

M a d r o n a N E W S

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Madrona Drive Houses Looking for New Homes

Reuse. Repurpose. Recycle. These days it seems that everyone is trying to reduce their carbon footprint and live lightly on this planet we all share. Seattle has one of the most active recycling programs in the nation and most folks in Madrona proudly separate glass from plastic from cardboard and put out our big green tubs once a week. But what if we could do more? What if we could save something bigger and more significant than junk mail and table scraps? What if we could save a house—or four?



The expansion at Epiphany School has made four perfectly good



vintage classic houses on Madrona Drive superfluous. The school needs the land the houses sit on, but the buildings themselves are of no use. But instead of calling in the demolition team, the school is hoping to have the houses rescued and relocated. It's the ultimate in recycling—purchasing an unwanted house, moving it to a new location, and making it a home again. One house of this size represents about 80 trees-worth of lumber, the equivalent of one person recycling paper for 100 years. Picture these Madrona box ceilings relocating to Magnolia. Envision these leaded glass Madrona built-ins in Kent. Imagine these old growth Madrona hard wood floors in Capital Hill. In reality, these houses are so large they can't go too far and need to stay in or around Madrona or Madison Valley. The homes range in price from \$152,000 to \$170,000. Take a virtual tour at www.nickelbros.com and adopt a Madrona home today, won't you?

Madrona Community Council President's Corner

By Cynthia Stross, 35th Avenue

As you may know, Madrona continues to debate and pursue options related to a potential residential parking zone (RPZ) program. As of the February Madrona Community Council (MCC) meeting, the parking committee has six new members, some in favor, some opposed, and some undecided on the potential zone parking. Those of you who live in the potential zone (those blocks bounded by 35th Avenue on the east, 33rd Avenue on the west, E. Pine St. on

the north, and E. Marion St. on the south) may have the opportunity to talk with committee members about whether you want a zone on your block or not.

If any five contiguous blocks request the designation, then these blocks, in conjunction with City staff, will determine the times, days and rules governing this zone. The parking hours and days limiting

(continued on page 2)

Neighbor Authors Book on U.S. Black History

By Benjamin Chotzen, 30th Avenue

We pass our neighbors often, but when you take a little time to sit down and get to know people even a bit, everyone has some hidden story, experience, or expertise in their background. This is certainly the case with my neighbor Judson



MacLaury, who worked as the historian at the U.S. Department of Labor in Washington, DC, for 34 years. His job was to provide information about the history of the programs that the department instituted and administered to benefit working people. Judson retired in 2006, and he and his wife Judy, a librarian at Seattle University,

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MCC President.. (cont'd from page 1)

non-resident parking on these streets would be determined by Madrona residents. If any five blocks decide in favor of the RPZ, the residents in those blocks would purchase a parking permit for their household and guests. This program is similar to those in neighborhoods in other parts of the city where the City has determined there is a threshold parking problem for residents – a determination that has already been done by the City for Madrona. If Madrona decides not to request an RPZ at this time, we can revisit the decision any time in the future. With several new developments currently underway, parking may be very different a few years from now.

In the event that you are affected by illegal parking, or cars blocking your driveway or encroaching too closely, you can report the violation to the City. After three documented incidents, the resident may request the City take action to put up a no parking sign and/or re-paint the curb to indicate the driveway more clearly. You can report a parking violation by calling the Seattle Police non-emergency line at 625-5011.

At the next MCC meeting, March 3, at 7:15, we will hear an update on the Epiphany School expansion. Also, don't forget to submit your nominations for Neighbor Appreciation Day. The big event is set for March 7 at Madrona K-8 School. If you know someone who deserves public thanks and recognition, this is the perfect way to show them that you care. Just send a short write up to me or to MCC VP of Events, Paige Smith at paige.eg.smith@gmail.com.

If you would like to be added to the email list to receive advance notice of MCC meeting agenda topics, please email me at cynistr@gmail.com. I hope to see you there.



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Madrona author... (cont'd from page 1)

moved to Madrona. Judson has earned a certificate in editing from the UW and now has a retirement career as a freelance editor. Judson mentioned to my wife that he had written a book that was published in 2008. When I asked him about it, it sounded very interesting, so I asked him for a copy. The book is titled *To Advance Their Opportunities*, and I really enjoyed it. The book chronicles the struggles in the workplace that African Americans faced in America from 1914 thru 1964. This period begins with World War I and the Great Migration of African Americans to the North and ends with the Civil Rights Act and the birth of the Great Society. The book details programs that were implemented by the federal government to try to improve the quality of life for African Americans.

The book chronicles the origins and growth of the federal government's role in addressing the emergence of black labor in the national economy and in improving their opportunities for good jobs. Judson's research leads him to three conclusions:

- 1.) There were significant, measurable advances for African American workers.
- 2.) The concept of affirmative action was born and underwent considerable development during this period.
- 3.) Most major actions by the government were only taken in response to pressure from the African American community.

Most of us have heard about many famous acts of bravery in the Civil Rights Movement, like Rosa Parks being jailed for not sitting in the back of a bus, Martin Luther King, Jr., leading marches, the Montgomery, Alabama, bus boycott, etc... But Judson's book details a less well known piece of the puzzle—the efforts of our federal government. He explains what each president and his cabinet did in relation to civil rights, from Woodrow Wilson, who didn't seem too concerned about African Americans, to Lyndon Johnson, who was President when the Civil Rights Act was enacted in 1964. The first significant progress took place during Franklin Roosevelt's presidency.

Having been born just before the Civil Rights Act came into effect, I had few ideas about what, if anything, our government was doing to improve living conditions for blacks in America. This book explains the government's position towards blacks and the executive orders that were established in this regard. Judson includes statistics throughout the book, along with instances when great gains were made. These included the Public Works Administration, which was meant to stimulate the economy during the Great Depression, and the World War II-era Fair Employment Practice Committee, through which the federal government encouraged equal participation in the national defense program by all citizens, regardless of race, creed, color, or national origin.

If you are interested in the history of the United States then I'm sure you'll enjoy this book, because it captures the challenge of trying to integrate a race that not so long ago was enslaved. The book is free to individual users online at the University of Tennessee's Newfound Press website: <http://www.lib.utk.edu/newfoundpress/maclaury/to-advance.html>. It can also be ordered there as a paperback. Thank you, Judson, for opening my eyes to this important part of American history and for sharing this story with me and the rest of Madrona.

New Owner & Chef at Cremant

When Cremant opened on 34th Avenue a couple of years ago, it made a big splash in the Seattle restaurant scene. The changes that have taken place behind that oversized yellow door the past couple of months have been much quieter but just as profound. Founders Scott and Tanya Emerick have sold Cremant to restaurateur Mike McConnell, owner of Caffe Vita and Via Tribunali pizzeria. The new Chef of Cremant is Brendan McGill, formerly of Il Bistro in the Pike Place Market. Brendan just returned from six months in Spain and southern France and is excited to bring that experience to Cremant. A few of the key original Cremant players in the kitchen and on the floor have stayed on to help the restaurant evolve and prosper.

Already the vibe is shifting to make dinner at Cremant less of an "occasion" and more accessible to a wider range of guests. A new lounge menu focuses on the casual neighborhood diner with playful, cosmopolitan food that complements the French "cuisine traditionnelle." The invigorated front-of-the-house staff brings new energy and enthusiasm as the whole team works together to recraft Cremant into a more frequently-enjoyed member of Madrona's restaurant row.

It's a tough time for small businesses in general and restaurants in particular as people tighten their belts and cut back on luxuries such as eating out. But the folks at Cremant are hanging in there, and are encouraged by the very positive responses from new guests and neighborhood regulars alike. The updated brunch is getting rave reviews, and promotions like Dine Around Seattle (formerly 30 for 30) are bringing in people from all over the city. Whatever your opinion of the old Cremant, it's worth giving the new one a try. How lucky for Madrona that this little French gem is getting a second chance.



Jon Hughes,
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Local Winery Celebrates 20th Anniversary

By Paul Beveridge

Hello to all our Madrona neighbors and our dear friends of Wilridge. We are pleased and proud to invite you to our Twentieth Anniversary Celebration at the Columbia Tower Club on February 27 at 6:00pm. We will be pouring the best wines from twenty vintages of Wilridge, accompanied by a six course meal prepared by Chef James Hassell.

While we can't guarantee the same fabulous sunset we had for our 15th anniversary celebration, we can promise you a gustatory extravaganza that should not be missed. The evening is a unique opportunity to try rare aged wines at their peak of flavor matched with complimentary cuisine. The price is \$95 per person. For reservations, call the Tower Club at 622-2010. We hope you will join us.



Live Love Songs in February at St. Therese Church

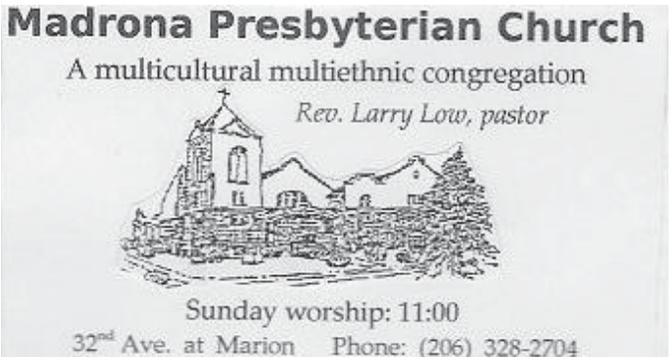
February is the most romantic month—full of heart and flowers and words of love. Hear those concepts come alive at St Therese Church during a special concert of music and songs called Love and Lyrics: A Musical Sojourn Through Time.

On February 21 at 7:30pm, vocalists Mark Richards, Lucinda Strankman, and Chai Ahrenius, along with pianist Joseph Rojo will perform Love Songs Through the Ages, a perfect testament to the meaning of Valentine's Day. These talented musicians will guide you on a lyrical journey through time, filling the sanctuary with love. Bring your loved ones for an evening the two of you will not soon forget. The event is free, with donations accepted to benefit music programs for church liturgy.

Welcome Babies!

It's been a while since the *Madrona News* has welcomed any new babies into the neighborhood. If you would like to share the birth of your child with your Madrona neighbors, send the particulars to kdh5027@aol.com.

- Belated congrats to Andrea Leigh on the birth of her daughter Frances Laura on June 20, 2008.
- Caitlin Duffy and Jimm McIver of 31st Avenue welcomed a son, Dashiell Griffin, on January 3, 2009.



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CoRRRECTIONS

The first Madrona Resident for Life Award was NOT presented in 2006, as reported previously. The first such award went to Shirley Solomon in 1997 when she left Madrona for Skagit County. She lived on 33rd Avenue in the 1980s and '90s and served as president of the Madrona Community Council.



She played a large role in getting the Madrona Playfield shelterhouse renovated and adopting the Peaceable Kingdom motto and installing the sculpture in front of the library. Shirley is currently the director of the Skagit Watershed Council and still welcome to return to Madrona at any time!

Celebrate Neighbor Appreciation Day March 7

By Paige Smith, MLK Way

Neighborhood Appreciation Day is just around the corner - Saturday March 7th at 10:00 a.m. at the Madrona K8 Library. PLEASE NOMINATE SOMEONE you feel is a special neighbor and/or uniquely contributes to our community. You can send your nominations to Jon Hughes at jon@gocitylife.com. Nomination categories are:

- **The Nora Award:** Given to a Madrona resident who, over time and in ways both large and small, has left a personal mark on the community.
- **The Local Hero Award:** Given to a Madrona resident for an act of heroism, singular kindness or generosity.
- **The Unsung Hero Award:** Given to a Madrona resident for service to others in the larger community.
- **The Madrona Resident for Life Award:** Bestowed upon a long-time, active resident who has left Madrona but remains dearly missed.

Didi Burpee will be heading up our Madrona Clean Up Day! Mark your calendars for April 19. If you want to get involved, please contact Didi at 328-4739 or email d2burpee@yahoo.com.

NEED GARAGE SALE COORDINATOR!!! After many years of this very successful event, Kim Herber is passing the torch to someone new!

Mayfair will be here before you know it! I am in search of volunteers to do everything from bake and help with the parade...to PR and fund raising! Please help us keep this 30+ year tradition!

Please contact me if you would like to coordinate or be involved in any of these events: 225-5821 or paige.eg.smith@gmail.com.

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My Historic Trip to the Inauguration

By Hallie Huffaker, 35th Avenue

The morning of January 20, 2009, everyone in my hotel room was up by 4:30 AM. Though it was super early, none of the girls I traveled with from Seattle cared what time it was, because it was such an amazing, special day in Washington DC: The Inauguration of the Nation's First Black President: Barack Obama.

When we arrived at the scene, it was so crowded that the bus couldn't budge any further. There was a sea of people in the street so my group of students from Washington Middle School and Garfield High School got out and started to walk. The air was crisp and cool, though I had brought two pairs of socks and pants and all the gear that anyone could dream of, I could already feel the cold seeping through my clothes as if they were thin cotton. The excitement in the air was contagious; everyone was wearing a button, t-shirt, American flag, something to show that they were part of this amazing, historic day!

When we got to the National Mall, we pushed through the throngs of people to get a spot. We finally found one across from the Smithsonian Castle, with a good view from a distance of the Capitol Building and a view of the screen where we would be able to see the new president. Already at seven in the morning there were crowds of people all the way to the Lincoln Memorial.

All around were people talking, whooping it up, or trying to get into the ridiculous lines for hot chocolate or the port-a-potty. Hour after hour excruciatingly ticked by, since when we came in, we could only take what would fit in our pockets: phone, i-pod, camera, and some food and money. There wasn't much we could do for the five plus hours we waited, but talk to each other and watch the screen replays of the concert the Sunday before. Meanwhile, the crowd grew, my toes went numb, the excitement heightened.

Finally, after what seemed like an eternity, they started to show the different famous people arriving. We saw Colin Powell, the Supreme Court, the Governors, the Senators, the House of Representatives, Oprah, and Beyonce. Each time they appeared on the screen, the area was abuzz with clicking cameras and deafening cheers. Eventually we saw Michele Obama and Laura Bush, and we knew the moment was close. We saw the former presidents: Bush Senior, Clinton, Carter. Then we saw Obama and his predecessor come in. When Obama was formally announced, along with his wife and daughters, there was a deafening roar of approval and excitement, and all the cold and the waiting was forgotten. *This* was the moment we had been waiting for.

Finally Aretha Franklin, Yo-Yo Ma, and Yitzhak Pearlman appeared. Then, Joe Biden was sworn in. There was a hush on the crowd when Obama was sworn in, then it seemed as if the earth would explode with the noise of clapping, a blur of American flags, and the stamping of feet. His speech was moving and made



me remember how far this country has come, to this day, this moment. Then, though it had only taken about an hour, history had happened, and hoards of people left the mall, creating a sea of people. It was weird for thousands of people to crowd one place one moment, and the next, to have all the vendors and all the people, gone, leaving only debris covering the ground.

This trip was the journey of the lifetime; the action of two million people feeling the same patriotism for our country is a feeling I'll never forget. This was the historic inauguration of President Barack Obama.

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Purse Snatch at 37th & Olive

By Sara Levant, 37th Avenue

I had an unfortunate experience on January 30 that I would like to share with all my Madrona neighbors. Not all crimes can be prevented, but by being aware we increase our chances of staying safe.

My purse was snatched as I was walking home from the Denny Blaine bus stop at about 2:45 on a Friday afternoon. I was within 30 feet of our front door, on 37th Avenue, when I heard a sudden pounding of feet behind me. Then I felt my shoulder bag sliding off and a heavy-set man pulled out in front of me with my purse. The man ran directly into the open door on the passenger side of a waiting car in the street and they pulled away fast. A smooth operation. It all took about 30 seconds.

There was no way I could have been done anything to stop them. Apparently the car was cruising the neighborhood and spotted me alone, with no one else around. I was able to get the license number and the police came and made a report. For neighborhood information, the number was 704 ULZ, and the car was dirty white.

Locksmiths, we found, work 24/7 and come fast; car keys can be changed, but the cost is outrageous! The lesson I learned from this: Carry keys in a pocket, not in a purse. If there's a good side, I wasn't hurt, except for feeling shaken up. It does make me feel a little better to share this information with you. Be aware...

Madrona Black History: Worth a 1000 Words



You see it all the time—that familiar The Madrona logo of a panther, a pig, a sheep and a wolf. It's cute—but its meaning runs deep.

The graphic is derived from a sculpture located in front of The Madrona Sally Goldmark Library. The sculpture is called The Peaceable Kingdom and it was created by local artist Richard Beyer and installed in front of the Station House Library, as it was then known, in 1984. The theme of the sculpture is a play on a verse from the Bible, Isaiah 11: 6-9 about the day when animals and children will lie down together without harming each other. The reconciliation theme in this sculpture is significant because of the racial issues that rocked the neighborhood in the late 1970s. In the sculpture different animals are used to represent street youth, the elderly, the Black Panthers, and the Seattle Police.

February is Black History Month, a good time to reflect on Madrona's interracial history.



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Law for All: Plan For Your Estate in 2009

By Lori Rath, Estate Planning & Probate Attorney

Time and time again I have seen what a gift it is when a deceased loved one has left a clear and thoughtful estate plan for family and friends to follow. Do you need or want to create or update your estate plan this year? The following questions may help you decide:

Do you have:

- A desire to establish a legally-binding plan to govern the handling and transfer of your assets in the event of your disability or death?
- Young children for whom you should designate a guardian and a financial manager (trustee) in the event of your death?
- A disabled family member to whom you should consider leaving assets in a "Special Needs Trust"?

Have you recently:

- Experienced a significant life change, such as marriage, the birth of a child, separation, divorce, or a serious illness?
- Had a close family member or anyone named in your existing estate plan die, become seriously ill, or go through any other major life change?
- Experienced a significant change in your "net worth"?

Would you like to:

- Leave instructions for your family about how to make health care and financial decisions for you if you become terminally ill or incapacitated?
- Designate a caretaker for your pet(s) and arrange for the transfer of funds to help with the costs of their care, in the event of your death?

If you would like to create or update your estate plan, or if you have questions about estate planning in general, contact me at 382-2573 or lori@rathlawmediation.com.



Lori K. Rath, Attorney/Mediator

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It's Your Money: Changing Jobs or Retiring? Consider IRA Rollover

By Barbara Banon, Edward Jones Investments

Are you planning to change jobs or retire soon? If so, then one of the most important considerations is what to do with the money you've accumulated in your employer's 401(k) plan. While you have a few options, your best choice may be to roll over your 401(k) money into an IRA. By rolling over the taxable portion of your 401(k)—your pre-tax contributions, employer contributions and all earnings—into a new or existing IRA, you'll avoid all immediate taxes and penalties. You'll also continue to benefit from tax deferral and IRAs offer a wide variety of investment options.

Eventually, though, you'll have to decide what to do with your IRA. You can start taking withdrawals at age 59-1/2 without paying penalties. Or, if you find you don't need your IRA to pay for your retirement, you can pass your IRA's tax deferral on to your children through the concept of the "stretch" or "multi-generational" IRA.

In recent years, the IRS changed the life expectancy factors used to determine your required minimum distribution calculations. Consequently, you can now take out smaller amounts of money from your IRA, which allows you to extend the length of its potential to grow tax-deferred. These rule changes also permit your children, once they inherit your IRA, to base their minimum required distributions on their life expectancies. So, if they are in their early middle-aged years when they receive your IRA, they can take out relatively small amounts, thereby avoiding big tax hits. And they can even leave the IRA to their children, who can continue to enjoy the benefits of tax deferral.

Another option is to rollover to Roth IRA. You'll still have to pay taxes on the converted amount, but you, and your children or grandchildren, might come out ahead in the long run because Roth IRA earnings have the potential to grow tax-free. You'll need to consult with your tax advisor to make sure you are eligible to open a Roth IRA.

You worked hard for your 401(k) funds so keep them working for you. Before you change jobs or retire, consult with your financial advisor and tax professional on whether an IRA rollover makes sense for you. If you have questions about investments, contact Barbara Banon at her Madrona office at 323-0440



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Look East for Health:

When Life is one Big Headache!

By Haydn Engelke MSA Lac. Eastern Elements
Acupuncture and Massage

Nearly everyone will suffer a headache at some point in time. They are one of the most common physical complaints that prompt people to treat themselves or consult a physician. Some estimates say that up to 50 million Americans suffer from severe long-lasting, recurring headaches. Headaches may result from any number of factors, including tension; muscle contraction; vascular problems; withdrawal from certain medications; abscesses; or injury. While most headaches are not necessarily symptomatic of another condition, they can be very distracting and account for significant amounts of time lost from work.

Headaches fall into three main categories: tension-type, migraine and cervicogenic. Tension-type headaches are the most frequent. Patients who endure tension-type headaches usually feel mild to moderate pain on both sides of the head. The pain is usually described as tight, stiff or constricting, as if something is being wrapped around your head and squeezed tightly.

While migraines affect far fewer people than tension-type headaches and have a much shorter duration, their symptoms are much more severe. They typically affect women more frequently than men, with pain that usually occurs on one side of the head. Migraines can be so severe that they can cause loss of appetite, blurred vision, nausea and even vomiting.

Cervicogenic headaches are the most recently diagnosed type of headache and are musculoskeletal in nature. They may be caused by pain in the neck or spine that is transferred to the head. Many times, cervicogenic headaches go undiagnosed because of their recent classification.



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CD Little League Sign Ups

Boys and Girls - grab your gloves and get ready for the upcoming season of Seattle Central Little League! Sign up for baseball and softball NOW—all applications MUST be received by February 28. You can get registration packets by:

1. Downloading an application at www.seattlelittleleague.org,
2. Calling 706-2648 or e-mailing seattlelittleleague@yahoo.com to have one sent to you,
3. Picking up a copy of the registration form at local community centers or your neighborhood school.

Seattle Central Little League boundaries are from I-90 north to the Ship Canal, and from downtown to Lake Washington. If you live in that area, send in a registration and come out to play!

Attention business owners! League sponsorships are available for neighborhood teams. Contact Michael Kern at mkernbiz@yahoo.com.

New Cardio Equipment Has Arrived at MMEM

The fitness center at the Meredith Matthews East Madison (MMEM) YMCA on 23rd Avenue is growing! It now houses 11 new Precor cardio pieces with personal viewing devices and cable. Come on in and visit us and check out the new equipment by signing up for a membership.

Other new programs at the Y include:

- **Exercise and Thrive Program for Cancer Survivors.** The YMCA of Greater Seattle, together with the Fred Hutchinson Cancer Research Center, offers this free 10-week program. Exercise and Thrive is designed to help cancer survivors strengthen muscles, increase flexibility and improve endurance while receiving health and wellness coaching and support. The program began the first week in February and consists of twice-weekly 90-minute sessions. For more information call 382-7893 or tbillings@seattleyymca.org
- **Partners With Youth.** The theme of this annual campaign is "Paint a Brighter Future" and here are some of the ways we are doing that at the MMEM:
 - o Middle School Community Learning
 - o Academic summer school programs to help students avoid summer learning loss, and provide enrichment and fun.
 - o The Black Achievers college readiness program for high school youth.
- **Youth Sports & Family programs.** We offer Youth Sports and Swim Lessons, teach healthy habits through our Strong Kids program, while developing and strengthening their relationship with a parent in our Adventure Guides program.

For more information on any of these programs or to find out about how to become a member of your neighborhood YMCA, call 322-6969.

Madrona Woods Volunteers Turn Out to Build a New Bridge

By Judith Starbuck, Grand Avenue

The Obama call for community service brought more than 30 volunteers to Madrona Woods on The Day of Caring January 19 to help with backfilling at the new bridge, clearing invasive plants, and planting along the stream. This kind of help makes it possible to accomplish the lofty goals Friends of Madrona Woods has set for itself in the stream daylighting and general restoration.



New Bridge Underway

Our core group is dedicated, but it's too small to plant all the thousands of plants waiting to move from mulch pile to soil and to continue to make major progress in replacing ivy and other invasives with native plants.

We need new people who want to learn and work with us over a longer period of time than one work party. If you want to help but can't make it to our regular work parties, let us know, and we'll arrange a time to meet you to pull out ivy, carry mulch, or plant some native shrubs and ground covers. Maybe you or



New Bridge Underfoot

your family would like to adopt a plot in the Woods to care for throughout the year. It's a great learning experience and makes you feel good about helping to make our community even better.

We also need someone who would like to help coordinate our work parties. You don't have to do any physical work yourself. You could help make arrangements with volunteer groups, make sure there are snacks and other appropriate food on site, help put out the appropriate tools and gloves for the day's activities, and make sure there's at least one experienced volunteer to work with each smaller group. Contact Deirdre McCrary at deirdre_jaymccrary@msn.com if you'd like to contribute in this way. Also, let Deirdre know if you'd like to be notified by email of our third-Saturday-of-the-month work parties: new hours - from 10:00 to 1:00. Meet at the toolbox at the Spring Street entrance (Spring & Grand).

Just like in politics, even though our construction is almost complete, we need help retiring our debt. Send checks made out to Friends of Madrona Woods to our new treasurer John Lahti at 1715-33rd Ave, 98122. Or pick up an envelope from the Parks sign at the waterfront natural area. Joan Scott's address is on these, but she'll pass them on to John.

For more information about activities in the Woods and natural area and ways you can get involved, contact me at judithstarbuck@msn.com or 322-2640, or visit our website at www.madronawoods.org.

Thank you for all your support this Holiday Season. Happy New Years

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Neighborhood School News

Epiphany Students Collect Pennies for Peace

By Maria Denny, Madrona Place E

Have you ever wondered what a penny will buy in Pakistan? The students at Epiphany School wondered too and now they know that a penny buys one pencil—and 200 pennies can pay a teacher's salary for a day! This winter, Epiphany students are conducting a Pennies for Peace drive to benefit the Central Asian Institute (CAI), a non-profit that provides community-based education, especially for girls, in Pakistan and Afghanistan. CAI is the life work of Greg Mortenson, the author of Three Cups of Tea.

So far, students have collected over \$600 and the pennies keep rolling in! Said one Epiphany parent, "I love this penny drive



— my five year old now knows where Pakistan is on the map, and he truly feels that he can make a difference in another child's life by bringing the pennies he finds on the ground and in our couch cushions to school."

Pennies for Peace is one of three community service programs supported by Epiphany School students and families this year. We always hear that one person can make a difference. Look at what a group of kids can do!

Eat Out for Madrona K-8

By Rita Sheckler, 24th Avenue

The restaurants of Madrona and Madrona K-8 School are teaming up for a good tasting, good time fundraiser—our Eat-out in Madrona for Madrona K-8. The money raised will support our after-school program, which is free for all students and includes Karate, Brazilian Dance, Drill Team and Choir.

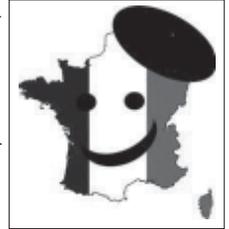
Our local restaurateurs will do all the hard work—all you have to do is eat out at your favorite Madrona restaurant any time during the day on March 12. Grab a coffee on your way to work. Sit down and enjoy a hearty breakfast. Meet a friend for lunch. Take the whole family out to dinner. It will all help support our kids. A big THANKS to the restaurants that have agreed to participate in this delicious benefit for our after-school program at Madrona K-8.

Keep a look out for our posters which will be in every participating restaurant's window. If you've got your stomach set on dining at a particular place, you may want to call ahead for a reservation. On the other hand, maybe you've wanted to try someplace new. Either way, it's a great excuse to Eat Out on a Thursday. You'll be supporting your local restaurants and helping your neighborhood school at the same time. Hope you can join us!

Mardi Gras Fun & Fundraiser at *Les Enfants*

By Antoinette Sabarots Etulain

In the French culture, Mardi Gras is a time of celebration! And that is exactly what we are going to do at *Les Enfants de Seattle*, Madrona's own French immersion preschool located at 2802 E. Union, on the corner of MLK and Union. Mardi Gras literally means Fat Tuesday and takes place right before the traditional fasting of Lent. The colors are symbolic. Green signifies faith, purple justice, and gold power.



On February 21 from 10:00am to 1:00pm we are going to have fun at *Les Enfants de Seattle*! We'll make beignets with a mix straight from the original Café du Monde in New Orleans and a local chef will prepare crepes. We'll have mask making, animal balloon creating, piñata breaking, a parade and—did someone say clown? In addition to these fun activities, there will be a raffle and silent auction beginning at noon. We would like to thank the following businesses who have contributed thus far: Precocious Toys, Grocery Outlet, Bruning Pottery, Rue de Lyon, Sugarlump, Izilla Toys, Kismet, Steel Toes Studio, Leilani Jensen Jewelry, Retroactive Kids, and Madre's Kitchen. If you would like to donate an item to the auction, please let us know.

Our celebration is a fundraiser for the financial assistance program. *Les Enfants de Seattle* school is thriving, having added one classroom this year. We value economic, cultural, and ethnic diversity. The entire community is welcome to join us—tickets are \$5 per person ages 3 and up or \$10 per family. For more info, call 321-2107.

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Madrona K-8 Wins City Title

By Christine Kaufman, 27th Avenue

There are lots of basketball coaches way more famous than Thatcher Wood, head coach at Madrona K-8, and Pat Riley even looked better in a suit. But no coach loves his players more or spends as many hours thinking about them as students, and more importantly, as kids. That's why Madrona basketball's undefeated season is so special.

Everyone suspected that good things were coming; though all were afraid to jinx it by saying so. When you've spent years on the losing end, it's hard to believe in the bounty that befell Madrona hoops this year. Coach Wood has had good players in his 6 years but never like this.



Madrona K-8 basketball team celebrates a 65-56 win over Hamilton to end their undefeated season as city middle school champs!

On the floor diving for balls, Daeshon's voted Player of the Game. Tucker contributed his high basketball IQ and sweet jumper, and Will—Was that a behind-the-back pass in the championship game? Oh yes!—commanded the floor. Everyone played their part: Jimaun, Tayshawn, Jamala, Keontre, Darnell, John, Louis, Michael, Craig, and Keasean.

The sweetest part of the season was that Wood showed other coaches what winning with dignity is about. In the past, coaches from schools four times Madrona's size ran up scores on them by 70 or 80 points. Now they witnessed calm, assertive strength on the winner's bench. Wood doesn't yell, stomp, or degrade; he motivates, encourages, and sometimes consoles; never forgetting that's somebody's kid out there.

As these boys go on to bigger and better things, and several have a future in basketball, they will surely value their experience with Coach Wood. He is deservedly well-loved in the Madrona community, and they are proud of their middle school championship win. Ask any student, staff, or parent, and they'll tell you, "It couldn't happen to a nicer guy."

But I'm partial; I'm his wife.

Play Madrona Mutt Match-up

By Shelly Haverkamp, 30th Avenue

Sometimes it seems like everyone in Madrona has a dog. All of these dogs live in our neighborhood. To play Mutt Match-up, pick which dog lives with which owner by drawing a leash to connect them. The answers are on page 12.

Should Dogs Have all the Fun?



Gracie
Yes.



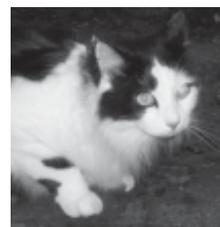
Audrey
No!



Jack & Mickey
Yes.



Carrie
Yes.



Fendi
No!



Anne
Yes.



"Be the change that you want to see in the world."
-Mahatma Gandhi

As a third generation Seattle native, I honor Gandhi's words by donating a percentage of my real estate commission to a 501 (c)3 non-profit. Let's work together to create local change.

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Crosswalk Flags for Madrona?

Neighborhoods throughout Seattle are doing what they can to take traffic safety into their own hands by installing bright flags for pedestrians to carry as they cross busy intersections. You may have seen such flags on the poles on Martin Luther King Way by Powell Barnett Park, or in downtown Madison Park. Most have been put in place by private neighborhood groups or individual citizens.

Some flags have been put up by the Seattle Department of Transportation (SDOT). In 2008, SDOT received funding from the Seattle City Council for a pilot program measuring the effectiveness of pedestrian crossing flags at crosswalks. Crossing flags and buckets have been installed at 17 crosswalks throughout the city and data is being gathered to measure the increase in pedestrian safety through motorist compliance, collision data, and pedestrian volumes against the cost of maintaining the program.

While the city collects and studies data, citizens are taking action. Local groups like "Seattle Residents for Improved Pedestrian Safety" and "Pedestrian InRoads" have created web sites to share information about how to make and install the flags: <http://crossingflags.googlepages.com/home>, and <http://pedinroads.org/flags>.

Although SDOT doesn't endorse the use of the flags when installed by citizens, the department's stance that they will take no action to remove the flags from the public right of way. They hope to soon have the results of their own 2008 study and perhaps that will spur more action. For the latest from SDOT, visit www.seattle.gov/transportation/pedpolicy_pedcrossingflags.htm.

2009 Madrona Neighborhood Events

It's Neighborhood Appreciation Day! Thanks to Jon Hughes for coordinating this event. Be sure to get your nominations in and come to Madrona School on March 7 to honor the folks who make Madrona special. And how about YOU volunteering to coordinate the Garage Sale this year???

Jan Ecumenical Martin Luther King Celebration
—Jan 18 Epiphany Church

Feb/Mar Neighbor Appreciation Day—March 7 Jon Hughes

April Neighborhood Cleanup—April 19 Didi Burpee
Community Garage Sale

May Mayfair Parade & Carnival
Madrona Blossoms Flower
Baskets

July/Aug Madrona BBQ Festival

Sept MCC Officer Election

Oct Kids' Halloween Party

Nov Winter Greens & Holiday Lights

Dec Christmas Ships, Bon Fire & Carols at
Madrona Beach

**Seeking
Event
Leaders!**

To get involved, contact these event coordinators or Madrona Community Council VP of Events Paige Smith at 225-5821 or paige.eg.smith@gmail.com

Mutt Match-up Answers: Audrey & Fendi, Anne & Jack, Mickey, Carrie & Gracie

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MADRONA COMMUNITY CALENDAR

RECURRING EVENTS:

WEDNESDAYS 5:45 PM **Weight Watchers Meeting**—Central Area Senior Center in Leschi, 500 30th Ave S. Scott Linford 726.4929.

WEDNESDAYS 4:00 PM – 5:00 PM **Bible Study** – Epiphany Christie House Library www.epiphanyseattle.org

WEDNESDAYS 7:00 PM – 8:30 PM **Library Book Club, Madrona-Sally Goldmark Branch** 1134 33rd Ave., Seattle, WA 98122

THURSDAYS 7:30 PM **AA/ALANON Meeting**—Epiphany Great Hall www.epiphanyseattle.org.

FRIDAYS 7:30am **Madrona/Leschi Citizens Against the War**—Quiet demonstration, 23rd & Union, Kathy Barker kbarker715@comcast.net.

Weekdays. **Valley School Tours** for the parents of prospective students—309 31st Avenue East. Email lynn@thevalleyschool.org to make an appointment. Tours available through the first week in March. 328-4475.

Feb 18 9:00 AM – 1:00 PM **Neighborhood Cooking for the Homeless**— Bring a cutting board and fresh ingredients! St. Cloud's Restaurant, Darren Pritt darren@neighborhoodcooking.org.

Feb 21 10:00 AM **Friends of Madrona Woods Work Party.** Meet at the toolbox at the Spring Street entrance (Spring & Grand), Deirdre McCrary deirdre_jaymccray@msn.com.

Feb 21 10:00 AM – 1:00 PM **Mardi Gras Celebration** – Les Enfants de Seattle, 2802 E Union (corner of MLK), 321-2107

Feb 21 7:30 PM **Love and Lyrics – A Musical Sojourn Through Time,** St. Therese Church, 936 35th Avenue, 325-2711 www.saintthereseparish.org

Feb 27 6:00 PM **Wildridge Winery's 20th Anniversary Celebration,** Columbia Tower Club. Come taste the best wines 20 vintages from Wildridge accompanied by a 6 course meal prepared by Chef James Hassell. \$95 per person, 622-2010.

Feb 28 **Valley School Tours for Prospective Students**— See the facility and hear from the teachers. Adults and kids welcome; call for an appointment. 309 31st Avenue East. 328-4475.

Feb 28 **DEADLINE FRO SEATTLE CENTRAL LITTLE LEAGUE,** www.seattlitttleleague.org, 706-2648, Michael Kern at mkernbiz@yahoo.com

Mar 3 7:15 PM **Madrona Community Council Meeting**—Madrona Playfield Shelterhouse, Cynthia Stross cynistr@gmail.com

Mar 4 7:00 PM – 8:30 PM **Library Book Club, Madrona-Sally Goldmark Branch** 1134 33rd Ave.

Mar 5 5:00 PM **Family Game Night**—Bring the whole family for games, snacks, prizes, and fun. Precocious Toys, 34th & Union, 322-9396.

Mar 7 10:00 AM **Madrona Neighborhood Appreciation Day**—Madrona K-8 Library, Jon Hughes jon@gocitylife.com.

Mar 7 **Valley School Tours for Prospective Students**— See the facility and hear from the teachers. Adults and kids welcome; call for an appointment. 309 31st Avenue East. 328-4475.

Mar 7 1:00 PM – 5:00 PM **Neighborhood Cooking for the Homeless**— Jewish Theme! Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.

Mar 8 1:00 PM – 5:00 PM **Neighborhood Cooking for the Homeless**— Jewish Theme! Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.

Mar 12 **Eat out in Madrona,** a benefit for Madrona K-8 after-school programs. Dine at your favorite Madrona restaurants day or night to raise funds for these great programs free to all K-8 students!

Mar 14 10:00 PM –2:00 PM **Neighborhood Cooking for the Homeless**—Madrona Presbyterian Church, Darren Pritt darren@neighborhoodcooking.org.

Mar 18 9:00 AM – 1:00 PM **Neighborhood Cooking for the Homeless**— Bring a cutting board and fresh ingredients! St. Cloud's Restaurant, Darren Pritt darren@neighborhoodcooking.org.

Mar 21 10:00 AM **Friends of Madrona Woods Work Party.** Meet at the toolbox at the Spring Street entrance (Spring & Grand), Deirdre McCrary deirdre_jaymccray@msn.com.

February

S	M	T	W	T	F	S
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March

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29	30	31				

Newsletter of the Madrona Community Council

Published monthly except for July and August, with a circulation of 2450, reaching homes & neighbors throughout Madrona & Central Seattle.

March 6, 2009 Next MADRONA NEWS DEADLINE

Article Submission: Contact editor Kim Herber at 325-9923, 1522 35th Ave. or send material to kdh5027@aol.com and to production editor Christine Bender at christineb@conversation.com.

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Mailing List Additions: Contact Kim Herber (see above).

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VP Events	Paige Smith	225-5821	paige.eg.smith@gmail.com
VP	Mr. Holly Smith	285-9166	ho2lye@yahoo.com
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