

# M A D R O N A

Summer 2007  
Issue No. 196

N E W S  
W W W . M A D R O N A . U S

## Mad Cap Farmer's Market Brings Freshness to Madrona

It has only been open since May 4, but the Madison/Capitol Hill (Mad Cap) Farmers Market is already becoming a Must Stop for Friday afternoon shoppers. Currently some thirty vendors set up canopies in the parking lot of Grocery Outlet to sell their produce, hand-made food items, flowers, and crafts. Our cool spring has delayed the harvest of some local fruit and veggies but once the sun comes out and more crops ripen, market vendors will fill Madrona will delicious delicacies from local farmers,



The Map Cap market operated at Mount Zion Baptist Church for the past two years. Market organizers decided to move it to Madrona thanks to the invitation and support of Grocery Outlet co-owner Steve Mullen. His expects the market to benefit Madrona by bringing more shoppers into the neighborhood, and making fresh produce available a short walk from home.

The market runs every Friday from 3:00pm to 7:00pm through September 28. If it's successful, market organizers will consider making it year-round. Keep your green fingers crossed!



## MCC President's Corner

First and foremost, a very large thank you to Paige Smith for organizing an amazing Mayfair event!! There were over 500 people in attendance, a record, I'm sure. Paige worked many hours to coordinate volunteers and line-up sponsors to make this event special. On behalf of our community—we thank you!

There were about 16 people at the June Madrona Community Council (MCC) meeting. This was our last meeting before summer break. We'll resume our meetings

*By Laura Yurdin, 32<sup>nd</sup> Avenue*

in September on the first Tuesday, September 4.

Valerie Garrett-Turner provided an update on the closure and renovation of the Sally Goldmark library (see related story on page 4). It will be closed through late January and Valerie reminds us that holds will be sent to the Douglas Truth Library, unless other arrangements are made. We were relieved to hear that the annual Madrona BBQ will happen on July 21,

*(continued on page 2)*

## Mayfair ROCKS Madrona

*By Paige Smith, MLK Jr Way*

Mayfair was overwhelmingly awesome thanks to all the wonderful sponsors, volunteers, and most of all YOU who attended, it was a record year! I remember looking out at the parade when the fire truck

passed and not being able to see the end of the crowd marching down 34<sup>th</sup> toward Madrona Playfield. We could not have asked for



a more perfect day to gather at the park. It was fun to watch the action as kids ran around enjoying the bouncy house, pony rides, face painting, clown and puppet shows - so much to do! We hope to add even more fun to the event next year. I just love our community! Thanks for coming and making it a special day.

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## Mayfair.. (cont'd from page 1)

I wanted to thank the many people that helped pull Mayfair off this year. A special thanks to Karen Sampson Liu who did all the fundraising and all the publicity—a huge job! Thanks to our sponsors: All Purpose Pizza, St. Therese School, Law Offices of Kevin Trombold, Epiphany School, Kismet, Grocery Outlet, Benjamin Chotzen-Realtor, Verite, Madrona Family Dental, Harry Leavitt, and Izilla Toys.

BIG thanks to all our volunteers: Joe Gast, Ann Hollar, Steve Orser, Heath Foster, Beth Munro, Ellen Eskenazi, Monad, Dee Dee Rainbow, Deano the Clown, Seattle Police and Fire Department, students from Lake Washington Girls School and St. Therese, Averil Rothrock, Leslie Rugaberger, Al Snyder, Laurel Sailman, Jules, Irene Basloe, Maggie Brooks, Caroline Zelonka, Nguyet Gladney, Sarah Bryar, Kim Herber, Jennifer Durrie, Brad Smith, Aloria Mercer, Carolyn Gracz, Laura Yurdin, Penelope West, Craig Vierling, Kirsten Rooks, all our bake sale goodie bakers (YUM), and the many others that helped throughout the day.

Check out the photos on page 11 and I'll see you at the BBQ in July!

## CoRRRECCIONS

Amara Parenting holds its free adoption information meetings on the second—not the first—Tuesday of every month in their office at 34<sup>th</sup> Avenue and E. Union.

## MCC President's Corner (cont'd from page 1)

thanks to organizers Jason Malone and Jon Hughes. Tom and Diane Flood presented their proposal for developing the Madrona Auto site at the corner of 34<sup>th</sup> and Pike. Plans call for several townhouses with street-level retail space, and Tom shared three preliminary conceptual designs. The structure is being designed to meet very strict “green building standards” that include using solar power, rain water, and a “green” roof (see related story on page 3). There will be a design review on July 18, although the exact location and time are not yet available. Regarding the other development project the Floods are involved in, there is no additional update at this time regarding the zoning change request for the block of 33<sup>rd</sup> Avenue across from Madrona K-8.

It's not the end of a calendar year but it is the end of a “MCC season” as we don't meet again until September and it makes me reflect a bit. A lot has happened this “year”. We have welcomed new neighbors, new businesses, new ideas and new challenges into our community. It has been a great experience for me personally to be a part of the MCC and this great neighborhood. I want to thank you for expressing your interest in our neighborhood this year—by coming to an MCC meeting, by sending the MCC email about something important to you, by volunteering to help at an event, or by making a donation to a Madrona cause.

If you are interested in being involved, we hope to see you September 4, at 7:15pm at the shelterhouse in the Madrona Playfield. Until then, I hope you have a great summer and enjoy all that Madrona and Seattle have to offer.

## 2007 Madrona Neighborhood Events

Thanks to Jon Hughes and Jason Malone for heading up the summer BBQ! Now all they need is YOUR help!

- |                      |  |
|----------------------|--|
| <b>Jan</b>           | Ecumenical Martin Luther King Celebration— <i>Jan 14</i><br>Epiphany Parish  |
| <b>Feb/<br/>Mar</b>  | Neighbor Appreciation Day— <i>March 24</i><br>Mark Melroy  |
| <b>April</b>         | Community Garage Sale— <i>April 28</i><br>Kim Herber   |
| <b>May</b>           | Madrona Blossoms Flower Baskets— <i>May 15</i><br>Marie Doyle<br>Mayfair Parade & Carnival— <i>May 19</i><br>Paige Smith                           |
| <b>July/<br/>Aug</b> | Madrona BBQ Festival— <i>July 21</i><br><i>Jason Malone (425) 753-9196</i><br><i>Jon Hughes 325-2489</i>   |
| <b>Sept</b>          | Neighborhood Cleanup Day<br><i>Didi Burpee 328-4739—September 9</i><br>Madrona Community Council Officer Elections<br><i>Laura Yurdin 320-8693</i> |
| <b>Oct</b>           | Kids' Halloween Party - <i>October 31</i><br><i>Karen Sampson Liu 323-0630</i>   |
| <b>Nov</b>           | Winter Greens & Holiday Lights<br><i>Marie Doyle 323-6128</i>  |
| <b>Dec</b>           | Christmas Ships & Bonfire at Madrona Beach<br><i>Seeking Coordinator</i>   |

NEW

To get involved, contact event coordinator or MCC VP of Events Paige Smith at 329-3368 or [paigeinmadrona@hotmail.com](mailto:paigeinmadrona@hotmail.com)

## Scooter and Ken

## Family Cleans up Madrona Beach

By Nikki Lundin, 38th Avenue

In the summertime, our family goes to Madrona Beach on the shore of Lake Washington almost every day. My husband and I love to swim, and our daughter loves to play in the sand.

We were at the beach on a hot Thursday afternoon a few days before Memorial Day weekend, and I couldn't believe the amount of trash. There were candy wrappers, plastic cups, and cigarette butts everywhere and all within reach of my 2½ year old —YIKES!! So I decided to take action. I sent an email to the Madrona Moms about the condition of the beach and asked everyone to help pitch in and spend a day cleaning it up. I scheduled the beach clean-up for the Sunday of Memorial Day weekend.

Unfortunately, the turn-out for the beach clean-up was much less than I expected. Maybe it was because it was a holiday weekend, or because it was rainy but the only people that came to help were my husband Hans and daughter Bode. The good thing was...we picked up TWO full bags of garage! The bad thing was.... WE picked up two bags of garbage! I wish we could have come out as a



neighborhood and collected more trash. Even so, the beach did look a lot better when the three of us left.

In the future, if you frequent the beach (or the park or any public place), look around and pick up some trash—EVEN IF IT'S NOT YOURS!!! This is our beach so let's keep it clean.

*Michael's Cucina  
paste-up*

## Madrona Auto Site to be Developed

By Tom Flood, 33rd Avenue

At the June Madrona Community Council meeting, Susan Jones of atelierjones architecture, and I presented three different options for our planned development on the former Madrona Auto site at the corner of 34th Ave. and E. Pike St.

We are proposing to build seven 1600-sq ft townhouses. Each unit will be three stories tall with about 600-sq ft of retail space on the first floor. We aim to create a pedestrian friendly retail façade at street level while offering private living spaces above. The structures will integrate with the architecture and flavor of the neighborhood.



The two upper floors of each unit will be a 2-bedroom, 1.5-bath loft-style flat with an open and flexible floor plan. The living space will connect to the retail space, and each unit will have a combination vegetative (aka green) roof and rooftop deck accessible from the interior. Off-street parking will be located in an interior courtyard.

Sustainability is a major driver for the project and we will be pushing the City's capacity for green building opportunities in a mixed-use urban development of this size. Thoughtful and energy efficient design strategies in addition to rainwater harvesting, on-site greywater treatment, solar electric generation, and extensive and innovative landscaping are features of the project. We are striving to create a living sculpture that enhances the conventions of community and urban living possibilities in Seattle.

The Early Design Review meeting with the City's Department of Planning and Development will be held July 18. Location and meeting time are yet to be determined so contact me at [doolfmot@comcast.net](mailto:doolfmot@comcast.net) or visit [www.seattle.gov/dpd/About/GotaQuestion/](http://www.seattle.gov/dpd/About/GotaQuestion/) for details.

Because construction is still a ways off, we are glad to have Jon Hughes' City Life Real Estate office as our new neighbor in the old Madrona Auto building. His small boutique real estate brokerage caters to residential real estate buyers and sellers looking for all-around local service, including legal expertise. Jon and his wife Alix moved to Madrona in 1995 and he practiced law from an office in Madrona until a career change to real estate two years ago. City Life Real Estate offers Multiple Listing Service access, plus remodeling, real estate financing, and legal expertise.

Having an office in the Madrona business district provides ultimate exposure for Madrona listings. "Being an independent brokerage gives us more say in how we market real estate, handle transactions, and serve our clients," says Jon. "We also take advantage of technology and forward information to our clients electronically, saving a few trees in the process."

Jon invites all of Madrona to an Open House celebration at his new City Life Real Estate office on June 28 from 5:00 to 7:00pm. There will be entertainment, food and beverages, and activities for the kids. For more info, contact Jon at 325-2589, or [jon@goCityLife.com](mailto:jon@goCityLife.com) or just stop in and say HI!

## Summer BBQ Festival Set for July 21

By Jason Malone, 32<sup>nd</sup> Avenue

It's time again for the annual Madrona BBQ Festival! Now in its 9<sup>th</sup> year, the festival promises food and fun for people of all ages. Get your taste buds ready, grab your best sun hat (I hope you'll need it), and head to the Madrona Playfield on July 21 from 1:00pm to 5:00pm. There's no better way to celebrate a perfect Northwest summer day than with this annual tradition.

What's it all about? Well, the idea of the festival is to bring people of all stripes together for one simple goal: to have fun together here in The Peaceable Kingdom. Whether you are new to the neighborhood or are a member of the many long-established Madrona families, you are in for a treat. Entrance to the festival is FREE, so bring the whole family on down to mingle with the neighbors.

What kind of things will there be to do? St. Cloud's restaurant is again sponsoring the entertainment stage and throughout the day there will be a variety of live music performed by local musicians. We'll have a variety of activities for the kids, including games and crafts. A fabulous raffle will give you a chance to win one—or more—of the dozens of goodies donated by Madrona businesses. Everyone loves what has been called the "Greatest Cake Walk in the Northwest"; last year it was so big we had to have two circles and twice as many cakes. We promise a fun and entertaining afternoon all around!

Should I bring my BBQ grill? Sorry, fires are not allowed in the Madrona Playfield without a permit so you can't grill your own. But festival attendees will find a choice of tasty meals and snacks available for purchase. For the BBQ lovers there will be a selection of smoked delicacies including ribs, chicken and hotlinks, along with potato salad and a variety of sides. Arthur Banks, who serves up barbecue at Mamma Willie Bell's BBQ at Madrona Beach, will be the featured smoke-master this year. For the less serious eaters, a crew of Madrona neighborhood volunteers will be grilling up hot dogs and selling cold drinks with proceeds going to help pay for the festival. One thing is for sure – you'll walk away with a full belly and a smile on your face.

How can I help? Glad you asked! I'm new to Madrona and very excited to help pull this important event together. Jon Hughes and I are acting as co-coordinators, under the helpful and watchful eye of BBQ Guru John Healy. Such an ambitious event wouldn't be possible without a solid volunteer effort. The planning committee is meeting although there are many details yet to be worked out. To get involved in the planning or to sign on to help the day of the event, call me at (425) 753-9196 or Jon at 325-2489. Keep an eye out for fliers about upcoming planning meetings posted around the neighborhood. If you have an idea for a BBQ event and are willing to put it together, we are entertaining ALL suggestions. We are especially looking for ways to encourage teenagers to attend.

If you were one of the 500 or so people who recently attended Mayfair and wondered how it all got put together, here is your chance to find out, pitch in, and make a difference in your neighborhood.

## Library Closed for Renovation Until 2008

By Caroline Ullman, SPL Communications

The Madrona-Sally Goldmark public library closed June 16 for renovation. But don't panic if you still have a library book or two on your nightstand; the book drop will stay open until 5:00pm on June 29 and books can be returned to any Seattle library. The renovated branch is projected to reopen in early 2008.

Construction is expected to begin mid July after the books, furniture, and equipment are moved out of the building. An initial April closure date was set aside after the sole construction bid came in at \$916,640 when construction cost has been estimated at \$330,000. At that time, the Library Board directed staff to look at two options:

- Work with the sole bidder (Cope Construction Co.) to reduce the bid amount, using the project description promised to voters in the "Libraries for All" building plan as the parameters for the scope of work.
- Explore leasing and improving a larger space in Madrona and selling the existing library building.

The Library Board decided to award the construction contract to Cope after a better price was negotiated and research into leasing options resulted in few appropriate spaces.

To help reduce cost some adjustments were made to the original scope of work. The wood grade for some interior millwork will change but the redesigned interior layout won't change. It was reconfigured so patrons and staff can use the space more efficiently, and keep busy activities, such a children's story times, separate from the holds pickup area.

A vestibule entry onto E. Union was eliminated, which simplified bracing requirements for the chimney and removed the need for a new walkway. Instead the main entry on 33<sup>rd</sup> Avenue will move north slightly to improve visibility. The new entry will include an exterior book drop and a canopy to protect patrons from the weather.

While the library is closed, Madrona residents are welcome to use the Douglass-Truth library at 23<sup>rd</sup> and E. Yesler or any other branch. Staff has been added to help meet the need for local library services. Douglass-Truth will be the new location for Madrona patrons to pick up their holds, unless a different location is requested. Summertime preschool story times will be held at the YWCA (not the YMCA) at 2820 E. Cherry St., at 10:30am on July 11, 18, and 25 and August 1, 8, 15, 22, and 29.

To keep track of the Madrona Sally-Goldmark Branch project, visit [www.spl.org](http://www.spl.org) and select Libraries for All Building Program/Neighborhood Branches/Madrona-Sally Goldmark Branch.

**Check Out  
Our New Spring  
Items!**

*décor*  
on 5+1

1406 - 34th Avenue Seattle, WA • 98122-3334 • 206.324.1283

## Coyote Central is Geared Up for Summer

Imagine—500 kids ages 10 to 14, will “go Coyote” this summer by taking part in any of our three fabulous summer programs. 2007 is destined to be a rich and great summer.

**Studio Coyote** has lined up 55 week-long, hands-on workshops that include 20 hours of action with professionals in all kinds of interesting areas, from Filmmaking to Debate, Welding to Glassblowing, or Cooking to Photography.

The Madrona Playfield shelterhouse will host workshops where kids will make Robots, Vehicles in Motion, and Cool Fashion, or experience Singing, Cartoon Drawing or Painting. Many other Studio Coyote workshops for kids will take place in other locations and professional workshops and throughout central Seattle. For the first summer in ages, there will be no Coyote classes at Madrona Auto. Coyote wants to express its deepest, most gigantic gratitude for all of the wonderful years that Tom Flood made Madrona Auto our home for making boats, furniture, welding projects and over 2000 soapbox derby cars. Those great times will be forever appreciated.

**Hit the Streets**, Coyote’s summer public art project/work program, has invited Central Area and South End kids to apply to become one of 24 young artists who will create giant industrial flowers that will be install in the view park across from Harborview Medical Center. The kids will spend most of July working with four professional artists at Seattle Central Wood Construction Center. They will have to pull together to have their flowers ready for the installation celebration at Harborview scheduled for July 26 at 5:00pm.

Coyote’s **CityWorks** artists, kids who have shown a real knack for art in Studio Coyote or Hit the Streets, spent June 9 and 10 creating artwork that will fill Macy’s downtown windows from June 18 to July 22. With the theme of Travel: Wish You Were Here, their artwork honors diverse cultures from throughout the world.

For more info about our programs, visit [www.coyotecentral.org](http://www.coyotecentral.org). To inquire about a specific workshop—some do still have openings—contact Coyote at [info@coyotecentral.org](mailto:info@coyotecentral.org) or 323-7276.



## YMCA Adds New Youth Center

By Chip Byrne, MMEM Membership Director

The Meredith Mathews East Madison (MEM) YMCA is expanding to make room for a new youth center at the southwest corner of its facility along 23<sup>rd</sup> Avenue. Construction has begun and when completed in September, the MEM youth center will provide access to new computers and additional meeting areas. During construction, there will be no disruption of current member services.

While we may experience occasional hammering or a bit of dust, it is all in the celebration of progress and it won't keep us from offering many summer programs for kids. For **Summer Specialty Classes** (kids ages 7 to 11), the YMCA has partnered with highly skilled organizations to offer a variety of unique, experiential and skill learning programs including drama, cycling, art, dance, cooking, science and more. At **Summer Sports Camps** (kids ages 4 to 12), we've combined our philosophy of fair play, teamwork and inclusiveness to create programs that promote fitness, friendship and fun. **Summer Fun Bunch** (kids ages 4 to 6) provides experiences for social integration, hands-on learning, and lots of fun opportunities for kids to make friends, explore, and create.

For more information or to request a summer brochure, contact Amanda Licorish at 322-6969. Space is limited so reserve your space on-line now at [www.meredithmathewsymca.org](http://www.meredithmathewsymca.org)

YMCA  
Paste-Up

## New Cove and Streambed Waiting for Water

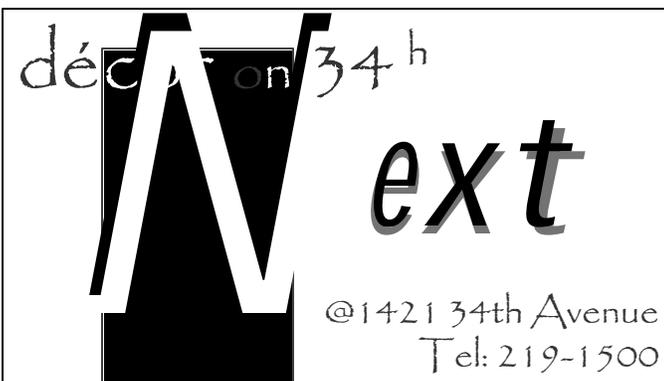
By Judith Starbuck, Grand Avenue

The cove and streambed in Madrona Park are finished and the area mulched. The serpentine streambed in the lower Madrona Woods ravine is complete with rocks and weirs. These two segments comprise 60 percent of the new creek channel. As soon as we get the final permit and enough money, a culvert under Lake Washington Blvd. will connect them and let the stream flow! We hope that in the September *Madrona News* we will be able to report success.

With or without the culvert, Madrona Woods volunteers will start planting wetland plants in the quarter-acre cove and other native plants all along the stream channels in September. It's a big job and we're going to need a lot of help. If you'd like to be part of the planting crew, we'd love to hear from you. To get your name on our e-mail list and be reminded of work parties, contact Deirdre McCrary at [deirdre\\_jaymccrary@msn.com](mailto:deirdre_jaymccrary@msn.com). Our June work party will be on the 23 (rather than the 16) to take advantage of help from a Seattle Works crew. In July and August, we'll work on our regular third Saturdays from 9:00 to 1:00, and starting in September we'll probably hold two work days a month to get all the fall planting done.

We've applied for a number of new grants to cover our current creek construction shortfall (to put in the culvert, among other things) and complete the project to the top of the Madrona Park Ravine next year. We want to thank our grantors who have made the success so far possible: City of Seattle Aquatic Habitat Matching Fund; King County Grant Exchange "WaterWorks" and King County Council through the King County Department of Natural Resources and Parks (Water and Land Resources Division); and the National Oceanic and Atmospheric Administration.

The Spring St. trail entrance is currently diverted slightly at the upper end of the new streambed, and may be closed entirely occasionally when the bridge is built and the final channel is dug to free the stream. We hope this will happen by the end of the summer, but we're still short of funds for these two projects. Here's a reminder that you can send much-appreciated donations to Joan Scott, 3700 East Marion St., 98122 or pick up an envelope from the sign at the construction site. For more information about activities in the Woods and Park, contact me at [judithstarbuck@msn.com](mailto:judithstarbuck@msn.com) or 322-2640, or visit [www.madronawoods.org](http://www.madronawoods.org).



## Help Untangle Our Web

By Kim Herber, 35<sup>th</sup> Avenue

Sometimes I wonder if I'm the only person in the neighborhood who knows about it. I use it often to get telephone numbers for local businesses and find out what's going on at Madrona schools. I send friends and family there because it gives a genuine snapshot of my neighborhood. It has gotten many hits; exactly how many I can't say because the counter is broken, which leads me to my point.

I'm talking about the Madrona Community website at [www.madrona.us](http://www.madrona.us). It was designed built for the Madrona Community Council by college students a few years ago. It's a simple and inviting site with info on neighborhood history, businesses, and committees such as the MCC and Friends of Madrona Woods. It links to the library website, and to the sites of all the local schools and churches. It has pictures of Madrona beach and the playfield and lovely Madrona homes. It even has past issues of the *Madrona News*! Basically, the site is a virtual neighborhood of all things Madrona. And it is a mess.

We've had a couple of web masters who got too busy to help. I tried to make some updates—I was told it was easy—and I'm afraid I made it worse. In this techno-savvy neighborhood, there must be someone who can clean up my missteps and get the site current, fully functional, and back into maintenance mode. The business listings need to be kept up but most of the other site content is pretty static. Of course if someone volunteered to upgrade and improve the site that would be fine too. It could be a perfect summer project.

I invite everyone to visit [www.madrona.us](http://www.madrona.us). Even if you can't fix it, you'll enjoy it. And if you CAN fix it, let me know! I'm reachable at [kdh5027@aol.com](mailto:kdh5027@aol.com), or from the Webmaster link on the site—I think :-)

*Landmark  
Winder*

## Play Madrona Mutt Match-up

*By Helen Payton, 34<sup>th</sup> Avenue*

Sometimes it seems like everyone in Madrona has a dog. All of these dogs live in our neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 13.



**Neah**

Age: 13 months old

Pedigree: F. Golden Retriever



**Bert**

Lived in Madrona: 20 years



**Cookie**

Age: 3 years

Pedigree: Female Cairn Terrier



**Christine**

Lived in Madrona: 37 years



**Tyche 2 ½. and Ambrose**

Ages: 2.5 & 13 years

Pedigree: Whippets



**Charles & Andrea**

Lived in Madrona: 5 years

## Fostering Felines in Madrona Shop

*By Lisa Clinton, Juniper*

I am loving it here in Madrona; thanks to everyone who has stopped into my shop, Juniper, on E. Spring St. and made me feel so welcome since I opened this spring. If you've been in lately, you've already met our current resident black cat, Andy. He is the second cat that Juniper has fostered from the Seattle Animal Shelter. Fostering an animal, aka giving them a temporary home, is a great way to increase the capacity of the shelter; placing animals in foster homes means there is more room at the shelter for incoming animals. Cats usually end up in a foster home because they are young kittens, or mature cats who are sick, injured, or a little "cage crazy" from being at the shelter too long. These animals need some extra TLC to get them ready for permanent homes.



Sherman, Juniper's first foster cat, had been at the shelter for three months and needed help to increase his chances of adoption. Sherman is a perfect example of how important getting out of the shelter can be. Once he was in the calming environment of Juniper he was able to relax and enjoy the company of the people who came in the shop. Sherman quickly decided he wanted to get acquainted with everyone who walked in the door. Before too long he was ready to go back to the shelter and soon found a good home.

Andy needed a foster home because he caught an upper respiratory infection (URI) in the shelter. Feline URI is basically equivalent to the common human cold and is easily transmitted from cat to cat. This illness is not at all contagious to humans—just to other cats—and it generally takes from one to three weeks for a cat to get over. Because it's much easier to get better in an atmosphere other than a cage at the shelter, Andy came to Juniper where he slept and rested in a quiet and comfortable place. Now that he's recovered, he's enjoying the views out the window, napping in his favorite cubby, and meeting lots of people. Andy is very friendly, good with kids, and has a very sweet and gentle cat personality. He is available for adoption through the Seattle Animal Shelter. To inquire about Andy and learn about how you can foster needy pets, visit [www.seattle.gov/animalsshelter/](http://www.seattle.gov/animalsshelter/)

## Natural and Unnatural Animal Dangers

*By Jennifer Weinkauff & Robert More, Lake Washington Blvd*

Living in the "Peaceable Kingdom" of the Madrona neighborhood, we were recently disturbed when our 2-year-old indoor/outdoor cat home one weekend with a fresh scab on her belly. Upon closer inspection, we discovered something very disturbing. It was not a wound from a fight or an accident; it was a very purposeful tattoo of a black circle, about half an inch across, with a black cross inside.

Our first thoughts included, "how would someone get a cat to be still for this?" Nothing pleasant came to mind. And then, "who would do such a thing?" Was it someone who lives near us? Reckless teenagers gathered in Madrona Park, or neo-pagans holding some kind of ceremony in Madrona Woods?

Fortunately, our cat has suffered no serious consequences that we can evaluate. But we are concerned none the less and wanted to spread the word to our neighbors. Please watch your indoor/outdoor pets carefully and be alert of strange activity in our midst.

Another serious pet threat that has circulated on the Madrona Moms elist recently is the sighting of at least one resident coyote. He/She was seen running across the street near the Bush School. Residents of north Madrona should be extra careful and make sure their small pets, especially cats, are safely indoors before dark.

# Summer Community Bulletin Board

- WEDNESDAYS** 10:30-11:00am **PRE-SCHOOL STORY TIMES**—Presented by Seattle Public Library at the East Cherry YWCA, 2820 E. Cherry St.
- WEDNESDAYS** 3-7pm **COLUMBIA CITY FARMERS MARKET**—4801 Rainier Ave S. at S. Edmonds, [www.seattlefarmersmarkets.org/market/columbiacity/index.shtml](http://www.seattlefarmersmarkets.org/market/columbiacity/index.shtml). Runs through October 31.
- THURSDAYS** 10-11am, **SOUND STEPS**—Walkers explore the Central District on foot, Garfield Community Center, Mari Becker 684-4664.
- THURSDAYS** 7:30pm, **AA/ALANON MEETING**—Epiphany Great Hall.
- FRIDAYS** 7:30am **MADRONA/LESCHI CITIZENS AGAINST THE WAR**—Quiet demonstration, 23<sup>rd</sup> & Union, Kathy Baker [kbarker715@comcast.net](mailto:kbarker715@comcast.net)
- FRIDAYS** 3-7pm **MADISON/MADRONA FARMERS MARKET**—Grocery Outlet parking lot, MLK & Union. Judy Kirkhuff 782-2286 [Judy@SeattleMarkets.org](mailto:Judy@SeattleMarkets.org). Runs through September 28.

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- Jun 18-** Travel, Wish You Were Here Art Display by Coyote Central’s CityWorks—
- July 22** Artwork honoring diverse cultures from throughout the world beautifies downtown. Macy’s windows, [www.coyotecentral.org](http://www.coyotecentral.org).
- June 20** 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522.
- June 21** **Madrona K-8 Field Day**—Featuring a dunk tank, sno-cones, and activity stations for all students. To volunteer to help, call the school at 252-3100.
- June 22** **Last Day of School**—Seattle Public School; 1-hour early dismissal.
- June 22** 6:30-9:30pm **Seward Park Clay Studio Preview Party & Sale**—Opening night! Get first pick of everything from pottery to sculpture to garden art, plus enjoy refreshments and hobnob with the artists. \$5 suggested donation. 722.-6342 [www.sewardparkart.org/](http://www.sewardparkart.org/)
- June 23** 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary [deirdre\\_jaymccrary@msn.com](mailto:deirdre_jaymccrary@msn.com) or [www.madronawoods.org](http://www.madronawoods.org)
- June 23 & 24** **Seward Park Clay Studio Summer Show & Sale**—Featuring pottery, sculpture, and garden art. Saturday 10:00am-8:00pm and Sunday 10:00am-6:00pm, 722.-6342 [www.sewardparkart.org/](http://www.sewardparkart.org/)
- June 28** 5:00-7:00pm **Open House Celebration**—With entertainment, food and beverages, and activities for the kids. City Life Real Estate Office 34<sup>th</sup> & Pike St. Jon Hughes 325-2589 or [jon@goCityLife.com](mailto:jon@goCityLife.com).
- June 29** 5:00pm **Madrona Library Book Drop Closes**—The library will be closed through the end of the year. Return books to any Seattle Library.
- July 7** 2:00pm **SPL Summer Reading Program: Science Magic**—Presented by Seattle Public Library at the East Cherry YWCA, 2820 E. Cherry S., [www.spl.org](http://www.spl.org)
- July 10** 6:00-8:00pm **Adoption Information Meeting**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 [www.medinachild.org](http://www.medinachild.org)
- July 14** 9:00am-6:00pm **Bicycle Saturday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- July 16-20** 10:00am-12:30pm **Summer Art Class with Jacqui Beck**—Seattle Girls’ School, \$175, 325-7267, [jbeck@blarg.net](mailto:jbeck@blarg.net) or [www.jacquibeck.com](http://www.jacquibeck.com)
- July 18** TBD **Madrona Auto Site Early Design Review**—Review of building plans by the City’s Department of Planning and Development. Public welcome. Tom Flood [doolfm@comcast.net](mailto:doolfm@comcast.net) or [www.seattle.gov/dpd/About/GotaQuestion/](http://www.seattle.gov/dpd/About/GotaQuestion/)
- July 18** 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522.
- July 21** 9:00am-Noon **Friends of the Ravine in Madrona (FORM) Work Party**—Bring your gardening gloves! Meet at the Madrona Drive bus stop, Linda Hanson 324-5554.

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Debra Thompson

Harvey paste-up

Rath Law

paste-up

- July 21 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary [deirdre\\_jaymccrary@msn.com](mailto:deirdre_jaymccrary@msn.com) or [www.madronawoods.org](http://www.madronawoods.org)
- July 21 1:00pm-5:00pm **Madrona Summer BBQ Festival**—Enjoy entertainment, food, and sunshine. To volunteer to help, contact Jason Malone (425) 753-9196. .
- July 23-27 10:00am-12:30pm **Summer Art Class with Jacqui Beck**—Seattle Girls' School, \$175, 325-7267, [jbeck@blarg.net](mailto:jbeck@blarg.net) or [www.jacquibeck.com](http://www.jacquibeck.com)
- July 26 5:00pm **Art Installation by Coyote Central's Hit the Streets**—Giant industrial flowers created by summer art students go up for all to enjoy. Harborview Medical Center view park, [www.coyotecentral.org](http://www.coyotecentral.org).
- July 29 9:00am-6:00pm **Bicycle Sunday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- Aug 3 **Seafair Barbeque**—Featuring great classic summer food. Central Area Senior Center, 30<sup>th</sup> and King St., one block south of Jackson. Tickets are \$5. Scott Linford [scottl@seniorservices.org](mailto:scottl@seniorservices.org) or 726-4926 ext 12
- Aug 4 11:00pam **SPL Summer Reading Program: The Talking Vegetables**—Presented by Seattle Public Library at the East Cherry YWCA, 2820 E. Cherry S., [www.spl.org](http://www.spl.org)
- Aug 11 9:00am-6:00pm **Bicycle Saturday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- Aug 14 6:00-8:00pm **Adoption Information Meeting**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 [www.medinachild.org](http://www.medinachild.org)
- Aug 15 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522.
- Aug 18 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary [deirdre\\_jaymccrary@msn.com](mailto:deirdre_jaymccrary@msn.com) or [www.madronawoods.org](http://www.madronawoods.org)
- Aug 18 9:00am-Noon **Friends of the Ravine in Madrona (FORM) Work Party**—Bring your gardening gloves! Meet at the Madrona Drive bus stop, Linda Hanson 324-5554.
- Aug 18 & 19 12:00pm-8:00pm **Central Area Community Festival & Parade**—Featuring art and cultural exhibits, games, crafts, merchandise, food, entertainment and much more. Parade down 23rd Ave. on Saturday at 10:00. Victor Minor 999-3482 [vmin@juno.com](mailto:vmin@juno.com) or [www.cacf.com](http://www.cacf.com)
- Aug 19 9:00am-6:00pm **Bicycle Sunday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- Aug 29 **Madrona K-8 Welcome BBQ**— All new students will receive an invitation and details about the event in the mail. Questions? Call the school at 252-3100 after August 20.
- Sept 4 7:15pm **Madrona Community Council Meeting**—Madrona Playfield shelterhouse, Laura Yurdin 320-8693 or [LYurdin@PointB.com](mailto:LYurdin@PointB.com).
- Sept 5 **First Day of School**—Seattle Public School; 1-hour early dismissal.
- Sept 8 9:00am-6:00pm **Bicycle Saturday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- Sept 9 **Madrona Neighborhood Cleanup & Block Party**—Help clean up around the Playfield and party to live music afterwards. Bring gloves! Didi Burpee 328-4739 or [d2burpee@yahoo.com](mailto:d2burpee@yahoo.com).
- Sept 11 6:00-8:00pm **Adoption Information Meeting**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 [www.medinachild.org](http://www.medinachild.org)
- Sept 15 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary [deirdre\\_jaymccrary@msn.com](mailto:deirdre_jaymccrary@msn.com) or [www.madronawoods.org](http://www.madronawoods.org)
- Sept 16 9:00am-6:00pm **Bicycle Sunday**—Lake Washington Bl. Closed to motorized traffic between Mount Baker Beach and Seward Park.
- Sept 19 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522.
- Apr 21 1:00pm **Chado Tea Demonstration**—Washington Arboretum Shoseian Teahouse. <http://www.urasenkesattle.org/>.

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## To Your Well-Being: Managing Anxiety

By Kathy Underwood, MSW, LICSW

*"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do."* Eleanor Roosevelt

The warmer weather and approaching summer bring many excitements. I love the new growth, the flowers, the trees, even the blackberry vines that invade my garden. The warmer weather and lighter evenings allow all of us to be outside more. We're lucky in Seattle with the abundance of outdoor activities, and cycling is perhaps one of the most popular. As a cyclist, I am invigorated by the blue skies. I've been cycling with local clubs for about two years, and as I gain more confidence, I am aware that I continue to push myself.

Last weekend two of my cycling friends and I drove to Cle Elum for a 125 mile ride to Leavenworth and back. It was by far my longest ride, and with 40 other cyclists around me I found myself questioning my abilities. Despite all my preparation and companionship, I found myself falling into the Anxiety Trap.

There's probably not an adult living who doesn't experience anxiety, a feeling supported by your thoughts. So what was I thinking during that long ride? Questions persisted: Will I be good enough? Will I keep up? Predictably, these questions and self-doubt increased my anxiety. Anxiety stems from our irrational beliefs that include all the musts, misperceptions, and all the other demands we place upon ourselves when we are overly concerned with doing poorly and being disapproved of by others.

So how do we avoid the "have to", "should", and "must" Anxiety Trap? First, it is very important to remember that we have control over what we feel, what we think, and how we choose to act. With that internal "locus of control" we have the power to change our level of anxiety.

Here's a process to decrease your anxiety:

- Identify the activating event that brought on your anxiety.
- Identify your thinking and your irrational beliefs.
- Dispute your irrational beliefs.
- Develop a rational belief.
- Develop a new behavior.

Pumping hard on my Bianchi, I began to take my own advice and identified my irrational beliefs. I shifted my "musts", "have tos" and "shoulds" into rational thoughts. Gradually, I felt better, less anxious, and allowed myself to have a great ride. Here's to all of us as we pursue new adventures and refused to allow our anxiety to ruin our enjoyment.

*Kathy Underwood, MSW, LICSW, runs a private practice out of the Amara Parenting building at 33rd and Union. She can be reached at 293-8308 or visited on-line at [www.kathyunderwood.net](http://www.kathyunderwood.net)*

## Street Improvements Proposed for MLK Way

By Kiki Gram, MLK Jr Way

Thanks to the Bridging the Gap Levy voters passed last fall, funding is available for neighborhood transportation projects. In May, the Madrona Community Council voted in favor of submitting an application to request funds for improvements along MLK Jr Way between E. Union and E. Cherry Streets. The Seattle Department of Transportation will review the applications and make project funding recommendations to the Mayor and City Council in October. Design and construction of selected projects will take place in 2008 and 2009.

The application does not propose a specific project, but rather asks the City to continue street improvements along MLK Jr Way north of Cherry St. Besides resurfacing, bike lane striping and sidewalk improvements, the application references enhancements discussed in the Central Area Action Plan. That plan recommended designating MLK Jr Way between Madison St. and I-90 a Key Pedestrian Street and suggested adding a planted median from Union St to I-90. The Seattle Parks Foundation's 2007 "Bands of Green" report (funded by the SDOT) also recommends boulevard designation for the entire length of MLK Jr Way from Madison St. to the south city limits, and recognizes the corridor's increasingly important role in life of the city.

MLK Jr Way is currently designated a commercial connector street, a bicycle street, and a key pedestrian street. The right of way width is 66 feet and that must accommodate sidewalks, curbs, parking, bicycles, buses, cars and pedestrians. There is a lot to accommodate in these four blocks, but with thoughtful planning and neighborhood input this portion of MLK Jr Way can become the pedestrian friendly arterial long envisioned by neighborhood planners. There will be an open house in mid-September for the public to prioritize top projects in their areas. For more info, visit <http://www.seattle.gov/neighborhoods/btrgnsfcrrf/>.

*Baker Language  
paste-up*



Mayfair  
2007

*Ben Chotsen  
paste-up*

*20/20 Cycle  
paste-up*

## Valley Produces a World's Fair

*By Gail Mensher, Valley School*

Orchestrated by director Barry Wright and enrichment specialist Cindy Monte and played with gusto by teachers and students, the Valley School World's Fair was a smash on May 11. It was a one-time performance but the creative and intellectual energy leading up to the show had percolated for weeks. Each class specialized in a particular "world" of interest then displayed their knowledge with temporary exhibits and permanent art. The Highlights included songs from World's Fairs of the past, a model rocket launch, the unveiling of a rocket play station, and a ribbon-cutting ceremony to open the Hall of the Future in the Meeting Room.

The pre-kindergartners studied transportation by riding busses to town, decorating bikes and trikes for a spin around the block, and building a giant magical machine fueled by wishes. In kindergarten, quilting inspired a bevy of investigations and creations using stichery, stories and math. Old and new Seattle was the fair theme for 1st Graders; they visited local landmarks then built a model of Seattle in the future. The 2nd Grade showcased the honeybee, and in light of the recent collapse of bee colonies across the nation, they designed and built a bee 'village' to improve on the hive. Simple machines grabbed the 3rd Graders' attention. They studied the screw, pulley, inclined plane, lever, wheel, and axle, and then created real and imaginary machines. In 4th Grade the action centered on architecture. With adult assistance, the children constructed an authentic "cob" house of sand, clay, straw. The 5th Graders investigated birds, beginning with avian anatomy and adaptation since the extinction of the Archaeopteryx. They concluded with reports on and portraits of imaginary birds of the 21st century, and built them real nests.

Permanent art from each class is installed all around the campus as souvenirs of this wonderful all-school event. Pre-kindergartners drew vehicles which were copied in fabric and buttoned on a quilt designed by the kindergartners and stitched by Madrona resident Cindy Monte. Magnificent Wedgwood-style plates celebrating Seattle were painted by the 1st Graders. Second Graders made self-portraits in bee's wax while the 3rd Graders embossed 'robot' style portraits in copper. Fourth Graders installed their pictures in glass block windows in the cob house, and 5th Graders burned nature scenes onto wood panels. None of these fair projects could have happened without the participation of our incredibly talented parents and devoted staff. Thank you!

*St. Therese  
Paste-Up*

## Madrona K-8 Wraps Up Another Year

*By Michele Manon, Volunteer Coordinator*

Madrona K-8 promoted 45 8th Graders at a multi-media program on June 15. The evening included a performance by the Umoja Dance Group (choreography by Heather Harris), an academic and art kiosk/carousel, a slide show, a student presentation to staff, and speeches by two students and a special key note attendee. The excitement was capped off with cake and punch and lots of good wishes for the kids who will be attending a variety of high schools next year.

We'll wrap up the year with our annual Field Day at Madrona Playfield on June 21. There will be a dunk tank, sno-cones, and all sorts of activity stations for all MK8 students. The last day of class is June 22 and there will not be summer school at Madrona this year. Community Day School Association, who provides on-site after-school care, will be open and offering weekly summer day camps for kids ages 5 through 12. For information, call 709-8887 or visit [madrona@communitydayschool.org](mailto:madrona@communitydayschool.org).

We will hold our annual big Welcome Back to school BBQ event on August 29. All new students will receive an invitation and details about the event. All families will receive information about school uniform order forms and other school information over the summer.

## The Valley School Honors Graduates

Fifteen 5th Grade graduates of The Valley School were honored at an all-school picnic on June 8. This talented group will be scattering across Seattle and Bellevue in a wide-range of middle schools including Billings, Eastside Prep, Northwest, Salmon Bay and Seattle Academy. After a musical program featuring all the students, each graduate received a dictionary with special entries from the teachers and staff. Congratulations!

## St. Therese Grads Move on to High School

At its June 8 graduation ceremony, St. Therese School said good bye and good luck to 21 8th Graders, 12 of whom had been at St. Therese since Kindergarten/1st grade. "They are more than prepared to be extremely successful in high school," predicts Principal Eileen Gray.

The students are moving on to a variety of high schools; 18 students will attend Catholic High Schools. Good luck everyone!

James Adams, III-O'Dea	Anya Asuncion-Holy Names
Connor Barbieri-O'Dea	Austin Coby-O'Dea
Mitchell Edwards-Kennedy	Simonne Foucha-Forest Ridge
Hector Nielsen Giron-Sea.Prep	Craig Hebert-Seattle Prep
Lawrence Lucas-O'Dea	Brendan Martin-NOVA
Darien Means-Shyne-O'Dea	Baillie Metclaf-Dowell-H. Names
Daymon Mozee-O'Dea	Nigel Norwood-O'Dea
Miles Owens-Garfield	Anisha Patsula-Kennedy
Winnie Wakgira-Holy Names	Kayla Warren-Holy Names
Elona White-Garfield	Aminah Williams-Kennedy

Madrona Real Estate  
Recent Home Sales

Compiled by Jon Hughes, City Life Real Estate

ADDRESS	BD	BA	SQ. FT.	PRICE \$
2901 S.Jackson	1	1	451	182,495
317 Lakeside	1	1	711	395,000
3005 E. Union	2	1	980	427,000
3109 S. Wash.	2	1.75	1700	499,000
1133 32nd Ave	3	1.75	1540	500,000
925 MLK Jr.	4	3.5	2500	599,000
527 31st S.	4	1.5	2575	670,000
1530 31st Ave	4	1.75	2057	670,500
732 33rd Ave	3	2.5	1800	797,000
315 30th S.	7	3	4760	877,500
1107 Lakeside	3	2.5	3400	1,350,000
1423 35th Ave	3	4.5	5100	2,300,000

Statistics not compiled or published by NWMLS

**Mutt Match-up Answers:** Tyche/Ambrose & Christine, Andrea/Charles & Neah, Bert & Cookie



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Boost College Savings With a 529 Plan

Submitted by Barbara Banon, Edward Jones Investments

College costs are high—and rising. If you're a parent, you should know that it's never too soon to start saving for college. Consider the numbers: According to the College Board, the average cost for tuition, fees, room and board at a four-year private college for the 2006-2007 school year was \$30,367. At a four-year public college, the cost was \$12,796 per year. If college costs rise just 4 percent a year for the next 18 years, today's newborns will spend about \$261,000 on four years at an average private college, and \$110,000 at an average public school.

Those are big numbers, but you can make them more manageable if you start saving early and take advantage of a 529 Plan. The name refers to the IRS code authorizing these accounts. There are two types of 529 Plans.

- 1. Prepaid Tuition Programs.** You buy future tuition credit—at today's prices—at an in-state public school.
- 2. Savings Plans.** Your earnings are not taxed as they accumulate and qualified withdrawals are federally income tax free. This popular program offers several other significant benefits:

- You can contribute varying dollar amounts. Contribution limits vary by state but generally you can contribute as little as \$15 per month or up to \$200,000 over the lifetime of the 529 Plan.
- You—not the student—control withdrawals. You can even change beneficiaries.
- Because the money is held in your name, you won't jeopardize any federal financial-aid packages your student may receive.

The 529 Plan offers important benefits as you save for your child's or grandchild's higher-education expenses. Plans vary by state so research carefully and find good 529 Plan to help cope with the high costs of higher education.

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paste up*

**NEW**  
**Edward Jones**  
**paste-up**

## Thanks to FORM's Fabulous Friends

By Linda Hanson, Madrona Drive

For the fifth consecutive year, Friends of the Ravine in Madrona (FORM) welcomed spring with the enthusiastic and productive energy of the two Second grade classes from The Bush School, under the guidance of teachers Barb Renfrow-Baker and Tamara Barcus and several parents. After talking about the butterflies raised in their classes and learning about invasive plants, they worked in teams to remove the invaders growing in the ravine. They commemorated their event by planting a Dogwood tree and native



groundcovers. Special thanks to everyone from The Bush School for their wonderful work. You are truly FORM's fabulous friends!

If you'd like to be our friends too, all you have to do is join us at a FORM Ravine Revival work party. We'll be out from 9:00am to noon on June 30 and July 28 so invite your friends and neighbors! Just bring your favorite tools and gloves, and meet us at the bus stop next to the Pine St. Pedestrian Bridge on Madrona Dr. If you have questions, call me at 324-5554.

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## Help Maintain the Madrona Playfield

Good news! The Parks Department has sent us some new shrubs to replace ferns and perennials that have outgrown their spaces in the Circle Garden at the Madrona Playfield grand entrance at 34th and Spring, across from Café Verite. The circle and its seat wall is a favorite gathering spot for coffee drinkers and dog walkers. Now we need some of the people who enjoy the Circle Garden to spend a little time getting it back in order. The plan is to relocate the over-ambitious plants to open areas nearby and plant the new shrubs in the circle. Neighbor Mary Gallwey, who is 76 years old, has offered to coordinate this effort and provide shovels and other tools but she needs a few volunteers to help. The work date will be set to accommodate the volunteers' schedule but the shrubs are already here and need to get into the ground soon. If you can spare an hour or two, contact Mary at 325-7289 or [gallwey@earthlink.net](mailto:gallwey@earthlink.net).

Another opportunity to beautify the jewel of our community will be at this year's Neighborhood Cleanup and Block Party, September 9 from 1:00 to 3:00. If you use the playfield, please come out to do a little civic duty and meet your neighbors. We'll clean up around the park and when we're done we'll relax and enjoy our beautiful park at a neighborhood party from 3:00 to 5:00. Live music will be provided by Mudcat, featuring Madrona's own John Healy, and local kid's band Recess Monkey. Anyone interested in helping organize this event can contact Didi Burpee at 328-4739 or [d2burpee@yahoo.com](mailto:d2burpee@yahoo.com).

## Summer & Seafair at the Senior Center

By Scott Linford, CASC Program Coordinator

Summer is here, and that means it's time to get ready for the annual Seafair Barbeque at the Central Area Senior Center on August 3. If you've never been to our facility before, this would be the perfect time to visit and enjoy our expansive view of Lake Washington. You can see the entire hydro course and the Blue Angels fly so close over head you can practically recognize the pilots!

You can also count on plenty of classic summertime fare, including delicious barbeque. It will be a good time with good people...who could ask for more? Tickets are \$5 and the CASC is located in Leschi, at the corner of 30<sup>th</sup> and King St., one block south of Jackson. Our title might say Senior but we welcome people of all ages—even young ones! For more info, contact me at [scottl@seniorservices.org](mailto:scottl@seniorservices.org) or 726-4926 ext 12.

JayWalk  
*paste-up*

## Letter to the Editor: *Abuse Bouche*: Culinary Adventures at 34<sup>th</sup> U

The Madrona Dining and Sipping Society MD&SS, *meet monthly at one of the local restaurants*. Most members are long-time residents of the neighborhood, some bravely facing the trials of advancing years. We are none-the-less a jolly group — none more so than Audrey Seale, our fearless leader and proud owner of the only Vanderbilt Godson-built Madrona mansion, as well as a genuine Checker Cab picked up new at the factory in Kalamazoo, Mi. back in '81.

Fortunately for the MDSS, 34<sup>th</sup> & Union, the hub of Madrona, is rapidly becoming an oasis for urban gastronomy. Café Soleil, St. Cloud's, Dulces, The Madrona Alehouse, Mazarin, Crémant and Coupage (in order of seniority) are all 34<sup>th</sup> U alumni; their no trans-fat frat houses are all located within a block. Thankfully, traditional tastes are catered to by the most senior of all, the Hi-Spot, source of the best scones in the Western Hemisphere. 34<sup>th</sup> U also boasts *cupcakes(!)* from Café Verité, home to frostings of many colors.

MDSS May meeting was at Cremant – a current darling of the food fasionistas. Crémant take French Cuisine very seriously; smiling is frowned upon – as is the combination short arms and deep pockets. So they put the MDSS out back, between the sawn-off barn and the slapped-on-green-paint concrete walls. For acoustic ambience, they thoughtfully provided an iPod, Shuffling heavy metal; this was secreted discretely behind the large selection of Cremant for which they are inexplicably famous, this being French champagne not actually made in Champagne – or cheaper by the Spanish and pretty much everyone else.

A *Prix Fixé* menu was thoughtfully provided, for those of us with limited French or funds. The first course came first – *naturellement!* One choice had *beaucoup de* lentils, another had 2 capers; the third, *Fromage Fort*, matched the walls in color and a post-match locker room in aroma – *delicieux!!!*

The main course options, “*plats*” to the gastro-gnomes, were Tuna, a Cheesy Thing and Salt Pork; all had French names - even though their new President doesn't. Most of our party being women of a certain age, this ruled out SP or the CT – so Thon was the one. This posed *un petit problem* - the portions were small in number as well as size. *Donc!...* us guys (plus Audrey) volunteered to have SP/CT – the menu options, not the surgical procedure.

The main bone of contention was however *les desserts*. *la mousse au chocolat a disparût!* *Nous ètions absolument desolés!!* It was suggested that *mousse retrouvé* might be a suitable consolation prize for the insufficiency of fish, but *fixé* means fixed so that was nixed.

By the end of our sumptuous repast, the mutterings almost drowned out the iPod. But the best was yet to come – *l'addition!* The literal translation, “the addition”, does scant justice to this post-prandial presentation, including as it did several \$10 glasses of wine (glass not included) a \$9 beer (Brown & Belgian with matching glass), plus the mandatory 18% service charge, tax, etc.

It was a splendid evening none-the-less, and a credit to Audrey's enthusiasm and organizing skills. Fortunately for Crémant, we whining not-quite-rich-enough folks in the barn out back seemed to be greatly outnumbered by the apparently richer, better-fed—or maybe just plain less picky?—folks in front.

For June, the MD&SS heads back to Dulces, where the group first gathered a couple of years ago. Their former cigar bar is now a victim of the changing fashions which have brought Cremant and Coupage to the top of the hill and Discount Grocer, with the amazing Bart Simpson hairstyle sign, to the bottom.

Luckily for those of us who seek good food served with a smile at a sensible price, 34<sup>th</sup> Avenue still has a wealth of dining and sipping choices. They know who they are—and so do we.

See you there some time soon?

Sincerely, Malcolm Harker, 37th Avenue

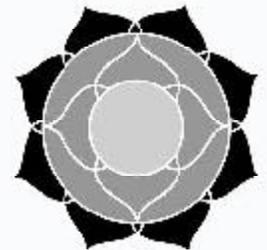
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