

Madrona

NEWS

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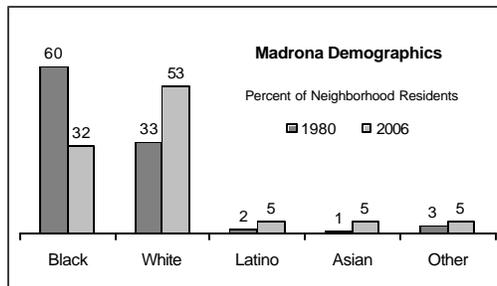
April 2007
Issue No. 194

Publicity and Development: What Madrona is Today; What We'll Make it Be Tomorrow

By Laura Yurdin, 32nd Avenue

Wow, has Madrona been in the news a lot lately or what? The April issue of *Seattle Magazine* reports that two of the best new restaurants in town—Cremant and Coupage—reside here in our own neighborhood. The dance “Nevermind” performed by the Spectrum Dance Theatre to music by Kurt Cobain was well received and glowingly reviewed all over town. The success of Grocery Outlet was covered by the *Seattle PI*. In his *Seattle PI* column neighbor Joel Connelly (seattlepi.nwsource.com/connelly/309883_joel02.html) heralded the launch of a new northwest news site www.crosscut.com by another Madrona neighbor, David Brewster. (seattlepi.nwsource.com/business/309716_retail31.html).

Over the past month Madrona K-8 appeared in a front-page *Seattle Times* story (seattletimes.nwsource.com/cgi-bin/PrintStory.pl?document_id=2003639256&slug=madrona28m&date=20070328), was featured in a National Public Radio piece about bridging student achievement gaps (www.npr.org/templates/story/story.php?storyId=7851275) and discussed vigorously on several local radio shows. Madrona resident and *Seattle Times* columnist Danny Westneat drew plenty of attention when he weighed in on the school and issues of race in the Seattle School District in print and via an on-line chat session (http://community.seattletimes.nwsource.com/reader_feedback/reader_feedback_qanda.php?id=74). No matter how you slice it—and the statistics cited in the *Seattle Times* bear it out—Madrona is definitely facing a lot of changes.



(continued on page 2)

MCC President's Corner

By Laura Yurdin, 32nd Avenue

While everything mentioned above swirls around us, meanwhile, small group of neighbors met on April 3 at the shelterhouse for the monthly Madrona Community Council (MCC) meeting. We heard a Madrona K-8 school update and got a run down of upcoming neighborhood events and who has stepped up to help. Mayfair is right around the corner on May 19. If you are interested in volunteering, contact Paige Smith at paigeinmadrona@hotmail.com.

Those present at the meeting voted to support the request for SDOT to do an

evaluation of parking availability in Madrona; Marty Liebowitz offered to put in the request and spearhead that effort, along with Norman Yelin. The MCC agreed that once the parking study was completed, we will encourage ALL Madrona residents and business owners to come out for a more in depth discussion of the resulting data and the neighborhood's options. Adopting any kind of parking restrictions is a decision not to be taken lightly so input from all facets of the community, its residents and businesses,

(continued on page 2)

Singin' in the Rain Family Choir

By Richard Marshall, 33rd & Pike

On a showery March Friday evening members of the Madrona-based “Singin’ in the Rain Choir” performed their sixth concert in front of family and friends. Choir director Sari Breznau had challenged the group to learn pieces with complex harmonies and they rose to occasion. The singers, children from ages 7 to 14, plus their parents and adult friends, deftly performed a mix of folk songs, show tunes, oldies and gospel. Everyone present felt the anticipation and excitement followed by the joy of a concert warmly given and received.

Madrona resident Jackie Hubenet formed the choir in 2004. Jackie was inspired to bring choral singing to children in a relaxed, playful format. When Sari agreed to lead the choir, Epiphany generously offered the use of practice and performance space, and enough children wanted to give it a try, all the right pieces fell together. As the group grew and practices were fun and engaging, parents and adult family friends found the experience contagious and joined, too. Today the choir has some 25 members ranging in age from 7 to their mid 50's.

The choir typically gives three performances per year, at the end of the winter, spring and fall sessions. The choir (continued on page 2)

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Family Choir.. (cont'd from page 1)

holds 10 practices prior to each performance, and all performances are free and open to the public. Director Sari Breznau, the vocal music teacher at TOPS Elementary School and director of the Homeless Women's Choir, is key to the Madrona group's success. Multi-talented, she is also a member of Circus Contraption, a theatrical and circus arts group. Sari's boundless energy, love for a variety of music, and commitment to bring the joy of choral singing to families shines through in every practice and every performance.

The "Singin' in the Rain Choir" is open to children age 7 and older, and any of their parents or adult family friends. There are no tryouts or auditions—everyone who wants to be part of the choir gets to sing and perform, members need to make a commitment to attend practice regularly. The spring session began April 19 and runs through June 14. Practices are on Thursdays at 7:00 pm in Epiphany Church and new members are welcome! The cost to participate in the choir is \$125 per family or \$75 for an individual. "Singin' in the Rain" also offers a summer musical theater camp for older school-age children. For more information contact Sari Breznau at saribreznu@hotmail.com

Publicity and Development (cont'd from page 1)

And, although you aren't likely to read about it in the mainstream media (yet), the neighborhood is also experiencing changes that will impact the timbre of downtown Madrona for years to come. Most visible are the skyrocketing housing prices and the development that continues on 34th Avenue. James Winder has begun work on his renovation of the old stores at 34th and Cherry. I heard from Wade Morlock a few weeks back that he had decided to renovate the old house at 1120 34th rather than remove and replace the building, at least for now. You may have noticed the For Lease sign up for commercial tenants. On April 4 there was a Department of Planning & Development review (3005396) to gather comments on a mixed-use building being planned for 1126 34th, which is currently a parking lot. The architect for this project, Todd Smith of Johnston Architects (www.johnstonarchitects.com), will be at the May 1 Madrona Community Council meeting to share plans and gather input from the community. The petition to change the zoning of six parcels on the east side of 33rd Ave between Union and Spring across from Madrona K-8 from multi-family to commercial/mixed-use has been submitted to the city for consideration. And looming over all these changes is the question of parking and how to allow the business district to thrive without unduly impacting the quality of life for people who live nearby. If you've got any ideas, now is the time to let your voice be heard!

Madrona has seen a lot of change over the last century and the coming year will bring more than usual. Change is inevitable, it is always difficult and it isn't always bad. But it is up to us as Madrona residents to determine what we value as a community—this will help guide our discussions and our decisions as we move forward. Those of us who live here now as members of this community are encouraged to listen and speak out about what kind of neighborhood we want Madrona to become. A good place to start is to attend an MCC meeting. We would love to

MCC President's Corner (cont'd from page 1)

will be needed to make the best choices for our overall community.

James Winder, owner the building on 34th and Cherry, joined our meeting. He currently lives on 24th but formerly resided on 35th and is glad to be back in closer contact with Madrona. He is pleased that response from the neighborhood to his design plans has been so positive. Let's hope we get lucky again when the architect for the parking lot development at 1126 34th Avenue comes to our May MCC meeting to share the plans for that project and take community input.

We had a great Madrona Neighborhood Appreciation Day celebration on March 24. Thanks to Paige Smith and Jon Hughes for organizing the effort, Madrona K-8 School for participating and hosting, and Verite Coffee for donating goodies for the event. Many awards were given out- including one to our long standing MCC President Bill Hanson. Bill was the president for more than 10 years and we were so happy to finally be able to acknowledge him formally through this award. Thanks again Bill for all you've done—and continue to do—for Madrona. Congratulations to all the winners and many thanks to all of the local businesses who donated thank you gifts.

In addition to the representatives from the 1126 34th Avenue project, at our May 1 meeting the MCC will also welcome a member from the Central Area Development Association (CADA). The meeting starts at 7:15 in the shelterhouse at Madrona Playfield and you are welcome to join in the learnings and discussions.

have more community members participate as we work through the changes that will impact all of us and the things about Madrona that we treasure.

*Rath Law
paste-up*

décor on 34^h
Next
@1421 34th Avenue
Opening April 5, 2007

Ravine Winter Survival & Spring Arrival

By Linda Hanson, Madrona Drive

Like everyone else in Seattle, the Friends of the Ravine in Madrona (FORM) had begun to wonder if the rain, wind, snow, and more rain would never end. But finally the magic of spring appeared with the tease of sunshine and warm temperatures. That was all it took to send me into the ravine and during a recent brief walk on a sunny afternoon, I saw very little winter storm damage and lots of spring growth in the heart of the ravine. It was worst on the upper end, just north of the bridge, where two trees came down. One was rotten and scheduled for removal, and the other was an aged Madrona next to the Pine Street Pedestrian Bridge. Is the low level of damage and high survival a response to the hard work of our volunteers? Probably...

Speaking of volunteers, FORM is gearing up for another season of ravine revival. There is still lots of work to continue the progress made so far so grab your windbreaker and join us for our first work party of the season. We will gather, with hot coffee and yummy muffins, on April 28 at 9:00am at the bus stop next to the Pine Street Pedestrian Bridge on Madrona Drive. We'll work until noon so invite your friends and neighbors, and bring your favorite garden tools and gloves. This first Ravine Revival event will be a great way to catch up with what has been happening around Madrona—in the ravine and beyond!

GOOD NEWS! FORM is very pleased to support the recent grant application and proposal of the Lake Washington Cottages Greenbelt Project for work at the lower level of the Madrona Ravine. Special thanks to Barb Crooks, Co-Chair of the project.

*Madrona
Garage Sale
Paste-up*

2007 Madrona Neighborhood Events

Thanks to Paige Smith and Didi Burpee for signing on to coordinate Mayfair and a fall neighborhood clean up day!

- Jan** Ecumenical Martin Luther King Celebration—Jan 14
Epiphany Parish
- Feb/Mar** Neighbor Appreciation Day—March 24
Mark Melroy 329-1408
- April** Community Garage Sale—April 28
Kim Herber 325-9923
- May** Mayfair Parade & Carnival—May 19 
Paige Smith paigeinmadrona@hotmail.com
Madrona Blossoms Flower Baskets
Marie Doyle 323-6128
- July/Aug** Madrona BBQ Festival
Seeking Co-Coordinator
John Healy 720-1090
- Sept** Neighborhood Cleanup Day 
Didi Burpee 328-4739
Madrona Community Council Officer Elections
Laura Yurdin 320-8693
- Oct** Kids' Halloween Party
Karen Sampson Liu 323-0630
- Nov/Aug** Winter Greens & Holiday Lights
Marie Doyle 323-6128
- Dec** Christmas Ships & Bonfire at Madrona Beach
Seeking Coordinator

To get involved, contact any of these identified events coordination or Madrona Community Council VP of Events Paige Smith, 329-3368 or paige_eg_smith@hotmail.com.

Check Out
Our New Spring
Items!



1406 - 34th Avenue Seattle, WA • 98122-3334 • 206.324.1283

*Debra Thompson
Harvey paste-up*

Mayfair Volunteers & Participants Needed!

By Paige Smith, MLK Blvd

Dear Neighbors!

Mayfair is just around the corner on May 19 from 10:00am to 1:00 pm. Come help us celebrate this great neighborhood tradition that focuses on the youngest members of Madrona. We are going to have the all-neighborhood parade down 34th Avenue from Al Larkins Park to the Madrona Playfield. Everyone will gather in Al Larkins Park at 34th & Pike at 10:00 where plenty of crepe paper will be available to decorate bikes and trikes and strollers. Deano the Clown will be there, along with lots of games, a bouncy house, face painting, and a great bake sale!!! There will be some exciting new additions to check out as well this year, so be sure to come and join the fun.

I am happy to organize this event but I am looking for some specific help on Mayfair day. Please contact me at paigeinmadrona@hotmail.com or 329-3368 if you have any of the skills listed below and even an hour of your time to give. Your participation will help make this a special day for the neighborhood.

Mayfair Volunteers Needed on May 19:

- Doctor or Nurse in case anything comes up
- Bakers Sale coordinator
- Bakers to make goodies for the bake sale
- Bake sale booth crew to sell goodies (1-hour shift)
- Set up crew to put up tents etc.
- Clean up crew to pick up trash, take down tents etc.
- Bike decorators at Al Larkins Park
- Traffic control during the parade
- Pony handlers to walk/jog with little buckaroos (2-hour shift)
- Face painters, supplies provided
- Other miscellaneous enthusiastic volunteers!

NEW
JayWalk
paste-up

Kismet
paste-up

Good Dogs+Bad Owners=Trouble

Madrona may be the Peaceable Kingdom but irresponsible pet owners can threaten the tranquility. If you have a dog, please keep it in your yard and/or under your control. Dogs—even wonderful household pets—can cause lots of trouble if they are running loose.

The Isaacson Family of 38th Avenue made the sad discovery of their 16-year old cat dead in their front yard. While they didn't see it happen, they could tell from the wounds that the cat had been attacked and killed by a dog. At first they considered that a raccoon might possibly have been the attacker, but concluded that the perpetrator was definitely dog—and one with an accomplice. The dead cat's body was "covered up" in a way that could only have been done by a human trying to conceal the evidence.

In another recent incident, a thoughtful neighbor took in two dogs that were running loose on her street. After attempting to contact the owners with no success, she called Animal Control, who came and impounded the dogs. But soon the dogs were loose in the neighborhood again, apparently "bailed out of jail" by their owners. Before long, one had attacked two pedestrians and at least one other dog. After witnesses called 911, four police cars and one Animal Control officer responded and the dog was hauled away. The Animal Control officer confirmed it was the same dog that they had picked up earlier from the home of the thoughtful neighbor. The dog was obviously someone's pet but after two attacks, she will likely be put down. Under the right circumstances, she may have been fine but allowed to run loose, she put herself and others in danger.

Dog owners...this is a reminder for you! There is a leash law in Seattle and for the safety of your own pet and that of your neighbors and their pets, please abide by it. Dogs are to be on leash even when being walked in your own neighborhood. Thank you for being a responsible pet owner.

NEW
Spectrum dance

Library Closes April 21 for Renovation

By Caroline Young Ullmann, SPL Communications

The Madrona-Sally Goldmark library is tentatively scheduled to close at 6:00pm on April 21 for renovation. The date is tentative because the Seattle Public Library (SPL) is currently advertising for general contractor bids and the date will be finalized once the bids are received and reviewed. April 21 is the last day library patrons can pick up on-hold items, or check-out or return library materials; the exterior book drop will stay open until 5:00pm on May 4. While the Madrona library is closed, patrons may return library materials to any branch. Unless other arrangements are made, items placed on hold, interlibrary loan requests, and purchase suggestions will be available for Madrona residents to pick-up at the Douglass-Truth library located at 23rd and Yesler.

Assuming construction begins as soon as the building has been emptied, the renovated branch is projected to reopen in late 2007 or early 2008. Heliotrope Architects designed the renovations so patrons and staff can use the limited interior space more efficiently. The project includes an improved entrance; new seating; upgraded technology services and equipment; better electrical, communication, and computer connections; improved ventilation; a modern mechanical system; and an updated book collection. The branch will emphasize materials for children, popular fiction, DVDs, and space for holds pick-up.

During the closure, the SPL will add staff to nearby branches to help meet the need for library service. Librarians also will continue community outreach to children and young adults and will make school visits in the branch's service area.

The 1,707-square-foot Madrona branch opened in a converted firehouse in 1973 and is heavily used by residents and schoolchildren. The \$392,213 project is part of the \$196.4 million "Libraries for All" bond measure that Seattle voters passed in 1998. For more information, visit www.spl.org.

Ben Chotsen
paste-up

Edward Jones
paste-up

Madrona Neighbors Present: 365Days/365Plays

By Susie Polnaszek, ??? Avenue

What do an aging diva, an army captain, and a bouncy dog have in common? All three are characters from the short plays by Suzan-Lori Parks that are being presented by members of the community in and around Madrona April 23-29. During the week there will be short theatre-moments, and a different play performed each day at various locations and times. All performances are free, so come out and support us by attending one or all of the plays. We are still seeking a few "ambassadors" to help greet the audience; musicians (hand drum, harmonica, accordion, etc) and those with other secret talents waiting for 15 minutes of Madrona fame. There might just be a role waiting for you...

365 Days/365 Plays—Madrona Performances

April 23—*Make Me a Willow Cabin at Your Gate*

5:30pm: Powell Barnett Park (MLK & Jefferson St.)

April 24—*Tundra*

5:30pm: Metro bus stop across from Catfish Corner (MLK & Cherry)

April 25—*Lights/Rats*

4:00pm: Madrona Playfield

April 26—*Giant Step*

3:30pm: Garfield Community Center entrance (23rd & Cherry)

4:00pm: Madrona K-8 School entrance

April 27—*Diva*

6:30pm: Outside of Central Cinema (21st & Union)

April 28—*Tourism in LA County*

1:00pm: across from Philadelphia Cheese Steak (23rd & Union)

12:30pm: 34th & Union

April 29—*Playing Possum*

1:00pm: Cupcake Royale/ Madrona Playfield (34th & Spring)

Your neighbors and friends are acting in the plays locally, but we're also connected with a premiere of the plays that's happening in cities throughout the country. Playwright Suzan-Lori Parks will be in Seattle to see her plays performed here on May 7. For info on her visit and the whole 365 Day experience, visit www.365seattle.com. To get involved with the Madrona performances, contact me at 227-5640 or artandspirit@hotmail.com.

20/20 Cycle
paste-up

Neighborhood Appreciation Day 2007!



It was a happy day of balloons and cupcakes as members of the Madrona neighborhood and Madrona K-8 joined together to honor some of the people who make our neighborhood special. Congrats to all the winners and thanks to Laura Yurdin, Paige Smith and Jon Hughes for event planning, to Ellen Kern and Alix Hughes for making and framing the award certificates, to Madrona K-8 for making the library available, and to Heather Harris and her Madrona K-8 Daisies/Brownies/Girl Scouts performers and Madrona K-8 student dancers. Special thanks to our ever-supportive neighborhood business for donating goodies for the day and gift certificates for future fun: Café Verite/Cupcake Royale, Madrona Alehouse, St. Cloud's, Hi-Spot, and Coupage.

Madrona Resident for Life Award: Shelley Huestis, Madrona Mom Extraordinaire



This award recognizes a former Madrona resident for the impacts s/he made while s/he lived here, and the timeless value of those contributions.

Shelley Huestis has been involved in just about everything that has happened in Madrona the past 10 years. Even with one, then two, and then three young children at home and a commercial fisherman husband, Shelley was always available to lend a hand. She was a Madrona Mom, Madrona K-8 PTSA officer, community and school event organizer, and a positive force throughout the neighborhood. If you didn't know Shelley, you must not have gotten out much! She and her family recently moved to North Bend but Shelley's huge heart and endless energy left a permanent impact on Madrona.

I love working at Madrona K-8 and the two biggest reasons are right here in this room: the kids and the staff. They make it a pleasure to come to work everyday! It's awesome to be able to honor a few of the members of the Madrona K-8 team who are extra special.

Kaaren Andrews, Madrona K-8 Principal

Mary Bass Award: Michelle Manion,



Parent Volunteer Coordinator

This award goes to a person who goes above and beyond the call of duty linking the community and the school.

Doris Baptist Hickman Staff Award: Beth Alexakos, 4th Grade Teacher

This award is named for our beloved teacher. It honors a Madrona K-8 School staff person who has made a significant contribution to the school.



Go Panthers Award: Heather Harris, Madrona CDSA



This award recognizes an individual who has made extra and extraordinary efforts for the education and growth of Madrona K-8.



Local Hero Award: Judith Starbuck, Friends of Madrona Woods

This award is given to a Madrona resident for an act of heroism, singular kindness or generosity.

Judith Starbuck has been a Madrona resident for 37 years and for the past 10 has been a stalwart community activist for the Madrona Woods project. Along with other neighbors, Judith has worked at least one weekend a month cleaning up the Woods and building a first-class series of urban nature trails. As the project expands to day-light a long-corralled stream so it can again flow into Lake Washington, Judith keeps the neighborhood informed with Madrona News stories and other PR. She has been part of the grant-writing team and arranged for assistance from groups like Earth Corps. Her ability to translate the Friends of Madrona Woods vision, which brings so many organizations and individuals together to undertake such an ambitious project, is a huge gift to the neighborhood.

Madrona Student Award

This award recognizes a Madrona student who demonstrates through his/her actions the Madrona Way: "We are academic achievers, respectful and caring of ourselves, our school, and our community".

We were supposed to select one student to receive this award but that was just impossible this year. Instead we decided to break the school into three groups by grade and choose a student from each. Even then it was hard!

Kaaren Andrews, Madrona K-8 Principal

2nd Grader Elizabeth Huse—Kindergarten to 2nd grade award

Elizabeth is one of those go-to kids. If you need something she's always there and does a great job.

4th Grader Darion Scott-- 3rd to 5th grade award

Darion is new to Madrona K-8 this year and already he embodies what it means to be part of our school. We are very proud to have him here.



7th Grader Kimberly May— Middle School award

Kimberly has been at this school since she was in Kindergarten and it's been a pleasure for the staff to watch her grow into such a fine young woman.



The Nora Award: Bill Hanson, 32nd Avenue

Named in honor of Madrona activist Nora Wood, this award is given to a Madrona resident who has left a personal mark on the community.

Bill Hanson has worked tirelessly for the Madrona community as the Madrona Community Council

(MCC) president. For 10 plus years, Bill fielded phone calls from concerned neighbors, organized and ran the monthly MCC meetings, brought community-minded speakers to Madrona, and made sure our neighborhood was represented in local political and governmental decisions. Bill's hard work, commitment to the community, long hours of volunteerism and kind heart are an inspiration to all.

Unsung Hero Award: Fred Strom, Music Teacher

This award is given to a Madrona resident for service to others in the larger community.

Frederick B. Strom has lived in Madrona for about 35 years and retired many years ago after having taught music, particularly orchestra, in the Auburn public schools. Three years ago, he began volunteering at Meany Middle School to help start an orchestral music program. Since then, he gets up early every school day and heads to Meany as an unpaid, volunteer music teacher. He conducts the orchestra class, teaches beginning and advanced students, and hosts school concerts. He brings his musical friends and members of the Seattle Philharmonic Orchestra to school to enrich and broaden his students. If a promising musician needs an instrument, he finds the child one. Fred is great with the kids. He was beloved in Auburn and has no doubt started many Meany students on a musical path. He is a wonderful neighbor and a good friend.



Fresh Veggies Closers Than Ever

Melt the butter and grab the salt—it's fresh veggie time at last! Beginning May 4, Madrona will have a weekly Farmer's Market closer than ever. The Madison Valley Market is transplanting itself from last summer's location near Mt Zion church to MLK & Union, next to our very own Grocery Outlet. The new Madison/Madrona Farmer's Market will be open every Friday from 3:00pm to 7:00pm. It is operated by Seattle Market Places, the same organization that runs the Fremont, Ballard, and Wallingford Center markets. These markets are modeled after vibrant European street markets that offer a little bit of everything and more info is available at www.fremontmarket.com

On Wednesday, May 2 the Columbia City Farmers Market (4801 Rainier Ave South at S. Edmonds) also starts another delicious season of weekly fresh offerings from 3:00pm to 7:00pm. This market is operated by the Neighborhood Farmers Market Alliance, and all vendors either grow the food they sell or make it themselves, from scratch. For more information see www.seattlefarmersmarkets.org

Both markets will be open weekly through the fall, with a changing assortment of fresh produce and other items. Here's a mouth watering list of some of what to expect to find there in May:
 Asparagus * Rhubarb * Lettuce * Arugula * Bok Choy * Sorrel * Spinach * Greens * Swiss Chard * Carrots * Cucumbers * Broccoli * Cabbage * Bamboo Shoots * Fiddlehead Ferns * Wild Mushrooms * Potatoes * Parsnips * Herbs * Organic, pasture-raised Pork & Beef * Free-run locally raised Chicken * Organic Eggs * Cheeses * Goat Cheeses & yogurt * Wild Salmon * Caviar * Albacore Tuna * Shellfish * Raw Honey * Pastries * Artisan Breads * Hard & Sweet Ciders * Dried Fruits * Fruit Preserves & Spreads * Salad Dressings * Nursery Stock * Flower Baskets * Shrubs.

Madrona Computer & Network Support

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 1997-
 2007

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NEW
Madrona Presbyterian
paste-up

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Cove Construction Begins At Last

Along the shore of Lake Washington not too far from the Madrona Drive turn around, a new cove and streambed are taking shape in Madrona Park. It's mostly bare earth and mulch now, but look at the artist's renderings on the Parks Department sign posted nearby to see what it will look like in a few years. Volunteers like you will put in the plants in September.

With the trilliums and red-flowering currants in bloom in Madrona Woods, we remember Jack Bucher, who died in early March. Jack and his wife Ann were part of the original group that started the restoration in 1996, and Jack continued to work in the woods until just a few months before his death. We'll miss his quiet presence and his wry wit. We're glad Ann will continue working with us, healing while clearing and planting under the big-leaf maples, cedars, and Douglas firs.

I was honored to receive the Local Hero Award for my work in Madrona Woods at this year's Madrona Neighborhood Appreciation Day. That award should really go to all of our regular volunteers who give so much to the restoration:

- **Ann Bucher**, our plant expert who's been there from the first and is always there for whatever's needed.
- **Joan Scott**, another original and our treasurer who is never seen in the Woods without her hand pruners.
- **Bill Scott**, who's been maintaining our water cascade across from the Dance Studio.
- **Peter Mason**, who's devoted hours and hours to shoring up and planting the steep slopes in the Spring Street Ravine, as well as working with school kids and administering grants.
- **Deirdre McCrary**, our work party coordinator who tirelessly works with kids and tends the woods whenever there are birds to serenade her.
- **Mary Casey**, Theo's mom, who coordinates our efforts and administers several grants.
- **Paul Beveridge**, our lawyer member who's helped us get through the maze of permits to make the daylighting possible.
- **Michael Quirk**, our new Board member whose expertise as a contractor is really coming in handy.
- **Peg Gaynor**, our landscape architect for nine years, who we have adopted as a member of the community. She's the brains behind all our plans and has donated countless hours to make our mutual dreams become reality.
- And last, but certainly not least, **John and Betsy Darrah**. John started everything in 1996, Betsy is our contact with the city, and both have been loyal workers ever since day one.

Contact Deirdre McCrary at deirdre_jaymccrary@msn.com to get your name on our e-mail list for notification of work parties. At our regular third-Saturday 9:00am to 1:00pm work parties from we'll continue to clear areas where no construction is in progress. Thanks this month go to Vince Pettit who put his back into 21 hours of community with us! For more information about activities in the Woods and Park, contact me, at judithstarbuck@msn.com or 322-2640, or visit our website at www.madronawoods.org

By Judith Starbuck, Grand Avenue



Feel free to drop by and watch the contractors and our landscape architect place logs and root wads to stabilize the shore and create a natural look.

We still need quite a bit of money to complete the whole project by next year. You can send much-appreciated tax deductible donations at any time to Joan Scott, 3700 East Marion St., 98122.

*Prestige Custom Builder
paste up*

NEW
*Dahlia Spa
paste-up*

Neighborhood School News

Madrona K-8 Facilitated Meeting

On March 27, nearly 200 current and former Madrona K-8 parents, staff, and neighbors gathered at the school to participate in a facilitated meeting to discuss issues and ideas. The experience of the meeting was covered in a *Seattle Times* story. Here is a little history about the purpose of the meeting.

The meeting was held because hard issues raised at the school have created dissonance in our community. The goal of the meeting was to have tough issues raised and heard. The Seattle School District paid for Dr. John Warren from UW to be the facilitator to work with the Madrona school community. Dr. Warren formerly headed the Latino studies program at UW and has experience facilitating meetings where race has been a concern. He was selected by representatives from the district, including Caprice Hollins and Ruth Metzger, and welcomed by Madrona Principal Kaaren Andrews and Vice-Principal Brad Brown who were impressed by his ability to synthesize and understand information they presented to him. Dr. Warren met with representatives from the district, school administrators, and PTSA officers before the meeting to get acquainted and outline the meeting framework.

The goal of the meeting was an open discussion and development of an action plan. Progress was made but work continues. The conversation was very difficult at times. A follow up meeting is planned but the date has not been set.

NEW
St. Therese
Paste-Up

Attend St. Therese School Next Year

For families considering sending a child to St. Therese School on 35th Avenue in Madrona this coming school year, we have good news and bad news. The bad news: our Kindergarten class is full but we are accepting families on a wait list. The good news? We are still accepting applications for grades First through Seventh. For more information or to schedule a school tour, call the office at 720-7278.

First Graders Take a Chilly Zoo Trip

Excerpted from Panther Prints, the Madrona K-8 Newsletter

Ms. Rutledge's and Ms. Parker's 1st Graders enjoyed a wonderful day at the zoo on March 23. The weather wasn't quite perfect, but that didn't dampen our enthusiasm. The students, teachers, and chaperones were met at the Zoo gates by two wonderful tour guides.

Guide Heidi led Ms. Parker's class on an exploration of Alaska. First, the class formed two lines and walked like wolves through the zoo on the long journey to Alaska. Different wolves took turns leading the pack so that no one wolf got worn out breaking the trail through the deep snow.



Morgan and Rachel

Unfortunately, the real wolves were hiding when room 205 showed up, so we didn't get to see them. But we did get to watch two arctic foxes and learn about the strategies they use to stay warm during the long, cold winter. We also got to see a brown bear, mountain goats, a bald eagle and elk and learn about how each animal stays warm and dry during the long, arctic winter. We also learned about hibernation and torpor and how these periods of inactivity are different for different animals. Did you know that bears don't actually hibernate? They really go into torpor—meaning they can wake up to eat or if bothered, but then can go back into a restful slumber.

After lunch, the students and chaperones explored on their own in small groups. Students got to see dwarf crocodiles, snakes, frogs, bats, porcupines, elephants, orangutans, tapirs, hippos, giraffes, African wild dogs, lions, a Komodo dragon, a fennec fox, and lots of other animals. It was a fantastic, memorable day.

St. Therese
Paste-Up

To Your Well-Being: Finding A Therapist

By *Kathy Underwood, MSW, LICSW*

A friend recently shared her growing frustration in finding an effective therapist. I have had this conversation before numerous times with friends and family. If only I could be their therapist, things would be easily resolved—NOT! Humor aside, connecting with a good therapist can be more challenging than one might think. I've come to the wisdom that finding the perfect therapist is a bit like finding the perfect mechanic.

That said, I thought I'd share with you the same advice I give to friends. These guidelines can help you narrow down the overwhelming number of available therapists and, I hope, make the selection process more successful.

- Ask for recommendations. Your friends are a good resource for referrals.
- Use the internet. Explore therapists' websites to see their photos and read about their philosophy and practice.
- Location, location, location. It can be very helpful to have a therapist located close to your home or work to avoid the added stress of time and travel.
- Interview the finalists carefully. Use your research to narrow the field down to a few candidates and call them.

In the phone call, ask specific questions about his/her practice. The therapist should be able to facilitate the conversation. At the conclusion of each call, ask yourself: How do I feel now? Write a few thoughts next to each name for quick reference to help make your final decision. Do you like her voice? Does he relate to you? Has some of your discomfort decreased during the call? Of course, if you immediately feel connected, make an appointment.

When you first meet the new therapist, remember my nifty acronym about what to look for: **HEARD**

- **Help:** Is the therapist helpful? Does she guide the conversation to allow your insight?
- **Empathy:** Is the therapist caring and open-minded? Can he listen without bias?
- **Affinity:** Do you relate to the therapist?
- **Resources:** Is the therapist resourceful? Does she have a repertoire of skills?
- **Discretion:** Do you trust the therapist to maintain confidentiality?

Don't second guess your intuition about the therapist-client relationship. Do recognize that technique and theory are second to the authenticity and humanist of the therapist. Feeling supported and safe is essential to your healing and growth. Remember that even with the best therapist, therapy is not magic. Problems have taken time to develop, so change takes time, too. Here's to your success in selecting and working with a therapist.

Kathy Underwood, MSW, LICSW, runs a private practice out of the Amara Parenting building at 33rd and Union. She can be reached at 293-8308 or www.kathyunderwood.net.

CoRRRECCIONS

The Madrona Dining & Sipping Society point of contact was incorrect in the Community Calendar. The correct email address is: audreyseale@qwest.net.

Credit for the photo of Roy McMakin in the March *Madrona News* goes to Glenn Rudolph.

*Scooter and Ken
Paste-up*

*NEW
YMCA
Paste-Up*

Madrona Biofuel Co-op Sponsors Forum

By Nikola Davidson, 31st Avenue

Just a few months after celebrating our first birthday, our very own Madrona Biofuel Co-op is proud to sponsor the 5th Annual NW Biodiesel Forum. The forum will be held at the Seattle Center on May 6 from 10:00am to 5:00pm. New this year is a special kids' area, where kids can play and create an eco-vehicle with recycled materials.



If you are at all curious about biodiesel and other related Earth-friendly things, this event is for you. Experts on topics ranging from global warming to regional transportation solutions will participate in lively discussions guaranteed to educate. Biodiesel will be brewed on the premises and there will be many displays and examples of how the fuel can be used in homes, boats, fleets, and cars.

The Biodiesel Forum is a great place to get all your questions answered and to have fun at the same time. Did you know that this year alone biodiesel production in Washington state is expected to jump from 10 to 200 million gallons? Find out how this will impact our region, what it means for our farmers and our environment, and what it can mean for you and your family. For a complete schedule of events go to www.nwbiodiesel.org.

Seeking Madrona Superhero!

Help Wanted: Neighborhood Crime Prevention Coordinator. The Madrona Community Council would like to thank Virginia Sly for serving as our crime prevention focal for the past couple of years. Virginia is looking to "retire" from this position and so we need someone to take over.

The position requires around 8 hours of time per month. Responsibilities include fielding questions and reports from neighbors regarding criminal activity and attending the monthly East Precinct Crime Prevention Coalition meeting (2-3 hours). The Crime Coordinator also attends the monthly MCC meeting (2-3 hours), and writes short *Madrona News* articles (1 hour).

Virginia has found the position interesting and a rare opportunity to be involved with the MCC and get to know many more Madrona neighbors. If you are interested, contact her at vslye@msn.com or MCC President Laura Yurdin. You can also toss your hat into the ring at the May 1 MCC meeting at the shelterhouse in Madrona Playfield at 7:15.

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GV Café, for Connoisseurs with a Conscience!

By Amy Hebert, GV Communications

We know that there are many places in Madrona to get a great cup of coffee. But those of us at Global Visionaries hope you will detour from your regular java jive and stop in for a cup-o-Joe on us during our April 27 Open House. Between 9:00 am and 5:00pm we will offer free tasting of our latest delivery of Guatemalan coffee in our Global Visionaries Café, located at 1130 34th Avenue. Drop in for a cuppa and learn about this great nonprofit growing right in your neighborhood.

Global Visionaries Café is 100% pure Arabica coffee grown in the mountains of Guatemala. Each pound of coffee is produced by Café Esperanza, a youth-run, Guatemalan coffee cooperative. Each year, students involved in the Global Visionaries Leadership Program travel to Guatemala and participate in coffee production with the small, independent coffee producers of Café Esperanza. Global Visionaries Café is now available for purchase in our office so you can enjoy the rich flavor of Guatemalan coffee at home! All proceeds from coffee sales support Café Esperanza and Global Visionaries development projects in Guatemala.

Global Visionaries Café is certified by As Green As It Gets—an economic development organization supporting small, independent producers and promoting environmentally responsible agriculture in Guatemala. Producers of As Green As It Gets-certified products partner with organizations like Global Visionaries to sell directly to consumers. Through partnerships like these, producers receive substantially more sales revenue than what they could earn through local intermediaries. As Green As It Gets receives no revenue from product sales. Learn more about Global Visionaries on line at www.global-visionaries.org

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Madrona Community

Seattle, Washington

www.Madrona.us
Calendar of Events

- WEDNESDAYS** 3-7pm **COLUMBIA CITY FARMERS MARKET**—4801 Rainier Ave S. at S. Edmonds, beginning May 2.
- WEDNESDAYS** 8-10pm **PICK-UP BASKETBALL FOR ADULTS**—Madrona K-8 gym, \$3 fee goes to PTSA, Jon Hughes 349-1441.
- THURSDAYS** 10-11am, **SOUND STEPS**—Walkers explore the Central District on foot, Garfield Community Center, Mari Becker 684-4664.
- THURSDAYS** 7:30pm, **AA/ALANON MEETING**—Epiphany Great Hall.
- FRIDAYS** 3-7pm **MADISON/MADRONA FARMERS MARKET**— Next door to Grocery Outlet, MLK & Union, beginning May 4.
- FRIDAYS** 7:30am **MADRONA/LESCHI CITIZENS AGAINST THE WAR**—Quiet demonstration, 23rd & Union, Kathy Baker kbarker715@comcast.net

- Apr 21** 1:00pm **Chado Tea Demonstration**—Washington Arboretum Shoseian Teahouse. <http://www.urasenkeseattle.org/>.
- Apr 21** 5:30pm **Global Visionaries Sixth Annual Global Visionaries Fiesta de Guatemala Auction and Cultural Evening**—The W Hotel in downtown Seattle. Tickets info at www.global-visionaries.org or Chris Fontanas, 1130 34th Ave.
- Apr 21** 6:00pm **Madrona Library Closes for Renovation**—Book drop open until May 4. Pick-up library materials at Douglass Truth branch, 23rd & Yesler.
- Apr 21-29** **4th Annual African American Film Festival**—Featuring local, national, and international filmmakers, Langston Hughes Performing Arts Center, 104 17th Ave S, www.langstonblackfilmfest.org
- Apr 23-29** **365 Days/365 Plays**—Various Madrona performances locations. Sue Polnaszek 227-5640 or artandspirit@hotmail.com.
- Apr 27** 9:00am-5:00pm **GV House and Coffee Social**—Sample fresh Guatemalan coffee and learn about our mission and plans, Global Visionaries 1130 34th Ave., Chris Fontanas, www.global-visionaries.org
- Apr 28** 8:00am to 4:00pm **Madrona Community Garage Sale**—Set up the night before after 5:00. Madrona K-8 gym. Kim Herber 325-9923 or kdh5027@aol.com.
- Apr 28** 9:00am to Noon **Friends of the Ravine in Madrona (FORM) Workparty**—Meet at the Pine St. bridge bus on Madrona Drive. Linda Hanson lglasla@comcast.net
- May 1** 7:15pm **Madrona Community Council Meeting**—Madrona Playfield shelterhouse, Laura Yurdin 320-8693 or LYurdin@PointB.com
- May 1** 6:00-8:00pm **Adoption Information Meeting**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 www.medinachild.org
- May 2** 3-7pm **Columbia City Farmers Market Opening Day**—4801 Rainier Ave S. at S. Edmonds, continues every Wednesday.
- May 4** 3-7pm **Madison Valley/Madrona Farmers Market Opening Day**—Next door to Grocery Outlet, MLK & Union, continues every Friday.
- May 6** 10am-5pm **Northwest Biodiesel Forum**—Sponsored by the Madrona Biofuel Co-op. Seattle Center Fisher Pavilion, www.nwbiodiesel.org.
- May 10** 6:30pm **Madrona Dining & Sipping Society**—Everyone invited to this casual dinner of neighbors and conversation. Location info from Audrey Seale 329-8775 or audreyseale@qwest.net
- May 12** 5:00pm **St. Therese School Auction**—Hooray for Hollywood! Red Lion Inn, Info at 324-0460, order tickets on line at www.stthereseattle.org/school/auction_tickets.htm
- May 16** 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522
- May 16** 7-8pm **Madrona K-8 Panther Partners (PTSA) Meeting**—Madrona K-8 library, Panther Partners Secretary, Julie Wroble 324-4829
- May 19** 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary deirdre_jaymccrary@msn.com or www.madronawoods.org
- May 19** 10:00am-1:00pm **Madrona Mayfair Parade & Games**—Meet at Al Larkins Park to decorate bikes at 10:00, parade at 10:30, Paige Smith paigeinmadrona@hotmail.com or 329-3368.

April

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May

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Newsletter of the Madrona Community Council

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May 4, Next MADRONA NEWS DEADLINE

Article Submission: Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to kdh5027@aol.com and to production editor Christine Bender at christinb@conversation.com.

Advertising: Contact Reshenna Andrews at 219-1467 or reshenna@conversation.com. Rates are on-line at www.madrona.us.

Mailing List Additions: Contact Kim Herber (see above).

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