

Madrona

NEWS
www.madrona.us

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Madrona Artist Contributes Two Pieces to New Sculpture Park

The Olympic Sculpture Park is Seattle’s new outdoor masterpiece, a hullabaloo of shapes and colors and nature. On February 14, in a special Valentine’s Day performance, Madrona artist Roy McMakin added his second piece to the collection. What began as a talk for 100 people evolved into a performance called “Roy McMakin: Of Love and Loss.” In it, Roy explored the themes love and loss embodied by sculpture of the same



Olympic Sculpture Park Art Acquisition Fund and gift of Paul G. Allen Family Foundation, Photo by Paul Macapia

name, a whimsical mixture of painted concrete furniture and steps, and a living tree. Most recognizable for its rotating neon ampersand, the tableau sneaks in the two words in large



white letters. The branches of a deciduous tree—currently bare—form a playfully painted V that will change with the seasons. The performance was the first of the Seattle Art Museum’s new performance-based programs called “Taking the Pulse.”

(continued on page 2)

MCC President’s Corner

By Laura Yurdin, 32nd Avenue

We had a great turnout at the March Madrona Community Council (MCC) meeting. Over 20 residents came to talk about issues pertinent to our neighborhood. We had a lengthy conversation about the parking situation around the commercial district of Madrona. Norman Yelin and a number of other neighbors raised the issue that parking seems to be more limited and it’s recently gotten more difficult for residents to park in front of their nearby homes. There was a proposal to engage the Seattle Department of Transportation (SDOT) to study the Madrona parking situation and propose what would serve

Madrona best in regard to zoning. We will consider and vote on next steps about the possible study at the April MCC meeting. To view the SDOT information, visit www.seattle.gov/transportation/parking/parkingrpz.htm#HowToInitiateRPZ. In the meantime, we agreed to commission a committee to engage Madrona business owners in a discussion around parking. The goal is to find a solution that allows residents and the businesses to co-exist so our neighborhood thrives. To get involved, contact me or come to the April MCC meeting.

(continued on page 2)

5 Generations of Strength

By Tara Clark, 34th Avenue

One of the many reasons I love Madrona is because it is a neighborhood filled with strong, dynamic women. This summer I had the pleasure of photographing my neighbor Jewel Howard. Jewel is the type of person who exemplifies strength. She



Jewel Howard

moved to Madrona in 1967 with her three children. Her mother Altha Harris soon left Gary, Indiana to join Jewel and her kids in Seattle. Today, Jewel, Altha and Jewel’s daughter Carla Caldwell all reside close to each other in their three homes near Al Larkins Park. Over the years Jewel has provided a safe, nurturing place for over 70 foster children in her Madrona home.

In the two years I have lived next-door to Jewel, I have come to admire the strength and support these three women provide each other. When I offered to create a 3-generation portrait for them, I learned that there are actually five generations of

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Madrona artist... (cont'd from page 1)

McMakin has lived in Madrona for over a decade where he works as an artist and as the principal designer at Domestic Furniture, a workshop committed to sustainable industries and local production. He was born in Lander, Wyoming, and studied art at the Portland Museum of Art School, and received his BA and MFA from UC San Diego in

1979 and 1982. Noted for his impeccable craftsmanship and spectacular finishes, he has completed commissions for the offices of the J. Paul Getty Museum, MCA San Diego, and UC San Francisco.

McMakin's work was the subject of a retrospective exhibition at the Los Angeles Museum of Contemporary Art, and the Henry Art Gallery in 2004. His current projects include Bill and Ruth True's house in Washington

Park, a house on Vashon Island, various outdoor sculpture commissions in California and Montana, and preparing for an upcoming New York show. He is also working with Glassybaby founder Lee Rhodes on her new Madrona facility.

His other contribution to the Sculpture Park is a cast concrete Bench that is both sculptural and functional. Initially conceived for a project in California, this Seattle bench invites passersby to stop a moment and enjoy the view of the most spectacular art piece of all, "Puget Sound, with Ferries, Seagulls and Olympic Mountains."



Roy McMakin

Moose in Cyberspace

Fans of Madrona Moose take heart! The store on 34th Avenue may have closed but the moose is merely on the hunt for a new location to call home. While owners Carrie Schei and Adam Brotman mull over their list of possibilities, they have moved their operations into cyberspace. Drop in to www.madronamoose.com and you will find all of the great kid clothes and accoutrements Madrona Moose is famous for.

While you're at the site, you can also join the Moose email list to hear about new items and be the first to know when the Moose selects a new store location. In the meantime, visit Madrona Moose on line and have fun browsing and shopping with the Moose in cyberspace!

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Joan Paulson 954-5074

MCC President's Corner (cont'd from page 1)

It is March and that means Neighborhood Appreciation Day! The plans are looking good and I hope to see you all at the Madrona K-8 School library on March 24 at 11:00am. This is a wonderful way to meet your neighbors and honor the people who make Madrona what it is. To help out the day of the event, contact Mark Melroy at mmelroy@yahoo.com.

At our March MCC meeting we were also fortunate to have Barbara Earl Thomas speak with us about the Northwest African American Museum (NAAM) that is due to open next March in Coleman School on the I-90 lid. Barbara walked us through the plans for the museum, which will address aspects of history, art and music to tell the story of African Americans in the Northwest. Above the museum, the building will have several units of affordable housing—a hot commodity in the area these days. The group behind NAAM has raised over \$16 million to date and you can still contribute. Tour the virtual museum or make a donation at <http://naamnw.org/>

We thank local realtor Judy Honican for her continued support of Madrona through her community partnership checks from her company, Coldwell Banker Bain. In March, Judy presented over \$9,000 to the Madrona neighborhood and Madrona K-8 School from sales of four local homes. Thank you Judy!

The meeting attendees also approved a motion to provide a letter of support to the Lake Washington Cottages Green Belt Committee. They are pursuing a "Small and Simple" grant from the Department of Neighborhoods for funds to restore their end of the Madrona Ravine. If you have any questions about this project, reach out to organizer Barb Crook at bjcrook@comcast.net.

Our March MCC meeting was great because we got to talk about the issues that are important to us as neighbors. We all want Madrona to remain unique and I encourage all of you to continue to forward ideas or topics for discussion to the MCC. We meet the first Tuesday of every month at 7:15 in the Madrona Playfield shelterhouse. The next meeting is April 3 and all are welcome.

On a parting note—the MCC and Madrona K-8 School would like to acknowledge that Shelley Huestis and her family are leaving Madrona for North Bend. Shelley has been a true leader in our neighborhood for the past several years. It's a loss for Madrona, but we wish Stephen, Shelley, Dora and Will well and thank them for being a special part of our community.

Are your bulbs starting to come up??? See you in April!

décor on 34th

Next

@1421 34th Avenue
Opening April 5, 2007

5 Generations.. (cont'd from page 1)

women! Carla's daughter Zannetta Caldwell is currently serving in Iraq and her two beautiful daughters Destiny and Emotion Harris are staying with Carla while their mom is away. The girls happily took their places next to their grandmother Carla, great-grandmother Jewel, and great-great grandmother Altha, who held a picture of the girls' mother Zannetta. The result is a wonderful image of multi-generational love. I feel so fortunate and hope all Madrona residents are as lucky as I am to have amazing and giving neighbors like Jewel Howard.



L to R: Emotion Harris, Jewel Howard, Altha Harris, Carla Caldwell, Destiny Harris

What's Next? It's More Decor!

By Suzanne Sheppard, 34th Avenue

You just can't get too much of a good thing. Decor on 34th is expanding into a second location across the street from the original shop. Next! will be in the Madrona Plaza Building, right between two Madrona favorites, Fetch and Cremant. The grand opening begins April 5 and the celebration extends through the weekend. Starting April 10, Next! will be open regular hours, Tuesdays through Saturdays from 11:00am to 6:00pm. Stop in and see what's next at Next!

This "next" venture gives us more space to fill with the furniture and accessories that you love to use to create your perfect home environment. With great quality and style, Next! can now bring you a larger selection of items such as art, candles, lamps, tables and chairs, diffusers, etc. plus many ideas on comfortable living.

Our first store, Decor on 34th, located between Coupage and the Hi-Spot, will continue to be open Thursdays through Saturday, with many of your old favorites at new prices. We'll still provide services from our cozy original storefront, helping you adjust the look of your home as your life changes. Since Decor first opened in October of 2003, we've had some great parties, spruced up many Madrona rooms and homes, welcomed new neighbors, and been part of the revival of downtown Madrona. We know that Madrona is a great place to eat, shop, and walk and we thank you for your continuing support. See you at Next!

2007 Madrona Neighborhood Events

Thanks to Karen Sampson Liu and Didi Burpee!

- Jan** Ecumenical Martin Luther King Celebration—Jan 14
Epiphany Parish
- Feb/Mar** Neighbor Appreciation Day—March 24
Mark Melroy 329-1408
- April** Community Garage Sale—April 28
Kim Herber 325-9923
- May** Mayfair Parade & Carnival
Seeking Coordinator
Madrona Blossoms Flower Baskets
Marie Doyle 323-6128
- June** Neighborhood Cleanup Day NEW
Didi Burpee 328-4739
- Jul/Aug** Madrona BBQ Festival
John Healy 720-1090
Seeking Co-Coordinator
- Sept** Madrona Community Council Officer Elections
Laura Yurdin 320-8693
- Oct** Kids' Halloween Party NEW
Karen Sampson Liu 323-0630
- Nov** Winter Greens & Holiday Lights
Marie Doyle 323-6128
- Dec** Christmas Ships & Bonfire at Madrona Beach
Seeking Coordinator

To get involved, contact any of these identified events coordination or Madrona Community Council VP of Events Paige Smith, 329-3368 or paige_eg_smith@hotmail.com

Check Out
Our New Spring
Items!



1406 - 34th Avenue Seattle, WA • 98122-3334 • 206.324.1283

*Debra Thompson
Harvey paste-up*

Play Madrona Mutt Match-up

By Claire McCoy and Helen Payton, 34th Avenue

Sometimes it seems like everyone in Madrona has a dog. All of these dogs live in our neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 8.



JAH

Personals: 14 year old Siberian Husky
Favorite Thing: Sniffing the air, waiting for snow



MAISY

Personals: 6 year old Sheperd/Retriever mix
Favorite Thing: A long walk



MOSES

Personals: 5-year old Portuguese Water Dog
Claim to Fame: Starred in "Annie"

Your Mutt Match reporters are Claire McCoy proud dog owner of Lizzie, female black lab; and Helen Payton owner of Kodi, male black lab, and Jah, a male husky.



HELEN

Lived in Madrona: 8 yrs



RICK

Lived in Madrona: 8 years



GRETCHEN & BRUCE
Lived in Madrona: 13 years

Food as Art Benefit Event for CD Forum

The Central District Forum for Arts & Ideas is having a party!

Inaugurated three years ago, Food as Art (FAA) has become the signature benefit of Central District Forum for Arts & Ideas and one of the top fundraising events of Seattle. This year it will be held at the Bell Harbor Conference center on April 7. The FAA features elaborate tasting stations from some of Seattle's top African-American Executive Chefs and restaurateurs. It has been featured locally in *Seattle Magazine*, the *Seattle Times*, and the *Seattle Post-Intelligencer*, and nationally in *Philanthropy World Magazine*. The evening also includes a silent auction of art- and food-related goods and services. If you have items you'd like to donate, contact Stephanie Ellis-Smith at donate@cdforum.org.

There are several options for FAA tickets: \$150 Main Course tickets include a private VIP reception with the chefs before the event, and a souvenir cookbook; \$100 Entrée tickets include unlimited drink and revelry, and \$75 Dessert tickets include a donation that allows a student or artist to attend for only \$25. Tickets will not be sold the night of the event and can be purchased now at www.brownpapertickets.com.

The CD Forum is also very proud to announce that we recently received our largest grant ever! Thanks to a \$70,000 grant from the Paul G. Allen Foundation to increase our staff and fundraising ability, we are seeking an experienced Development Manager to join our team. See our website www.cdforum.org/ for details.

NEW
Baker Language
Paste-up

NEW
Kismet
paste-up

Madrona Stream Daylighting Has Begun!

By Judith Starbuck, Grand Avenue

The construction fences are up in Madrona Park where the new cove will be. The demolition of the old retaining wall at the lakeshore has begun. During the next couple months the cove will be carved out and graded, fish weirs and ponds put in, and the culvert run under Lake Washington Boulevard. We expect our current contractor's work to be finished by the end of July, and other separately contracted pieces done by the fall.

Please excuse our mess! The construction involves trucks going in and out from Lake Washington Blvd, inconveniencing walkers and drivers, but we expect to keep one lane open. Walkers and runners will have to use the sidewalk by the road for up to nine months while the fences stay up to protect new native plants along the shore. We'll post the schedule on the Parks Department sign by the lake so everyone knows what to expect.

We've recently had help clearing, planting, and mulching in the Spring Street Ravine from groups of students from Jackson High in Woodinville and the UW environmental education program. We're grateful to all for their good help.

Thanks also to our fundors: City of Seattle Aquatic Habitat Matching Fund, King County Grant Exchange (WaterWorks), King County Council's Department of Natural Resources and Parks (Water and Land Resources Division), and the National Oceanic and Atmospheric Administration.

And special thanks to all of you who sent money in response to our appeal in last month's *Madrona News*. Use our envelope—or any other—to send a check to our treasurer, Joan Scott at 3700 East Marion St., 98122. To get on our e-mail list for notifications of work parties and other events, contact Deirdre McCrary at deirdre_jaymccrary@msn.com. For anything else, contact me at judithstarbuck@msn.com, go to our website, www.madronawoods.org, or watch the kiosks for updates.

Two Boutiques Add Retail to Bowling Green

The Madrona Company, the folks who built the Bowling Green complex, have moved out of their office on Spring to make way for more retail. They'll work from home so that Juniper, a boutique offering great style and unique shopping, can take root and grow.

Scheduled to open in mid-March, Juniper offers a carefully chosen selection of women's clothing and a small assortment of unique housewares. Juniper focuses on the wares of designers who work with sustainable fabrics, methods, and business practices. Shop owner Lisa Clinton lives in Montlake and she can't wait to spend her days meeting, greeting, and pleasing her new Madrona neighbors.

Down a couple of windows from Juniper, a Madrona husband and wife team has come home to roost at their shop, Two Owls. While the space doesn't exactly have a line down the center, it definitely has two distinct personalities. It is operated by Travis and Mona Anastas as a way for them to pursue their very separate passions yet keep their family together (son Oliver is 2 1/2) and live and work in the same community. Up front, Mona's side of the store offers a very fun assortment of soft and wooden—no plastic—toys for toddlers, plus organic cotton clothing for kids up to age 2. She designs and makes one-of-a-kind children's clothing, some of which is available around the corner at Jaywalk on 34th Avenue. She also creates gift baskets and can transfer any special design or kiddie masterpiece onto t-shirts or totebags. A specialty of Mona's is custom keepsake baby blankets made from a child's special baby clothes. Meanwhile, back on the other side of the bookshelves, Travis plys his trade as a residential designer at his one-man firm Modern Organic Design.

So now when you're on your way to The Madrona Playfield you can stop for a cupcake, visit the dentist, get a haircut, check on your investments AND shop. Watch for the OPEN signs and welcome these two new ventures to Madrona with your good wishes and local patronage.

Ben Chotsen
paste-up

Edward Jones
paste-up

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Chris Kamila 860.7450

ckamila@speakeasy.net

20/20 Cycle
paste-up

Neighborhood School News

School Planning Community Conversations

If you have an interest in the policies and plans that impact Seattle Public Schools, make your voice heard by attending one of two open Community Conversations. Superintendent Raj Manhas, Chief Academic Officer Carla Santorno, and Chief Operating Officer Mark Green will be in attendance to provide updates on the implementation of the academic plan and other district priorities. Families, staff and community members are invited to attend to discuss the future of Seattle Public Schools, and progress on implementing the district's academic vision. Each evening will begin with an informal 30 minute meet-and-greet and end promptly. The meetings are scheduled for:

- March 22, 6:30 to 8:30pm
Brighton Elementary School, 6725 45th Avenue S.
- Tuesday, April 3, 6:30 to 8:30pm
Roosevelt High School, 1410 NE 66th Street

*St. Therese
Paste-Up*

*Neighborhood
Appreciation Day
Paste-Up*

Sign Up for eScrip and Raise Money for Madrona K-8 School

Madrona K-8 School recently joined eScrip, a fundraising program where participating merchants contribute to our school each time anyone using a registered card makes a purchase. You don't need a separate or special eScrip card to participate. You simply register any grocery loyalty, debit and credit cards you already have and your eScrip contribution is made automatically. You can even see on line how much money your everyday purchases contribute to our neighborhood school.

Many local merchants including Safeway, Macy's, Eddie Bauer, Whole Foods, and Barnes & Noble participate in the eScrip program. Their contributions range from 1.5 to 6% of your purchases. It's like free money for Madrona K-8!

If you want to help, sign up today using one of these three easy ways:

1. Sign up online at www.escrip.com. Our group name is Madrona K-8 PTSA and our group ID number is 8563466.
2. Complete and return the eScrip Sign-up Form available in the Madrona K-8 School office
3. Email the information listed below to Madrona K-8 PTSA Treasurer Christina Williams at williamsjayne@cablespeed.com
 - First and last name
 - Address
 - Card type, number, and if applicable, expiration date

Thanks Madrona for signing up to help out your neighborhood school!

Madrona K-8 Annual Fund Planning

Reprinted from Panther Prints, the Madrona K-8 Newsletter

Our school is preparing to kick off the Annual Fund for the 2007/2008 school year. As you know, the PTSA funds many Madrona K-8 activities, including the After School Activities Program, events, a trip to Islandwood in Bainbridge Island, the Teacher Support Fund, and many other vital items. The Annual Fund accounts for over 50% of our budget so we appreciate the great support we have gotten from the community in years past and we know you'll come through for the kids at Madrona K-8 again this year. Stay tuned for more info!

*Giddens
Paste-Up*

Central Area Senior Center Leaps into Spring

By Scott Linford, CASC Program Coordinator

Spring is a time of change and renewed life at the Central Area Senior Center (CASC). Member participation is the highest in months, our Board of Directors is committed to creating a long-term strategic plan, and a new permanent Director will be hired by the end of the month. It's a lot of change but we have been working toward these goals for a long time.

Last fall, Councilman Larry Gossett challenged the CASC to be more accountable to its constituents. Since then we've held several public meetings to gather feedback from our members. One message that came out of these meetings is that CASC should be a community center for people of all ages and backgrounds.

Toward that end, we have begun to diversify our programs to appeal to a broad range of interests. We recently added art classes, Spanish classes, guitar classes, and civics classes to supplement old favorites like exercise and dance. We formed a book club, and grief counseling is now part of our regular program schedule. On Thursdays the CASC is open until 9:00pm, offering T'ai Chi classes, bridge games, pizza nights, and catered health information sessions. Day trips to local museums, casinos, and other points of interest are scheduled several times a month.

CASC retains a focus on promoting the social, emotional, and physical well-being of older adults, but our doors are always open to all people. We have two special upcoming events. March 24 is the annual Bite of New Orleans, featuring live music, catered soul food, and an incredible homemade gumbo cook-off. Tickets are available at CASC. April 20 is our annual "Joy of a Lifetime" banquet honoring the Lifetime members of CASC.

We look forward to the months ahead, as we continue to reach out to nearby communities, including Madrona. Keep an eye out for upcoming events and new classes, and contact me at 726-4926 ext. 12 or scottl@seniorservices.org if you have any questions.

NEW
Dahlia Spa
paste-up

A Peace Pole Grows in Madrona

Marge Anderson of 38th Avenue is just one person in a world-wide movement working to spread peace by erecting multilingual Peace Poles. The Peace Pole project was started by the World Peace Society, a non profit, member supported, non-sectarian organization founded in Japan in 1955, and dedicated to uniting people across the world through the universal saying: "May Peace Prevail on Earth." Since 1985, Peace Poles in the United States have been made by the Peace Pole Makers USA of Maple City, Michigan. Most folks who are so inclined order and buy their Peace Poles but Marge was lucky enough to come across one in a Seattle resale shop.

From its genesis in Michigan to its first unknown Seattle home to Marge's truck, this white Peace Pole now resides happily at 38th & Columbia, a prominent Madrona corner. The tall 4-sided pole proclaims: "May Peace Prevail on Earth" in four languages—Spanish, Japanese, Russian, and English. A nearby bench facing Mt. Rainier invites everyone to take a "Peace Break" before heading across the street to Madrona Woods.



The Madrona Peace Pole has room for four more language panels. Marge plans to add Swahili and Dutch but the other two spots are still open. She would like to fill them with languages that represent the diverse people of Madrona and is looking for help from the neighborhood. If you have a language suggestion, email Marge at andermar@comcast.net

To date, more than 200,000 Peace Poles have been dedicated in over 190 countries around the world, including one at the Seattle Peace Park at the north end of the University Bridge. To learn more about Peace Poles and see poles from around the world, visit www.peacepoles.com.

Michael's Cucina
paste-up

Tis the Season of Tea in the Arboretum

From March through October, Seattle's Japanese Garden will host a season of tea demonstrations in the arboretum Shoseian Teahouse. The demonstrations are hosted by the Seattle branch of Urasenke to showcase the importance of tea and the tea ceremony in Japanese culture.

The public is invited to observe the Saturday presentations without charge. The fee to participate in each tea event is \$10 and tickets can be reserved in advance or purchased the day of the event. Wednesday and Sunday tea presentations are more intimate and interactive, tailored to the participants. All participants will enjoy a bowl of green tea and sweets in the teahouse after the demonstration.

The schedule for March and April is:

- March 31 and April 7: Chado tea demonstration at 1:00 and 2:30pm.
- April 21: Chado tea demonstration at 1:00 pm.
- April 8, 15, and 19: Chado tea demonstration at noon, 2:00, and 3:00 pm.

For more information, please visit <http://www.urasenkeseattle.org/>.

Welcome Babies!

Robert Conrad Johnson was born February 27, 2007 weighing 9lbs, 15oz and measuring 22 inches. He joins parents Cynthia Stross and Jeff Johnson and sister Sophia at home at 35th Avenue & Pine.

Reed Watson Pickett arrived on February 13, 2007 to Michael Pickett and Ann Watson. Big brother Landon, 3 1/2 years old, is very excited and the growing family lives at 36th Avenue & Columbia.

Mutt Match-up Answers: Rick & Maisy, Helen & Jill's Arctic Jah and Gretchen/Bruce & Moses

*Rath Law
paste-up*

*Prestige Builders
paste-up*

Madrona Garage Sale Date Set

By Kim Herber, 35th Avenue

Soon it will be my favorite season—garage sale season. To kick things off, the Madrona Community Council (MCC) is again hosting the annual Madrona Community Garage Sale. It will be April 28 in the Madrona K-8 gym, near 32nd and Spring.

As always, the sale will accept reusable donations to be sold to benefit the MCC. If you have goodies to get rid of, bring them to the school on the afternoon or evening of April 27, the day before the sale. We take just about anything—household items, books, toys, and whatnot—and funds go back into the neighborhood through MCC-sponsored events like Neighborhood Appreciation Day and the monthly *Madrona News*.

If you would rather sell your own items and keep the cash, you can do that too by renting a space for \$15 or a space with a table for \$20. At the end of the day, the Northwest Center for the Blind brings a truck and hauls all the leftovers away.

So clear out those toy boxes and basements! To make a reservation, contact me at kdh5027@aol.com or 325-9923. And if you have some time to donate, I need helpers on Friday night to organize and price donations, and all day Saturday to sell them. Lots of people come by during the sale so it's a great chance to reconnect with friends and maybe find a treasure or two. You never know!

Easter Services in Madrona

What better time than Easter to (re)connect with your spiritual side. For local Easter Services, visit the Community Bulletin Board on Page 11.

*Scooter and Ken
Paste-up*

Sipping Society Slips to Second Thursday

By Audrey Seale, 36th Avenue

Another month, another great dinner out with the neighbors! Our February Madrona Dining & Sipping Society (MD&SS) dinner was a delicious 3-course meal with wine prepared by Dulces Latin Bistro. We filled their private dining room, chatted with new friends, and caught up on the latest happenings with “old” friends from previous dinners. No one hurried to leave and many lingered long after the fruit cobbler, gelato, and chocolate decadence torte were served.

I'm sad to say that there will be no MD&SS dinner the fourth Thursday in March—but for good reason! To accommodate more people, we are making a small change in our schedule beginning with the next dinner. We like to use the *Madrona News* as a reminder and invitation to everyone in the community to join us. Since the newsletter is often delivered just a few days before our usual dinner date, it doesn't give people much time to make plans. So, for the good of all Madrona, beginning in April the MD&SS will gather on the SECOND Thursday of each month. Please consider joining your neighbors for a delicious dinner at 6:30pm on April 12 at Mazaran, 1114 34th Avenue, between Ruby Cleaners and Conley's Hats. This dinner will be a celebration of the re-opening of the restaurant after the owner/chef Nohra Jacobs' kitchen accident.

I hope the second Thursday works well for you! Reserve your seat for diner with me at 329-8775 or audreyseale@qwest.net. I'm also happy to add you to the MD&SS email list so you get advance notice of upcoming dinners in the Madrona—we were among the first to know about the March 19 Winemaker Dinner at Coupage with our own Paul Beverage of Wilridge Winery. But our list is not used for non-dining info, I promise! Come out in April and join our merry band of neighbors.

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34th & Cherry Building Returns to It's Roots

At long last the building on the corner of 34th and E Cherry is getting a much needed makeover! But rather than a renovation to bring the look of the building up to date, the new owner is turning to the building's past to find its future and using vintage photos to guide the new design.

"I am excited by this endeavor. I want to make this building look good for the neighborhood and am proud to be a part of the Madrona Community", says the new owner and former Madrona resident James Winder.



Built in 1906, the building has hosted a variety of flourishing businesses. In the 1930s it was the Red and White grocery store and Lakeview Pharmacy. After a facelift in the 50s to update the siding and add an awning, it was Ralph's Market and Lakeview Pharmacy/soda fountain, rumored to have been a haunt of Jimi Hendrix, with a meat market around the corner on Cherry. The building has been many more things since then including a hair salon, a TV repair store, a real estate company, the studio of the performance artists of Lelavision, and most recently, Tourtech, a motorcycle parts retail company.



The 3100-square foot building is zoned as retail/customer service office. It has 15-foot ceilings, wonderful spaces, and a full basement that would be perfect for one or two business tenants.

If all goes as planned, by summer the building will be returned to its former glory and vintage charm with new siding, three glass storefronts, and a safer sidewalk.



Lakeview Building at 34th & Cherry in 1938, 1956, and 2007.

For more information or to inquire about leasing a space, contact James at 841-4779 or james_landmarkgroup@mac.com.

To Your Well-Being: Loving Yourself

By Kathy Underwood, MSW, LICSW

Friendship with oneself is all important because without it one cannot be friends with anybody else in the world.

Eleanor Roosevelt

Last week, my partner and I hosted the 60th birthday party of a dear friend. All that evening, I felt the warmth and appreciation that comes with such a positive, affirming celebration. The laughter and camaraderie of many friends combined with delicious food and fun games created an evening that was truly a reflection of the generosity and spirit of the gathered friends. Later, this feeling moved into a deep appreciation of how I love these people and how much this love influences my personal self-love.

This evening made me aware of the many facets of friendship and love available to us all in any given, loving moment. My friends all complimented us on the evening and I smile at the recollection. For once, I basked in the glory of throwing a fantastic party rather than disagreeing or dismissing their compliments as I often do. Today, I'm reflecting on self-appreciation and how we frequently downplay our personal appreciation in contrast to what others think about us. How many of us play that balancing game, wondering whether we are as good as the compliments given to us. It seems to me that it is ultimately our own personal sense of acknowledgement—not even the sincerest kudos from others—that keeps us satisfied and fulfilled.

Self-love is something often dismissed as ego-centric and selfish. However, most philosophers agree that before being able to give love to another, we must first love ourselves. Loving oneself means accepting oneself unconditionally, including all of one's faults, weaknesses, forgetfulness, and idiosyncratic behaviors. Self-love moves into the terrain of self-reliance where we do not expect others to give us what we need. Self-love is unique—we can receive it only from ourselves.

Think for a moment about your core beliefs about liking and loving yourself. Do you feel that you deserve to be loved? No matter what other people do or say, unless you believe you are lovable you cannot receive the acts of kindness and love. By loving yourself and treating yourself like your best friend, you can freely experience and receive love from others. Ironically, in loving ourselves, we become more able to give love and less dependent on others to make us feel we are "okay."

As the warm air of spring approaches, let us flourish in the new season of self-appreciation. My hope is that we find ourselves less externally needy and substitute the approval of others and our own nasty self-judgments for self-affirmations. Thrive and do things that make you feel good. Delve into that which you have passion; gaze into the mirror and smile. Give to yourself and enjoy yourself for who you are.

Kathy Underwood, MSW, LICSW, runs a private practice in the Amara Parenting building at 33rd & Union. She can be reached at 293-8308 or www.kathyunderwood.net

Viva Global Visionaries at the Fiesta de Guatemala!

By Amy Hebert,

Global Visionaries Communications Director

The Sixth Annual Global Visionaries Fiesta de Guatemala Auction and Cultural Evening will be held April 21 at the W Hotel in downtown Seattle.

Come join Global Visionaries participants, past and present, volunteers, parents and other friends of the organization for this festive occasion. The event will include live and silent auctions, featuring such items as international vacation packages to Africa, Brazil and France, dinner a la Chris Fontana, our Executive Director, and specialty gift baskets from local retailers. Tickets for this spirited evening are \$55, which includes a catered dinner by Earth & Ocean and an open bar with beer and wine.

This year, we hope to raise \$100,000 in support of our youth Leadership Program and international development projects. Auction proceeds will help us to provide 32 low-income, Seattle-area students with scholarships, enabling them to participate in the Global Visionaries Leadership Program and Guatemala service-learning trip. Remaining funds will support the construction of a school in Guatemala, two reforestation projects in the Guatemalan community of Pastores, and homes for five Guatemalan families in need.

For more information and auction details, visit www.global-visionaries.org or stop in to our Madrona office at 1130 34th Ave.

New
YMCA
Paste-up

Madrona Community

Seattle, Washington

www.Madrona.us
Calendar of Events

- TUESDAYS** 9:00am **SCHOOL TOURS**—St. Therese School, 720-7278, through March 29.
- WEDNESDAYS** 10:30am **PRE-SCHOOL STORY TIMES**—Madrona-Sally Goldmark Library, 684-4705.
- WEDNESDAYS** 8-10pm **BASKETBALL FOR ADULTS**—Madrona K-8 gym, \$3 fee goes to PTSA, Jon Hughes 349-1441.
- THURSDAYS** 9:00am **SCHOOL TOURS**—The Valley School, 328-4475, through March 29.
- THURSDAYS** 10-11am, **SOUND STEPS**—Walkers explore the Central District Garfield Comm Ctr, Mari Becker 684-4664.
- THURSDAYS** 7:30pm, **AA/ALANON MEETING**—Epiphany Great Hall.
- FRIDAYS** 7:30am **MADRONA/LESCHI CITIZENS AGAINST THE WAR**—Quiet demonstration, 23rd & Union, Kathy Baker kbarker715@comcast.net

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- Mar 22** 6-8:30pm **Community Conversations about Seattle Public School**—With Superintendent Raj Manhas, Chief Academic Officer Carla Santorno, and Chief Operating Officer Mark Green. Brighton Elem, 6725 45th Ave S.
- Mar 24** 10:00am **Madrona Neighborhood Appreciation Day Celebration**—Madrona K-8 library. Mark Melroy mmelroy@yahoo.com
- Mar 24** **Bite of New Orleans**—Centra Area Senior Center, Scott Linford, 726-4926 ext 12 or scottl@seniorservices.org
- Apr 3** 6-8:30pm **Community Conversations about Seattle Public School**—With Superintendent Raj Manhas, Chief Academic Officer Carla Santorno, and Chief Operating Officer Mark Green. Roosevelt High School, 1410 NE 66th Street
- Apr 3** 7:15pm **Madrona Community Council Meeting**—Madrona Playfield shelterhouse, Laura Yurdin 320.8693 or LYurdin@PointB.com
- Apr 3** 6:00-8:00pm **Adoption Information Meeting**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 www.medinachild.org
- Apr 5** 11:00am **Grand Opening Celebration of Next!**—1421 34th Avenue. Celebration runs through the weekend.
- Apr 7** 10:00-11:30am **Disaster Preparedness Meeting**—City of Seattle program on how to make a disaster supply kit, and family and neighborhood disaster plans. Garfield Community Center 2323 East Cherry Info at www.seattle.gov/emergency
- Apr 7** 6:00pm **Food as Art Fundraiser for CD Forum for Arts & Ideas**—Bell Harbor Conference Center. Stephanie Ellis-Smith at donate@cdforum.org Tickets at www.brownpapertickets.com
- Apr 9-13** **Spring Break**—Seattle Public Schools closed.
- Apr 12** 6:30pm **Madrona Dining & Sipping Society at Mazaran**—Everyone invited to this casual dinner of neighbors and conversation. RSVP to Audrey Seale 329-8775 or audreyseale@qwest.com
- Apr 18** 9:00am-1:00pm **Homeless Cooking**—St. Clouds Restaurant, John Platt 726-1522
- Apr 18** 7-8pm **Madrona K-8 Panther Partners (PTSA) Meeting**—Madrona K-8 library, Panther Partners Secretary, Julie Wroble 324-4829
- Apr 20** **Joy of a Lifetime Banquet**—Honoring life-time CASC members. Centra Area Senior Center, Scott Linford, 726-4926 ext 12 or scottl@seniorservices.org
- Apr 21** 9:00am-1:00pm **Madrona Woods Work Party**—Meet at 38th & Marion, Deirdre McCrary deirdre_jaymccrary@msn.com or www.madronawoods.org
- Apr 21** 5:30pm **Global Visionaries Sixth Annual Global Visionaries Fiesta de Guatemala Auction and Cultural Evening**—The W Hotel. Tickets info at www.global-visionaries.org or Chris Fontanas, at 1130 34th Ave.

March

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Neighborhood Easter Services

What better time than Easter to get (re)acquainted with one of your neighborhood churches? The Annual Good Friday Ecumenical Service with members of Epiphany Episcopal Church, Madrona and Mount Baker Presbyterian Churches, and the fellowship of Park Shore Retirement Community is April 6 at 2:00pm at St. Therese Church, 935 35th Avenue. Clergy and staff of the participating churches will preach on "The Seven Last Words." Everyone is welcome! For information about services at Madrona Presbyterian and Epiphany Parish, call 329-8851 or 324-2589, respectively.

Holy Week and Easter liturgies for St. Therese Church, 936 35th Avenue, 325-2711

- April 5: Holy Thursday soup supper at 6:00pm; Liturgy at 7:00pm with all three St. Therese choirs (St. Therese Choir, Shades of Praise Gospel Choir, Jubilation Gospel Choir).
- April 6: Good Friday Liturgy at 7:00pm (with all three St. Therese choirs).
- April 7: Easter Vigil at 8:00pm (with all three St. Therese choirs).
- April 8: Easter Masses at 8:00am (cantor-led singing); 10:00am (Children's Choir); noon (Shades of Praise Choir); 5:00pm (Jubilation Choir).

Newsletter of the Madrona Community Council

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April 6, Next MADRONA NEWS DEADLINE

Article Submission: Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to kdh5027@aol.com and to production editor Christine Bender at christinb@conversation.com.

Advertising: Contact Reshenna Andrews at 219-1467 or reshenna@conversation.com. Rates are on-line at www.madrona.us.

Mailing List Additions: Contact Kim Herber (see above).

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