meet Your Neighbors

Presentations, Refreshments

Special Guest Mayor Norm Rice

Saturday, February 11, Noon

Madrona Elementary School



Everyone Welcome!

SEATTLE COMMUNITY COUNCIL FEDERATION
2511 West Montlake Place East Seattle, WA 98112

NEWS Madrona

Newsletter Of The Madrona Community Council

The Madrona Newsletter is published monthly except during the summer months and December. Send news articles, items for the community bulletin board, neighborly notes, additions to the mailing list and changes of address to Newsletter Editor, 1122 36th Ave, Seattle 98122, 329-9329. The deadline is the first Saturday after the Board meeting. Call Susan Roberts (329-7322) regarding advertising. Everyone is invited and encouraged to attend the meetings of the Community Council which are held the first and the last Tuesdays of the month at 7:30 in the Shelter House at the Madrona Playfield. Please call your neighborhood representatives if you have questions or would like to become involved in the Community Council.

- | | |
|--------------------|-------------------------------|
| President | John Capps, 324-6847 |
| Northwest Quadrant | Orlando Nuckols, 328-0795 |
| Northeast Quadrant | Barbara Stenson, 324-9215 |
| Southwest Quadrant | <i>Volunteer Needed</i> |
| Southeast Quadrant | Terri Spaccarotelli, 329-3556 |



♥ Happy Valentine's Day ♥

Valentine Gift Ideas

Madrona Mugs
\$10 each
4 for \$35



Madrona T-Shirts
Adult Sizes \$12
Kids Sizes \$10

Available at Carols Essentials
1411 34th Avenue, 322-9390

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