

MADRONA

October 2007
Issue No. 198

NEWS
WWW.MADRONA.US

Spectrum Dance in Madrona: 25 Years of Creativity and Community and Just Getting Started

Time flies when you're having fun! On September 23, Spectrum Dance celebrated 25 years of making dance accessible, without limitations, to the community, at the Madrona Dance Studio on Lake Washington. The company and its many supporters marked the anniversary with performances by students, company dancers and chamber musicians, free samba and jazz classes, cake, food, and balloons. This summer, volunteers gathered to install new sprung wooden dance floors and contributors were recognized at the Anniversary celebration.

Spectrum Dance Theater began in 1982 when dancers/choreographers Dale Merrill, Carol Borgmann, Jenny Hillock and Suzanne Duckworth met at the local dance showcase "Second Sunday" and decided to explore ideas together. As new dancers joined, the repertoire expanded and group remained committed running a company with all members equally responsible for the artistic and administrative operations. Thanks to their strong belief in nurturing ties to the community and their artistic excellence, their endeavor quickly grew. Under the direction of Dale Merrill, in their first 5 years Spectrum's members kept busy doing everything from regular concert dance to school lecture, performing everything from abstract ballet to Vegas-style jazz. Spectrum marked its first decade with a budget of just over \$300,000 and an identity as an innovative jazz dance company with a bright future.

It was, and still is, the dream of Spectrum to make dance affordable to everyone, regardless of their financial situation. To that end, Spectrum created the Gift of Dance Program in 1985 to provide scholarships to dancers, ages one to 21, from families that

(continued on page 2)

Grand Goats Make History

Snowflake and Brownie, Madrona residents for the past year, may now breathe easy and take a baaa of relief. Thanks to the efforts of Richard Conlin,



Madrona's resident Seattle City Council member, and The Goat Justice League, founded by Snowflake and Brownie's owner, Jennie Grant, the Seattle City Council voted unanimously to allow mini-goats to be kept as pets within the city limits. Grant keeps two goats in her yard on Grand Avenue for fun and milk. Snowflake produces half-gallon of milk a

(continued on page 2)

MCC VICE President's Column

By Rick Kolpa, 32nd Avenue & Spring Street

Before getting down to the business of sharing the details on October's Madrona Community Council (MCC) meeting, we'd like to congratulate MCC President Laura Yurdin, who normally writes this column but was away this month on her honeymoon!

Maybe it was the early onset of winter this year, or the fear of getting elected an MCC officer, but this month's meeting was sparsely attended – six people by my count. Nevertheless, we covered several important topics, but agreed to postpone MCC officer elections until the November meeting and

hope for more participation. The current officers are:

- President – Laura Yurdin
- VP Issues – Rick Kolpa
- VP Events – Paige Smith
- Treasurer – Steve Orser
- Secretary – YOUR NAME HERE!

Laura, Steve, Paige and I have volunteered to stay on, unless someone else steps forward. However, we are in GREAT need of a secretary. This position involves setting up the meeting agenda, writing simple meeting

(continued on page 2)

In this Issue

- 3 Mad-Mad Farmers Market Thrives
- 4 Decor on 34th Turns Four
- 5 Play Mutt Match-Up
- 6 In Home Massage for Moms
- 7 Family Choir Seeks Singers
- 8 Peppermint Toothpick
- 9 Volunteer to Help Madrona
- 10 & 11 Neighborhood School News
- 12 No Joining Fee at YMCA this Month
- 13 Community Bulletin Board

Wednesday Night Fever! Madrona Halloween Party goes Disco 10/31
from 5:00 to 8:00pm in the Madrona Playfield shelterhouse. Details on page 4

Spectrum Dance.. (cont'd from page 1)

can't fund their participation in a dance program. Through its unique program, which continues today, Spectrum has awarded hundreds of scholarships based solely on financial need and a desire to dance, not physical aptitude or perceived potential.

In July of 2002, Dale Merrill resigned from his position as Spectrum's artistic director to become a professor of dance at Chapman University in California. His departure launched a national search for a new Artistic Director to take the organization to the next level. The search committee selected Donald Byrd, founder and director of the internationally acclaimed NY-based company Donald Byrd/The Group.

Since then, Spectrum has embarked on an exhilarating slate of compelling contemporary dance productions that have enthralled audiences. Spectrum's dancers have been praised locally and nationally for their uncompromising commitment and amazing emotional range. In 2005, Spectrum soared to new heights with national and international tours and performances in New York at Dance Theater Workshop. The New York *Times* proclaimed that Spectrum performed one of the top-ten dance events that year and in 2006, Byrd was nominated for a Tony Award for his choreography in the Broadway production of "The Color Purple." To honor the company, Mayor Nichols proclaimed May 22, 2006 Spectrum Dance Theater/Donald Byrd Day!

Along with its artist success, Spectrum continues to grow its educational programs for training and inspiring the next generation of dancers. In 2006, Spectrum launched both its first Studio Series at The Madrona Dance Studio and its Academy Program for students interested in pursuing a professional career in dance. In 2005, Spectrum inaugurated a partnership with Seattle Theater Group and as The Moore Theatre's official Resident Dance Company. Since then, all of Spectrums' Main Stage productions, including "The Sleeping Beauty Notebook," "Petrukska/Miraculous Mandarin" and "The Interrupted Narratives/WAR" have premiered at The Moore.

This year, the Madrona-based Studio Series became part of Spectrum's regular season and sold out three of four February shows. Spectrum has also become a champion at partnering with other arts organizations. Their associations include the Seattle Opera and its production of "Julius Cesar" with choreography by Byrd, the Northwest Sinfonietta's all-Stravinsky concert entitled "Music in Motion," the Pacific Northwest Ballet's Celebrate Seattle Festival, and the Broadway classic "West Side Story" at the 5th Avenue Theatre.

This season is the busiest Spectrum has experienced in many years. But instead of viewing it as a culmination of 25 years of work, Spectrum sees 2007 as the start of its next successful 25 years! Learn more at www.spectrumdance.org/.

CoRRRECCIONS

The name of the new toy store opening soon at 34th & Cherry was misspelled in the last *Madrona News*. The shop is called Precocious.

Goats.. (cont'd from page 1)

day and after Brownie gives birth in the spring, she too will begin milk production.

The convoluted story began with angry frightened parents, and later grew to involve a germophobe, sustainability advocates, goat fans, anti-any animal in the city activists, anti-factory farm activists, animal cruelty activists, and a few bored but bemused City Council members. After eight Madrona neighbors joined the Goat Justice League to advocate on behalf of Snowflake and Brownie helped collect almost 1000 pro-goat signatures, the City Council had little choice but to pass the goat legalization ordinance. The people of Seattle had spoken!

With the passage of the ordinance, Brownie and Snowflake leapt into the limelight. The Associated Press news agency picked up their story and it was translated into many languages and ran in newspapers as far away as Australia. The story was also broadcast nation-wide as part of National Public Radio's current events quiz game, "Wait, Wait, Don't Tell Me."

Despite their fame, Brownie and Snowflake remain modest goats living a simple life of eating blackberry brambles, chewing their cud, and jumping up onto the chicken coop. But beneath their cool exterior, they warmly thank everyone in Madrona for their support of the Seattle goat legalization movement.

MCC Vice President's (cont'd from page 1)

minutes, and tracking important votes. It could also potentially be split between two people as has been done in the past.

Barbara Crook kicked off the meeting with a progress report on the Lake Washington Blvd. Vegetation Management Plan. The plan is to address proposed changes to the landscape on either side of the street from Madrona Drive to Seward Park. This stretch is part of the Olmstead Legacy and there are varying ideas and opinions about how the landscaping should be changed or maintained for this very special boulevard along Lake Washington. If you would like more information on this issue, attend the November MCC meeting or go to www.cityofseattle.net/parks/Horticulture/VMP/LakeWashingtonBlvd.htm

Back in bustling downtown Madrona there is no news from SDOT regarding the requested parking study along the retail core and surrounding blocks. Apparently, the city is currently working on a plan on Queen Anne and will be moving to Madrona next to survey our situation and provide parking suggestions/options for the community to consider. More information is available at www.cityofseattle.net/transportation/parking/parkinggrpz.htm

Lastly, we would like to thank neighbor Didi Burpee and the numerous volunteers who participated in the Madrona Clean Up Party. It's was a great way to show pride in our community and enjoy one of the last sunny days of the year.

The MCC meets the first Tuesday of every month at 7:15 in the shelter house in the Madrona Playfield. The fireplace will be stoked for the November 6 meeting, so get out of the rain and attend to voice your ideas or concerns regarding your community.

Time to Give Back to the Blossoms & Hang the Evergreens

By Marie Doyle, 37th Avenue

It's been a wonderful, colorful spring and summer in the heart of Madrona—and the Madrona Blossoms have added such lush beauty to our community. This is the fourth year of the hanging flower baskets and Wintergreens—and we couldn't have done it without the generous contributions of families and individuals both in and out of the neighborhood, as well as the loyal support of our businesses.



I have heard compliments from so many of you about how much you appreciate these gorgeous flower baskets. I thank you all and ask that now you show your appreciation with your pocketbook! Every contribution, large and small, is most welcome and will help keep the flowers in bloom. One flower basket, plus Wintergreens, cost \$275 annually so consider supporting a basket or two with your friends and neighbors. Please make checks payable to *Madrona Blossoms, MCC* and send whatever you can to: Madrona Blossoms Treasurer, 1121 37th Ave., Seattle, WA 98122 or use the envelope enclosed in this newsletter. If your employer has a gift matching program don't forget to include that paperwork too! All donations are tax-deductible, as the Madrona Blossoms Project is a subcommittee of the Madrona Community Council, a 501(c)3 organization.

Join us on November 17 to Hang the Wintergreens! We'll be putting up the Wintergreens—evergreen swags and lights—on November 17, starting at 10:00am. Bring your heavy-duty gloves and meet us at the corner of 34th and Union to help run holiday lights and swags on the storefronts of the 34th Avenue commercial corridor from Spring to Pike. We need lots of volunteers to make the work go quickly. It's a great way to meet new neighbors and do some civic duty! Coffee and treats will be provided as part of this fun job. To volunteer for the Wintergreens team or if you have any questions about the Madrona Blossoms Project, contact me at doylemf@comcast.net or 323-6128.

Coldwell Leslie Lucas
paste-up

Mad-Mad Market Ends a Great Season

By Zachary D. Lyons

The former Madison-Capitol Hill Farmers Markets found itself with a new location and a new name in 2007, its third season. And while the Madison-Madrona market located in Madrona at Grocery Outlet at MLK & Union began the season with many questions, it ended on September 28th with all positive answers.

"This year was really a lot of fun," said Market Master Judy Kirkhuff. "The Grocery Outlet owners, Steve and Debbie Mullens, were gracious and generous hosts and very easy to work with. They helped make the move to this new location better than I ever could have imagined."

The Madrona neighborhood really came out to support the market. Attendance for the 22-week 2007 season averaged 1200 customers per week, up 18% from last year. Total market sales increased 26% over last season and the average sales per farmer increased by 17%. Rumor has it that sales in the Grocery Outlet store also increased substantially.

The Madison-Madrona market introduced music and dancing this season, as well as many exciting new vendors such as Wilson Fish, River Valley Ranch cheese, and Local Roots, an impressive upstart farm from Carnation whose co-owner, Siri Erickson-Brown, lives in the nearby Capitol Hill neighborhood. The market also hosted cooking demonstrations by some of the top local chefs, including Rover's Chef Thierry Rautureau, Harvest Vine's Chef Joseba Jimenez di Jimenez, and St Clouds' Chef Michael King.

It was sad to pack up the tents for the last time on September 28. But, as Kirkhuff said, "We are gratified by the overwhelming community support and eager to return on May 23, 2008, for another great market season in Madrona."

If you can't wait that long for local farm-fresh produce, check out www.seattlemarkets.org for information on the year-round Ballard Sunday Farmers Market.

Girlie Press
Paste-up

Disco Halloween Party October 31

The Madrona kids Halloween Party will take place at the shelterhouse in Madrona Playfield on Halloween from 5:00pm to 8:00pm. This annual event coincides with prime trick-or-treating time and provides a great opportunity to meet up with neighbors and (often) get a respite from the weather! Or you can do the party as an alternative to trick-or-treating. The party's disco theme will give everyone a chance to work off some of those Halloween calories.

"We wanted to move away from all the baked goodies since people have so many sweets on Halloween already," said party coordinator Karen Sampson Liu. "But we still want to have fun so we hope the disco dance theme is something everyone can enjoy. You can stay for one boogie or dance away the entire evening."

There will also be a craft-making opportunity, cider and snacks, and of course, a chance for everyone to have their photo taken with Madrona's resident scarecrow.

The event is free but a few volunteers are needed on the day of the event to decorate the shelterhouse and to help during the party. If you are interested, email Karen Sampson Liu at rastima22@yahoo.com.



Décor on 34th Celebrates Four Beautiful Years

On October 4, décor, the home furnishings and interior decoration shop, opened its well appointed doors for an anniversary celebration. Owners Teresa Carlson and Suzanne Sheppard offered treats—no tricks—to thank loyal patrons from Madrona and beyond for four years of support. Jasmine the pug served as the official Mistress of Ceremonies and Greeter.

Everyone at décor is looking forward to providing central Seattle with fun, elegant and unique shopping experience. They are now all d in to their larger, lighter space at 1421 34th Avenue, across the street from their original location. For store hours or to schedule a design consultation, call décor at 219-1500.



Halloween's just around the corner!

Come see our Fabulous Witches' Hats,
Hanging Pumpkin Lanterns, and more...

All new Fall inventory!
Throws, Lamps, Art,
Candles, Towels
As well as, Merrilights, candlesticks,
and vases by Merrilee Moore

ext
décor

@1421 34th Avenue
Tel: 219-1500

Play Madrona Mutt Match-up

By Helen Payton, 34th Avenue

Sometimes it seems like everyone in Madrona has a dog. All of these dogs live in our neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 9.



Lilly & Jenny
Age: 6 & 4 years
Pedigree: Mini-Schnauzer



Erin & Alejandro
Lived in Madrona: 4 years



Maya
Age: 13 months
Pedigree: Chocolate Lab



Caitlin & Marcus
Lived in Madrona: 13 months



Percy
Age: 14 years
Pedigree: Whippet/Greyhound



Mark
Lived in Madrona: 4 years

A September Soliel Evening

By The Madrona Dining & Sipping Society

The Madrona Dining & Sipping Society began the fall season with a wonderful evening at Cafe Soleil at 34th Avenue and E. Union on September 20. We had a group of 17 folks that wine and dined family style on a delicious assortment of Ethiopian food prepared by Chef Kuri Teshome and delivered by her wonderful server Bob, a UW Engineering Student. A huge bowl of walnut and spinach salad was followed by a generous selection of Ethiopian specialties, all mopped up by injera, traditional Ethiopian "bread" made from teff. The array of spicy dishes was very satisfying but most of us still saved room for dessert, tarts with creamy chocolate or lemon filling.

The west end of the table was occupied by two Educators, an Architect/Developer, a retired Priest, a Travel Planner, and a former Engineer. The topics of conversation were equally diverse but, as is often the case in Madrona, we eventually settled on politics and the imminent end of the world as we know it. We agreed that no child should be left behind, reviewed the US Constitution, and marveled at the Washington Supreme Court's ruling that the constitutional protection of free speech entitles politicians to lie to us...

Paula Rothkoff of 33rd Avenue did a great job pinch hosting the dinner and Hostess with the Mostess Audrey Seale will be back in town in time for the October 18 get together at Dulces Latin Bistro. Everyone in Madrona is invited to join this casual group of neighbors there for an evening of fine food and assorted conversation. Contact Audrey at 329-8775 or audreyseale@qwest.net for information about the November dinner or to get on our email list.

*Landmark
Scooter & Ken*

Madrona Laundromat

1408 34th Avenue

M - F 7:30am-9pm / Sat-Sun 6:30am-9pm

**Your community self-serve
Laundromat since the 1950s**

Joan Paulson 954-5074

A Creek Soon Runs Into It

By Judith Starbuck, Grand Avenue

The Madrona Park Creek should actually be flowing into the newly built ponds and cove on Lake Washington by the end of November! This month, contractors will put the culvert under Lake Washington Boulevard. After they complete the connecting sections, they'll release the stream at the Spring Street Madrona Woods entrance! One third of the eventual water flow into the lake will come from there. The other two-thirds will come from the ravines above and added in 2008, assuming we raise the necessary funds.

We are also very excited about all the new plants adorning the cove area. Seattle Pacific University sent a large and energetic City Quest group to our September 22 work party, and more than 1200 plants are now in. The unsightly fence will stay up until after the first of the year to protect fragile new plants and give us time to build the bridge, trail and railing for pedestrian access.

We'll continue to hold two work parties in November, on the 3 and the 17. All work parties are from 9:00tp 1:00 and I hope many of you watching the cove develop will come help. Dates and times are posted at the lakefront and at www.madronawoods.org. Contact Deirdre McCrary at deirdre_jaymccrary@msn.com to receive e-mail reminders. We give a special thanks to Starbucks in Leschi for donating coffee for our recent work parties.

We're still raising funds for these extras not covered by our grants and give thanks to the many Madrona residents who have sent checks. If you haven't yet, or want to send more, mail much-appreciated donations to Joan Scott, 3700 East Marion St., 98122. We're planning to post a banner on the fence soon announcing all our major donors. A contribution of \$5,000 or more gets your name on it, but all donations—large or small—are greatly appreciated! For more information, contact me at judithstarbuck@msn.com or 322-2640, or visit www.madronawoods.org

Madrona Computer & Network Support

Windows 98/2000/XP installations, troubleshooting
DSL / Cable / Wireless / VOIP / VPN solutions
Security - Hardware - Software
Virus & malware removal



Chris Kamila 860.7450 ckamila@speakeasy.net

*Debra Thompson
Harvey paste-up*

Massage + Child Care + Great Gift for Mom

Have you ever spent the day trying to get your child to eat and take a nap time but you can't get her to sleep and by the time you finally get her down, YOU can't sleep? As parents, we spend a great deal of time worrying about our little ones and sometimes forget to take care of ourselves. Madrona-based New Born You Massage offers a way for parents to rejuvenate and bring balance back into their lives by providing in-home massage and spa parties. And the best part about it? New Born You Massage also provides child care!

Founders John and Nguyet Gladney moved back to Madrona late last year and purchased the house at 34th & James that John grew up in so that their daughter, Kiana, can be close to family.

Growing up in Madrona, John has seen the neighborhood change over the years in ways both good and not so good. He and Nguyet want to bring something positive to the community and their new business, with its emphasis on health and family, will do just that.

New Born You Massage recently hosted a trial spa party for residents in the Madrona area and received a welcoming response. Lindsay Zaccara commented, "It was a wonderful feeling to be spoiled with aromatherapy soaks and paraffin treatments on my hands and feet while my infant was upstairs with a sitter. I really needed it! I definitely recommend New Born You; the guys doing the service are conscientious and eager to please." John and Nguyet are anxious to make this service available to all Madrona residents. Through the end of December, they are offering two great deals: 50% off service for the hostess of a spa party and/or \$20 off an in-home massage for first-time customers. Sound good? Check out www.newbornyoumassage.com or call 661-4071 for details and to make an appointment

Welcome Babies!

- **Kenji Tatsuya Lorenz** arrived on June 22, 2007 to parents Adam and Hiromi Lorenz and Big Brother Nobi of 33rd & Columbia. He weighed 7lbs., 13oz, and was 20 inches long.
- **Hansen Birkedal Peterson** was born to Nichole and Peter Peterson of 37th Avenue on August 23, 2007. He came into the world at 6:12am at Swedish



*Michael's Cucina
paste-up*

Why Women Must Plan (Extra) Carefully for Retirement

Submitted by Barbara Banon, Edward Jones Investments

If you're a woman—single or married—you have to be actively involved in your preparations for retirement. Women have at least two special considerations associated with retirement planning:

- Longer life expectancy. Women typically outlive men by about seven years, according to the U.S. National Center for Health Statistics. More years of life mean more expenses.
- Less money in a retirement plan. Women drop out of the work force for an average of 12 years to care for young children or aging parents, according to the Older Women's League. This time away from work can result in women accumulating much less money in their employer-sponsored retirement plans, such as 401(k)s.

The prospect of a long, under-funded retirement is not a pleasant one. Fortunately, there's much women can do to avoid this fate. For starters, know what's going on in your financial situation. If you are married, share the responsibility of making investment decisions. What are your retirement goals? Are the two of you investing enough to eventually achieve these goals? And where is the money going? You must know the answers to these questions.

You also need to know what benefits you would receive if your husband dies before you. As a surviving spouse, you will likely inherit all his assets, unless he has specifically named other people, such as children from an earlier marriage, as beneficiaries. Nonetheless, you can't just assume that your husband's sources of income will automatically roll over to you. For example, you can't collect his Social Security payments in addition to your own, although you can choose to collect his payments instead of yours. This makes sense to do if his benefits are greater than yours.

Here are some moves that can benefit all women:

- "Max out" your 401(k). If you can invest the maximum amount into your 401(k) and increase your contributions as your salary goes up. Your 401(k) provides tax-deferred earnings and a variety of investment options.
- Contribute to an IRA. Even if you have a 401(k) or other employer-sponsored retirement plan, you might be eligible to contribute to a traditional or Roth IRA. A traditional IRA offers the potential for tax-deferred earnings, while a Roth IRA potentially grows tax-free, provided you don't take early withdrawals and you've had your account at least five years. You can fund an IRA with virtually any investment.

Women need to do whatever it takes to help ensure a comfortable retirement - and the sooner you start planning, the better.

Edward Jones
paste-up

Family Choir Starts New Season

By Sari Breznau

The Singing in the Rain Family Choir is about to get going with our fall session! Everyone is invited to join this spunky ensemble of multigenerational singers. We sing out of joy and silliness, and welcome singers of all experience levels, from shy shower songbirds to consummate choristers. We meet on Thursdays from 6:30 to 7:30pm in the Epiphany Parish Great Hall at 1805 38th Avenue. The cost for the session is \$125 per family, or \$75 per individual and scholarships gladly given!

We don't have an age limit, but young ones need to be able to sit and be relatively focused for an hour or bring along the grandparents! Kids that don't read will need extra help at home. We sing all kinds of music, from show tunes to ballads, and at the risk of gushing, I must say that I love this group! I find it to be the perfect antidote to the hectic pace and rampant individualism of urban life. We enjoy the company of our families and neighbors while working together to create something beautiful—it sounds trite, but it feels real!

If you are interested in coming to a session to try it out and get a feel for the group you are welcome to do so free of charge. Contact me at 262-9712 if you have any questions.

Moss Alley Motors, Inc.

Specialists in Volvo, Honda, Toyota and Subaru

932 12th Avenue, Seattle, WA 98122
(206) 325-3992
www.mossalley.com

Fine Mechanical Repair Since 1983

*Rath Law
paste-up*

*Kismet
paste-up*

Peppermint Toothpick: Tips for Keeping Kids' Teeth Healthy

By Dr. Loren Tarr, DDS, Madrona Family Dental

Hello, I'm Loren A. Tarr, DDS owner Madrona Family Dental. I'm very glad to have my practice here and I'd like to share with the neighborhood some tips about oral health. If you have specific questions, contact me at 324-5400 or www.madronafamilydental.com/

Q: My 3 year-old is very attached to his pacifier. I think I need help getting him to stop using it because I can see how it has opened his bite. Can it do any permanent harm? What is the best approach?

A: Depending on how forcefully he sucks his "binky" and for how much time, a pacifier can move your son's upper front teeth forward. Thumb sucking typically moves teeth even more and can be an even harder habit to end. I recommend taking a very gentle approach at first. Talk to your son about needing to stop using the pacifier because it is moving his teeth and is making it harder to bite off pieces of food. Look in a mirror together and show him the space between the top and bottom teeth when he bites down and explain that this space will get bigger if he doesn't stop. This "rational" approach begins to be effective for children around 2 or 3, but you have to be consistent and respectful. A gentle daily reminder can be very persuasive in the long run.

Before my daughter turned 2, our pediatrician advocated simply taking her pacifier away because, "at this age she'll forget about it after a week or so and then you will be done with it." This is true, but the bond between my daughter and her pacifier was very strong and at that time we really could not stand a week of sleepless nights just to be rid of it. So, we talked about it and regularly showed her the space between her top and bottom teeth in the mirror. We limited its use to when she was in the car or going to sleep. With pride and dramatic flare she gave it up voluntarily shortly after turning 3. But if this approach does not work and you are seeing your son's "open bite" get worse you may just have to simply take the pacifier away. The problem is you cannot take the thumb away and he may resort to it. I have found, almost without exception, that if you speak to a child respectfully they will understand and choose to stop the habit or at least forgive you for nudging them in that direction. If we shame them for it they are more likely to defiantly resist the perceived parental tyranny.

Provided the child is still growing, all but the most sever cases will resolve completely a few years after the habit stops. But definitely ask your dentist to assess the impact your son's pacifier is having on his teeth, and recommend strategies suited to your son's temperament.

Loren A. Tarr, DDS, is the owner of Madrona Family Dental at 3306 E. Spring Street in the Bowling Green building.

NEW HOLIDAY AD
paste-up

Having Fun with Language and Culture

By Taryn Zier, *Sponge*

It is never too early—or too late—to learn about language and culture. Amazingly, young children are able to pick up a second language before they are even one year old; research shows that their brains are wired for this kind of activity. It is natural, and fun, to expose them to language, be it one or many!

At Sponge Language School in Leschi, we engage children with a variety of learning techniques. One of their favorites teaches that people around the world imitate animal sounds differently. Here in the United States, cows “moo”; yet in another country, a cow might “mo-mo” or “meuh”. Learning what animals “say” in another country is a fun way to help children learn about different languages and cultures.

Whatever your age, take a moment and match the animal sound with the animal and country. If you get stumped, the answers are below.

- | | |
|----------------------------|------------------------|
| 1. <i>bu-bu</i> | A. a rooster in Quebec |
| 2. <i>grouïk</i> | B. a cat in Argentina |
| 3. <i>hçng, hçng, hçng</i> | C. a pig in France |
| 4. <i>ki ki ri ki</i> | D. a pig in China |
| 5. <i>cocorico</i> | E. a cat in Japan |
| 6. <i>miào, miào, miào</i> | F. a pig in Japan |
| 7. <i>nya-nya</i> | G. a rooster in Mexico |
| 8. <i>miaou</i> | H. a cat in China |

Another amusing way to explore the difference in animal sound pronunciation is to visit www.flat33.com/bzzzpeek and listen to charming children from around the world imitating sounds of animals and vehicles.

Taryn Zier volunteers for *Sponge*, which offers Spanish, Mandarin, French and Japanese classes for children ages newborn to five. She loves listening to her 3-year-old sing “La vaca hace (The cow says)...” and her 1-year-old pipe in “Muui!” For more information about getting your child started with another language, visit www.spongeschool.com or call 227-7138.

Answers: 1. bu-bu, a pig in Japan; 2. grouïk, a pig in France; 3. hçng, hçng, hçng, a pig in China; 4. ki ki ri ki, a rooster in Mexico; 5. cocorico, a rooster in Quebec; 6. miào, miào, miào, a cat in China; 7. nya-nya, a cat in Japan; 8. miaou, a cat in Argentina.

Mutt Match-up Answers: Erin/Alejandro & Percy, Caitlin/Marcus & Maya, Mark & Lilly/Lenny

Ben Chotsen
paste-up

2007 Madrona Neighborhood Events

Thanks to Karen Sampson Liu! Volunteers are still needed to help to hang winter-greens on November 17 and lead the Christmas Ships sing-along on December 16.

- Jan** Ecumenical Martin Luther King Celebration—*Jan 14*
Epiphany Parish
- Feb/** Neighbor Appreciation Day—*March 24*
Mar Mark Melroy
- April** Community Garage Sale—*April 28*
Kim Herber
- May** Madrona Blossoms Flower Baskets—*May 15*
Marie Doyle
- Mayfair Parade & Carnival—*May 19*
Paige Smith
- July/** Madrona BBQ Festival—*July 21*
Aug Jason Malone & Jon Hughes
- Sept** Neighborhood Cleanup Day—*September 9*
Didi Burpee
- Oct** Kids’ Halloween Party—October 31
Karen Sampson Liu 323-0630
- Nov** Madrona Community Council Officer Election—Nov 6
Laura Yurdin 320-8693
- Winter Greens & Holiday Lights—Nov 17
Marie Doyle 323-6128
Seeking volunteers
- Dec** Christmas Ships & Bonfire at Madrona Beach—Dec 16
Seeking volunteers

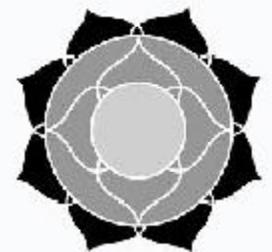
To get involved, contact event coordinators or Madrona Community Council VP of Events Paige Smith at 329-3368 or paigeinmadrona@hotmail.com

MADRONA HEALING ARTS

massage and private yoga

INJURY TREATMENT
CRANIOSACRAL THERAPY
DEEP RELAXATION

YOGA CLASSES/THERAPY
PRIVATE/GROUP SESSIONS
PRE/POSTNATAL YOGA



MARGARET WISE
certified yoga teacher

ANDREW WISE
licensed massage practitioner

****MENTION THIS AD FOR A DISCOUNT****

BY APPOINTMENT
206.714.9426
madronahealth@gmail.com

3310 E. Spring St.
(off 34th Ave. E.)

Why Choose St. Therese for Kindergarten?

Even though the school year has just begun, some of you are already looking ahead to next year and making plans to visit schools to see if they would be a good fit for your Kindergartner. While on your search, don't forget to visit St. Therese School right here in Madrona on 35th Avenue. To learn more about our school, join us on November 8 from 6:30 to 8:00pm for our Kindergarten Information Night. It's a great opportunity to meet the staff and find out what Kindergarten at St. Therese is all about. If you don't know anything about our school, here are:

10 Great Reasons to Choose St. Therese for Kindergarten

1. Catholic environment with weekly prayer service and monthly Masses
2. Diverse staff and student body
3. Small class size and Kindergarten through Eighth grade school community
4. Rich language and phonetic based reading program with a high success rate, hands on math and science programs
5. Experienced teacher with 22 years of teaching experience
6. Extra-curricular programs including art, computer instruction, physical education, Spanish
7. Library with an incredible collection of books and information
8. Involved parent community
9. On-site before- and after-school programs, as well as pick up arrangements with other local programs
10. Located in Madrona at 900 35th Avenue

To sign up to take a school tour, contact Sandy Gunder at 324-0460, x 117 or sandyg@saintthereseeparish.org, or visit www.stthereseeseattle.org for tour dates.

Epiphany School Carnival



First grader Lauren Donoso clowns it up at the 2007 Epiphany School Carnival on October 28. The place was packed with Epiphany families and Madrona friends and neighbors playing games, chowing down on hotdogs, and picking up great bargains at the used book and toy sale.

You Can Change the World: Madrona K-8 Welcomes Greg Mortenson

By Jon Hughes, 34th Avenue

On September 24, author Greg Mortenson came to Seattle to speak about his new book, *Three Cups of Tea, One Man's Mission to Promote Peace . . . One School at a Time*. His public speech about his adventures building schools in Afghanistan and Pakistan at Town Hall was sold out and hundreds of people were turned away. Fortunately, for Madrona K-8 middle schoolers, staff, and parents, our school was selected to have Greg come and talk about his wonderful work.

Greg described to the Madrona students how he grew up in Tanzania believing that all people were the same. When he was in high school, his family moved back to the United States and he first encountered racism. He was beaten up on his first day of school and that experience melded with his open-minded upbringing led him to a worldly understanding of human existence and struggles.

The stories he shared with the students, including joining the army and serving in Germany, graduating from college and becoming a mountain climber, climbing K2, the world's second highest mountain in remembrance of his younger sister, and his efforts to build schools and educate children, and especially young girls, in cultures that traditionally educate only boys, held the students at Madrona transfixed. His message is that anyone can change the world, and we look forward to those Madrona K-8 students making an impact on the world and neighborhoods they live in! Already, Madrona students are writing letters and sending encouragement to the students in Afghanistan and Pakistan. What difference will you make?

*NEW
Giddens School
Paste-Up*

*Bush School
Paste-Up*

Neighborhood School News

Spreading the Word about Community Day School Association aka CDSA

By Lisa Thomas

When Madrona School was rebuilt a few years ago, one of the additions was a space designed specifically to house on-site childcare and a pre-school. These services had been offered at the school for years by Community Day School Association, better known by its acronym, CDSA. CDSA helped design the new digs at Madrona and uses them today to provide top quality education and childcare to all children, regardless of families' ability to pay. If you need regular childcare or occasional coverage during vacations and early-release days, contact CDSA Madrona Director Vikki Polk at madrona@communitydayschool.org.

Since its inception 31 years ago at Montlake Elementary, CDSA, the little organization with the long name, has become a very special organization. It is an independent non-profit organization that partners with nine local schools to provide preschool, before- and after-school care, and day camps during summer and school breaks. With professional teachers, nationally accredited programs, and need-blind applications, CDSA offers an unrivaled mix of quality and diversity in education.

For the past 15 years, Madrona CDSA preschool teachers (and professional dancers) Heather Harris and Dora De Oliveira-Newman have prepared hundreds of children for successful academic careers. Their carefully crafted curriculum balances academic preparation (tailored to flow seamlessly into Seattle Public Schools kindergarten curriculum) with music, movement and self expression. Madrona CDSA preschool recently received a generous grant from the Early Learning Network, giving the program even more resources to advance learning. Kindergarten teachers routinely note that CDSA preschool graduates enjoy strong academic and social skills, and transition smoothly into the K-5 learning environment.

Before and after school, between 7:00 to 9:00am and 3:00 to 6:00pm, students from Madrona K-8, Leschi and St. Therese enjoy supervised activities at Madrona CDSA. Anchored by a nutritious breakfast and afternoon snack, these programs provide structured time for reading and homework (with tutors on hand), group art, and science. Projects are led by CDSA staff and special guest teachers and allow kids plenty of time to burn off energy on the playground equipment at both Madrona K-8 and nearby Madrona Playfield. Madrona CDSA currently has a few openings in its before- and after-school care programs.

When school is out, fun is in session at CDSA. Day camps during school breaks and over the summer offer daily field trips, hands-on art and science projects, and lots of outdoor fun. Highlights this summer included fieldtrips to the Langston Hughes Cultural Performing Arts Center for a performance of Cinderella...A Love Story by way of Motown, tours of the Franz Bakery and Tutta Bella Pizzeria, day trips to Indianola on Bainbridge Island and the Point Defiance Zoo & Aquarium in Tacoma, and a special visit to a Bartell's Drug Store where each child received a free backpack with school supplies! CDSA will be open for day camp during Winter Break—December 26 to 28 and January 2 to 4.

Besides being a great place for kids, CDSA is also a great place to work. Madrona CDSA is looking for both part- and full-time enrichment teachers. With competitive salaries and benefits, CDSA is a perfect employment opportunity for those enthusiastic about children and early childhood education. For more information, contact John Parsell at john@communitydayschool.org.

Another way to be part of the CDSA family is to join the CDSA board of directors. The group of volunteers oversees CDSA operations at nine schools and is looking for passionate community members to help. If you are interested in changing our corner of the world by making early childhood education and enrichment available to all children, contact Executive Director Caryn Swan-Jamero at caryn@communitydayschool.org.

NEW
Kellett Interior Design
Paste-Up

St. Therese
Paste-Up

NEW
Baker Language
paste-up

Your YMCA is Just Around the Corner

By Chip Byrne, MMEM Marketing & Membership

Now that it's chilly outside, consider keeping your exercise program alive and well and indoors where it's warm! For folks from Madrona, the near-by Meredith Matthews East Madison (MEMM) YMCA on 23rd Avenue is just the place for indoor fitness. During October, new members can join with no joining fee! A membership gives you access to all the classes and equipment at the MEMM facility, plus all the other Seattle YMCAs so you can work out near home or near work, whatever it takes to keep you active. For specifics about on-going programs, including yoga, swimming, and Pilates classes, visit www.seattleyymca.org/page.cfm?ID=mm.

If you haven't been into the MEMM in awhile, you might not know about our new lobby and the updates to our lockerroom. To check it out, we invite you to our first annual Fall Family Festival to get acquainted with your neighborhood Y. The festival is October 19 from 5:00 to 8:00pm and everyone in the family is welcome to take part in an evening of fun, health, and wellness. There will be a bouncy house, face painting, pumpkin decorating, and arts and crafts for children. Adults can have their blood pressure and body fat tested, get health and nutrition information, talk to a personal trainer, try out a free chair massage, and even get a flu shot. Food will be served and you don't want to miss this event!

Parents might also be interested to know that the MEMM has begun Kid's University, a new after-school educational and recreation program for children in kindergarten through fifth grade. The program runs from 4:00 to 6:00pm, and students can arrive as early as 3:30. Kid's University is an excellent opportunity to encourage youth to develop their fullest potential in spirit, mind, and body through safe and positive enrichment classes. It also offers tutoring on Monday through Thursday afternoons. The current session began October 8 and runs through January 25 and you can still join. Contact the main office at 322-6969.

*Prestige Custom Builder
paste up*

*NEW
City Life Real Estate
paste-up*

Madrona Real Estate

Recent Home Sales

Compiled by Jon Hughes, City Life Real Estate

ADDRESS	BD	BA	SQ. FT.	PRICE \$
1703 30th Ave	2	1	720	\$350,000
2820 E. Spring	2	1.75	1107	\$430,000
732 32nd Ave	2	1.5	-	\$500,000
1630 32nd Ave	3	1.75	2350	\$510,000
1526 29th Ave	3	1.75	-	\$571,000
714 33rd Ave	3	2	2610	\$625,000
610 37th Ave	3	1.5	1780	\$700,000
1133 37th Ave	2	2.25	1800	\$752,500
325 Erie Ave	2	1	1350	\$815,000
706 33rd Ave	4	2.75	2735	\$890,000
1538 Grand	3	2	3565	\$912,000
3520 Conover	5	3.5	4240	\$1,675,000
1452 38th Ave	4	4	-	\$1,825,000

Statistics not compiled or published by NWMLS

*NEW
YMCA
Paste-Up*

COMMUNITY CALENDAR

- WEDNESDAYS** 10:30-11:00am **Preschool Story Times**—Presented by Seattle Public Library at Amara Parenting & Adoption Services, 3300 E. Union
- WEDNESDAYS** 8:00pm **Adult Pick-up Basketball**—\$3 donation supports Madrona M-9 PTSA, Madrona K-8 gym, Allen Cheadle
- THURSDAYS** 7:30pm **AA/ALANON Meeting**—Epiphany Great Hall.
- THURSDAYS** 6:30-7:30pm **Singing in the Rain Family Choir**—Epiphany Great Hall, Sari Breznau 262-9712.
- FRIDAYS** 7:30am **Madrona/Leschi Citizens Again the War**—Quiet demonstration, 23rd & Union, Kathy Baker kbarker715@comcast.net

- Oct 19** 5:00-8:00pm **Fall Family Festival**— An evening of fun, health, and wellness for the entire family. Meredith Mathews East Madison YMCA 1700 23rd Ave, **Chip Byrne** cbyrne@seattlemca.org or 322-6969
- Oct 21** 3:00-6:00pm **5th Annual Jazz Benefit**—Featuring performances by the T.S. Monk Sextet and the Garfield Jazz Combo. Central Area Senior Center in Leschi, tickets: \$75, Scott Linford scottl@seniorservices.org or 726-4926 ext 12.
- Oct 23** 6:00-9:00pm **Trans-racial Adoption**—Discussion on adopting children of different ethnic backgrounds. Amara Parenting & Adoption Services, 3300 E. Union, 260-1703 or andrea@amaraparenting.org.
- Oct 23** 7:00-9:00pm **Class: Getting Unstuck and Moving Forward in Your Art and Life** —Taught by Madrona artist Jacqui Beck, Columbia City Gallery, register at www.seedseattle.org/seedarts/ccg
- Oct 25** 5:30pm **Free Dinner & Education for Seniors: Why Am I Feeling Blue? Depression & Older Adults**—Central Area Senior Center in Leschi, Scott Linford scottl@seniorservices.org or 726-4926 ext 12.
- Oct 25** 6:30-8:00pm **East Precinct Crime Prevention Coalition Meeting**—Meet with local police and community members, Seattle Vocational Institute room 401, 2120 S Jackson St., Veronica Pugh veronica@sngi.org or 322-9330.
- Oct 27** 9:30-11:30am **CADA Board Meeting & Community Planning Session**—Hosted by Central Area Development Association, Safeco Office (23rd & Jackson), Denise Harnly deniseh40@comcast.net or 328-8330.
- Oct 31** 5:00-8:00pm **Kids Halloween Party**—Madrona Loves Disco! Madrona Playfield shelterhouse, Karen Sampson Liu rastima22@yahoo.com
- Oct 31** **Early Dismissal**—Seattle Public School; 2-hour early dismissal.
- Nov 3** 9:00am-1:00pm **Madrona Woods Work Party**—Meet at the construction site entrance on Lake Washington Bl, Deirdre McCrary deirdre_jaymccrary@msn.com or www.madronawoods.org
- Nov 6** 2:00-3:00pm **Tour for Children**—Agency open house. Amara Parenting & Adoption Services, 3300 E. Union, 260-1703 or andrea@amaraparenting.org.
- Nov 6** 7:15pm **Madrona Community Council Meeting**—Madrona Playfield shelterhouse, Laura Yurdin 320-8693 or LYurdin@PointB.com.
- Nov 8** 6:30-8:00pm **Kindergarten Information Night**—Get ready for next year now. St. Therese School, 900 35th Avenue, Sandy Gunder 324-0460, x 117 or sandyg@saintthereseparish.org
- Nov 8** 6:30-8:30pm **Waiting Family Support Group**—Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 or amara@amaraparenting.org.
- Nov 12** **No School**—Seattle Public School; Veteran's Day
- Nov 10** 9:00am-1:00pm **Homeless Cooking**—Bring a cutting board and fresh ingredients. Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org
- Nov 13-Nov 21** **Early Dismissal**—Seattle Public School; 2-hour early dismissal for parent/teacher conferences
- Nov 13** 6:00-8:00pm **Adoption Information Meeting**—Learn more about the adoption process and Amara's programs. Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 or amara@amaraparenting.org.
- Nov 14** 7:00 **PTSA Meeting**—Madrona School Library, 252-3100 www.seattleschools.org/
- Nov 14** 6:00-8:00pm **Foster Care Information Meeting**—Orientation about becoming a foster parent. Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 or amara@amaraparenting.org.
- Nov 15** 6:30-8:30pm **Placed Family Support Group**— Support group for families whose adoptions are not yet finalized. Amara Parenting & Adoption Services, 3300 E. Union, 260-1700 or amara@amaraparenting.org.
- Nov 17** 9:00am-1:00pm **Madrona Woods Work Party**—Meet at the construction site entrance on Lake Washington Bl, Deirdre McCrary deirdre_jaymccrary@msn.com or www.madronawoods.org
- Nov 17** 10:00am **Hang Wintergreens in Downtown Madrona**—Bring your heavy-duty gloves and meet at 34th & Union, Marie Doyle doylemf@comcast.net or 323-6128. . Coffee and treats will be provided!
- Nov 17** 6:30pm **Coyote Central Gala Auction**—With live jazz, no-host bar, dinner and wine! Champion Ballroom at Seattle University, tickets \$75. 323-7276 or info@coyotecentral.org.
- Nov 21** 9:00am-1:00pm **Homeless Cooking**—Bring a cutting board and fresh ingredients. St. Clouds Restaurant, Darren Pritt darren@neighborhoodcooking.org.

October						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Non-Profit Org.
US Postage
PAID
Seattle, WA
Permit No. 6873

Newsletter of the Madrona Community Council
Published monthly except for July and August, with a circulation of 2400, reaching homes & neighbors throughout Madrona & Central Seattle.

November 9, Next MADRONA NEWS DEADLINE

Article Submission: Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to kdh5027@aol.com and to production editor Christine Bender at christineb@conversation.com.

Advertising: Contact Reshenna Andrews at 219-1467 or reshenna@conversation.com. Rates are on-line at www.madrona.us.

Mailing List Additions: Contact Kim Herber (see above).

Madrona Community Council Officers

- President Laura Yurdin 320-8693 LYurdin@PointB.com
- VP Events Paige Smith 329-3368 paige_eg_smith@hotmail.com
- VP Issues Rick Kolpa 949-5681 RickK@rjhco.com
- Secretary POSITION OPEN
- Treasurer Steve Orser 423-1412 steveorser@yahoo.com

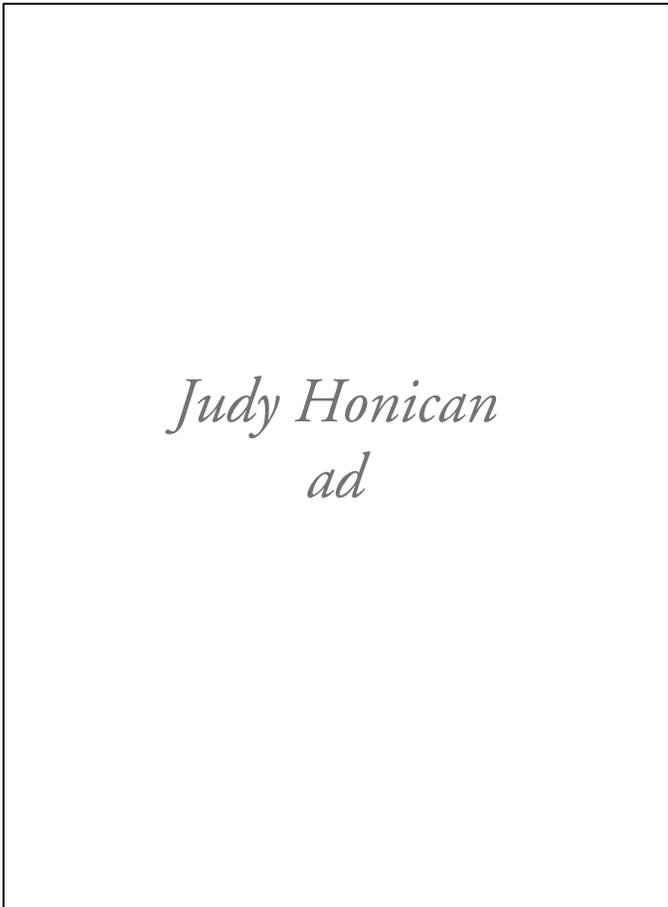
Send tax-deductible donations to: 833 33rd Avenue, 98122

Printed by Overnight Printing — 621-9412

Permit Holder: Seattle Community Council Federation

2511 W Montlake Pl E Seattle, WA 98112

Time Sensitive Material - Please Deliver Promptly



ThomasHomeGuide.com

There is a difference between agents who simply sell real estate, and those who COMMIT to doing whatever it takes to serve you beyond your expectations. I've been selling real estate in your area for over 13 years and I take pride in knowing that my clients receive unparalleled attention in all aspects of the buying or selling process. If you would like a FREE market analysis of your home, please call.



KIM THOMAS

Windermere
Madison Park
206-601-4969
kimthomas@aol.com

Windermere Real Estate/Seattle, WA

*Kim Thomas
ad*